

21st Sunday in Ordinary Time - August 26, 2018

GOSPEL

"It is the spirit that gives life,
while the flesh is of no avail.
The words I have spoken to
you are Spirit and life.
But there are some of you
who do not believe."

Jn 6:63- 64a

Welcome to

THE CHURCH OF

Saint Luke

A ROMAN CATHOLIC COMMUNITY OF DISCIPLES

1980 Hillside Road
El Cajon, California 92019

(619) 442-1697
www.thechurchofstluke.org

Mission Statement

The Church of St. Luke is joyful, welcoming, caring, active family of believers striving to grow in knowledge of and love for God and each other.

Challenged by the Word, nurtured by the Eucharist, and enlivened by the Spirit, we seek to live the message of Jesus in serving the needs of others both within our Parish and in the larger community.

Masses

Wed., Thurs., Fri.: 7:30 am

Saturday: 5:00 pm

Sunday: 9:00 am & 11:30 am

Sacrament of Reconciliation

Saturday: 3:30 pm

(also by appointment)

Parish Office Hours:

Monday-Friday

9:00 am—5:00 pm

Fax: (619) 442-2293



21st SUNDAY IN ORDINARY TIME

FIRST READING: Joshua 24:1-2a, 15-17, 18b

SECOND READING: Ephesians 5:21-32

GOSPEL: JOHN 6: 60-69

Reflection: What words or phrases captured your attention during the Liturgy of the Word on Sunday? What connection do those words or phrases have to your day-to-day life? (Why do you think they caught your attention?) What might God be trying to say to you through these words or phrases? What response should you make? What action should you take?

Alternate: Reflect upon/share about the most life-giving person you know? What is it about them that is life giving? Is that "life-givingness" more a part of their spiritual presence or their physical presence? How can you open yourself more to our Lord's life-giving presence in the Eucharist? How can you be Eucharist for others?

PARISH PASTORAL COUNCIL

Parish Pastoral Council normally meets on the 3rd Tuesday of the month. Visitors/observers are welcome. If you wish to have an item placed on the agenda, contact a Council Member to present it for you or contact the Parish Office.

PARISH COUNCIL MEMBERS:

Fr. Ron Cochran
Jane Alfano
Mark Balmert
Amy Cannon
Bob Guarnotta
Linda Jacobson
Anita Leak
Sam Lupo
Don Mercurio
Dcn. Emeritus:
Dennie Nickell
Rick Roberts
Teresa Dodd-Butera
Tony Camara
Tom Selfani
Bryan Shull
Dcn. Jerry Stenovoc
Dcn. Allan Williams

PARISH FINANCE COUNCIL

The Parish Finance Council meets every other 3rd Wednesday of the month.

PARISH FINANCE COUNCIL MEMBERS:

Fr. Ron Cochran
James Chitkowski
Jim Crockett
George Heidenreich
Jeanne Houghtby
John Krueger
Cathy March
Dave Sapper

Reflection for the 21st Sunday in Ordinary Time, Cycle C

This Sunday, we come to the end of what is probably the most amazing chapter in all of the Christian Scriptures. Remember, we started with the feeding of the 5,000 where they wanted to make Jesus King; they wanted him to be their messiah on earthly terms.

We skipped the walking on water which is really phenomenal in John's Gospel; Jesus is walking on water like God in the Book of Job where Job is describing the greatness of God; He alone treads on the crests of the sea. Picture that image, God treading the crests of the waves... majestic... powerful... beyond anything conceivable in the earthly realm. The disciples try to bring Jesus into the boat, bring him down to their level when they are thwarted and end up miraculously at their destination. Nobody, not the people and not the disciples, seems to get the fact that Jesus, while human, goes way beyond the bounds of humanity; he's God.

The next Sunday we have Jesus pointing out to the people that they are not getting it and they ask for a sign, no matter that he already gave the sign. He tells them in words they can understand the he, himself, is the return of the manna which they expected to return in the messianic age.

The next week is the discussion of how he could possibly be the return of the manna, sent down from heaven, since he is the son of Mary and Joseph. He reaffirms that he is the living bread that came down from heaven, that if they eat they will not die, and tells them that he will give them his flesh to eat. Now we begin to see the connection to the Eucharist.

Then last week we had the discussion of how he could give his flesh to eat. He says "my flesh is true food and my blood is true drink." He says "Unless you gnaw on the flesh of the Son of Man and drink his blood, you will not have life within you." Yes, the Greek actually says gnaw, even though we translate it as "eat".

And this week we have the discussion of how gross that is. Jesus tells them "It is the spirit that gives life, while the flesh is of no avail. The words I have spoken to you are spirit and life. And we breathe a sigh of relief... "Oh, thank God. He's talking about his spiritual flesh and blood; I thought he was talking about his physical flesh and blood." Be careful there... the ancient people believed the spirit, that which lies beyond the physical, that which is presented to us by the physical, is more real than the physical which we can see, hear, smell, taste and touch. Our modern society has focused so much on the physical here-and-now that we've lost that sense of the greater reality of the spiritual. (Except for the new-age stuff, which is scary enough in itself.)

But think about it for a moment... We are spirits who express ourselves bodily. We aren't bodies with a spirit trapped inside or bodies and spirits, separate from each other. Nor are we simply bodies. By the way, did you hear that some scientist has grown a brain. He said it is full and complete but doesn't have consciousness. Of course not, it doesn't really have life. It is the spirit that gives life.

The greatest reality of who we are is our spirit. Our spirit interacts with others through our bodyliness. Our bodies are necessary to our humanity but secondary to our spirit.

I'm convinced, as I think anyone who practices contemplative prayer would be, that our spirits can interact directly with the Spirit of God who is pure spirit. Sometimes there are physical signs that this has happened but oftentimes not. If the sign is not there, it is difficult for us to be aware of our connection to God. The reality of the connection, though, is demonstrated in the beginning of the book Open Mind Open Heart. In it, Fr. Tom Keating has interviewed many monks who have devoted themselves to contemplative prayer. Many of them reported that it really doesn't seem to be effective for them. When he asked them if they have become better persons over the life of their practicing this prayer form, they answer yes and attribute it to that practice. I would say it is their spirit's connecting with the Spirit of God through the practice of that prayer form.

The questions for us are: How do we open ourselves to connecting with Our Lord's spiritual, and real, presence in the Eucharist? If we are connecting, will we always know it? If we are faithful to participating in the Eucharist over several years will it change us for the better like contemplative prayer changed the monks?

That's what Jesus is asking us to do when he asks the disciples if they want to **depart** from him. The Greek word used here is very similar to the word used when the disciples wanted to **receive** him into the boat as he crossed the sea; when they wanted to bring him down to their level. It is one of John's plays-on-words. Jesus is now asking them if they are willing to allow him to pull them up to his level? If you want to say yes to that, say yes to being faithful to the Eucharist. I bet you'll see, like the monks did, that it will change your life, maybe imperceptibly in the short run but over the long run you will become a better person, more alive, more fully human.

Fr. Ron

Remember in your Prayers, Weekly Readings, Mass Intentions



PLEASE REMEMBER IN YOUR PRAYERS

Lucy Aon, Ryan Smith, Matthew Chu, Rose Falls, Richard Frechette, Ann Hansell, Daryl Gagne, Reilly Phipps, Mike McFaul, Richard Spurling, Dean Mellos, Diane Harvey, Eric Matus, Sally Williams, Gabe Eddy, Harriet B, Nora Toscano, Eugenio Cesena, Jeanne Brunner, Don Lenox, Patty Hayes & Family, Glen Stewart, Corrine Warcholik, Carol Rudd, John Leonard, Colleen London, Laurie Lindow, Joey Enderwood, Bob Cole, Paul Folsom, John Stevenson, Zoey Thomas, La Mice Denton, Brian Hill, Gary Corwin, Roberto Lopez, Lorraine Flint, Bill Phillips, Isaac Armas, Mary Botte, Lara Pasi, Nancy Usrey, Ryan Cochran, Emmanuel Hallak, Dylan Coughlin, Frank Alfano, Selena Chum, Jimmie Davis, Rachel Chavez, Michele Chavez, Linda Rogers, Helen Chu, Al Bowen, Joyce Kammer, Theresa Warcholik, Cheryl Berry, Natalie Enriquez, Candace Dayton, Ladel, Michael Ward, Nina Murphy, Noel Fisher, Jason Zdunich, Karen Bennett, Connie Elba, Blanche Duncan, Charles Brown, Jim Leachman, Christine Banuelos, Jose Orrantia, Mina Scannicchio, Carol Petrich, Carey Moore, Jose Azarza, Parker Landis, Joan Smith, Jackie, Jeff Rogers, Michelle Tello, Chase Laird, Vera Navetta, Miriam Kaskorkis, Adelaide Fitzwater, Ed Solorzano, Alice Zizzo, Luis Orrantia, Maggie Matthews, Sophia Christensen, Cindy Russell, Karen Walker, Mike Murphy, Ann Mussomeli, Jeanine DeSanti, Joe James Sowards, Vie Liddell, Olivia Dunn, Jennifer Soares, Dorothea Wall, Antoinette Daquisto-Guidi, Bob Weisham, Teri Harrison, Danielle P., Maria Warcholik, Ruthie Condon, Marin Mejia, Mike Marcon, Theresa & Vito Siragusa, Tracy Weaver, Rick Gores, Sue Sullivan, Tommy Collet Sr., Travis Butler, Gregory S., Joni Marco, Vern Hubka, Ricky Latorre, Camryn Mayer, Aimee Gatus, Tommy Collet Jr., Thomas Baca, Chuck Moore, Gui Mei Guo, Audrianna Lococo, Karl Viederstein, Carey Moore, Maria Teresa Valquez, Tyler Parr, Terry McMullin, Richard Perricone, John Agostini, Austin Gatus, Rosemary Lowe, The Hill Family, the Morrison Family, Frances Colombo, Megan Krue Jones, Zaim Attisha, Laura Lee, Teresa Russo; and all our relatives and friends who are sick.

A NOTE ABOUT OUR PRAYER LIST: If you would like to add a name to our list, please contact Nancy Adema.

Also, **please notify Nancy when a name can be removed.**
We appreciate the prompt notification & your cooperation.

PARISH FINANCES

In order to fulfill our budget, we need to receive an average of \$12,722 in the collection basket each week. Some weeks may be higher and some lower, but we need to maintain that average. Additionally, we have budgeted for an average of \$12,802 to be contributed monthly through our Online Giving contribution program.

The total amount budgeted through these sources is \$660,095 this year.

Our budget includes another \$106,384 expected income from other sources; (Annual Catholic Appeal rebates, Christmas & Easter collections, Sacramental donations, interest, one-time gifts and bequests, etc.).

LAST WEEK: Totals for August 19

Plate:	\$	1,120.00
Envelope:	\$	5,607.00
Total Collection Basket:	\$	6,727.00

Online Giving

SUPPORTING THE MISSION OF THE CHURCH: *Once you've made a decision on how much you should be giving, decide how to give.*

WAYS TO GIVE: You can use envelopes as many people do, or set up automatic donations through your bank (forms available in the parish office); you can go to *Online Giving* on the St. Luke website and set up an online giving plan. You may personally manage online giving or call the parish office to arrange a plan administered by the parish Business Manager. Online Giving Link: www.thechurchofstluke.org Click on **Online Giving** in the center of subject bar. For more information, please call the parish office at 442-1697.

PLEASE PRAY FOR AUGUST WEDDING ANNIVERSARIES:

John & Donna Vugrin	66 years
Billy and Mary Jane Papenhausen	53-years
Ben & Susie Machado	52 years
Rich & Corrine Warcholik	51 years
Richard and Colleen Venancio	50-years
Terry and Liz McMulin	50-years
Tom and Kelcie Haggard	48-years
Jim and Janis Lindgren	47-years
Terry and Ann Murray	46-years
Zen and Bridget Barelka	42-years
Rick & J-Marie Roberts	38 years
Dan and Jean Goulding	33-years
Schuyler and Gloria Boyce	28-years
Frank & Yoli Thompson	22-years
Greg and Adriana Rasberry	18-years
Dave and Karen Sapper	14-years
Brad & Gina Elsass	13-years
Frank and Alexxa Terrazas	5-years

If you would like to have your Wedding Anniversary placed in the bulletin, please call 619-442-1697.

Readings for the week of August 26, 2018

Sunday: Jos 24: 1-2a, 15-17, 18b/Ps 34:2-3, 16-17, 18-19, 20-21, 22-23 [9a]/Eph 5:21-32 or 5:2a, 25-32/Jn 6:60-69

Monday: 2 Thes 1:1-5, 11-12/Ps 96:1-2a, 2b-3, 4-5 [3]/Mt 23:13-22

Tuesday: 2 Thes 2:1-3a, 14-17/Ps 96:10, 11-12, 13 [13b]/Mt 23:23-26

Wednesday: 2 Thes 3:6-10, 16-18/Ps 128:1-2, 4-5 [1]/Mk 6:17-29

Thursday: 1 Cor 1:1-9/Ps 145:2-3, 4-5, 6-7 [1]/Mt 24:42-51

Friday: 1 Cor 1:17-25/Ps 33:1-2, 4-5, 10-11 [5]/Mt 25:1-13

Saturday: 1 Cor 1:26-31/Ps 33:12-13, 18-19, 20-21 [12]/Mt 25:14-30

Next Sunday: Dt 4:1-2, 6-8/Ps 15:2-3, 3-4, 4-5 [1a]/Jas 1:17-18, 21b-22, 27/Mk 7:1-8, 14-15, 21-23

This Week's Mass Intentions

Saturday 5:00pm: *Mansour Barbat, RIP*

Sunday 9:00am: *Parishoners of St. Luke*
11:30am: *Amer Barbat, RIP*

Wednesday 7:30am: *Mathew Branca Leanne, RIP*

Thursday 7:30am: *Bobbie Schuett, RIP*

Friday 7:30am: *Louise Rangler, Special Intention*

Saturday 5:00pm: *Billy Agnello, RIP*

Sunday 9:00am: *Mariam Barbat, RIP*

11:30am: *Parishoners of St. Luke*

Saints and Special Observances

Sunday: 21st Sunday in Ordinary Time

Monday: St. Monica

Tuesday: St. Augustine, Bishop & Doctor of the Church

Wednesday: The Passion of St. John the Baptist

Thursday: Weekday

Friday: Weekday

Saturday: World Day of Prayer for the Care of Creation

Next Sunday: 22nd Sunday in Ordinary Time

**SAINT LUKE FAITH FORMATION
REGISTRATION FOR 2018-2019**

Preschool—Grade 5

sessions begin the week of September 9th



Middle School, Grades 6—8

sessions begin Monday, September 10th



Confirmation Preparation

begins Sunday, September 23rd



High School Youth Group

begins Monday, October 8th

Registration may be done through our parish website:

www.thechurchofstluke.org

or drop by our Parish Office

Monday—Friday, 9:30am—4:30pm



Please check the calendar on the parish website for session times and dates

✠ GOSPEL MEDITATION ✠

**ENCOURAGE DEEPER UNDERSTANDING
OF SCRIPTURE**

August 26, 2018 - 21st Sunday in Ordinary Time

"This saying is hard; who can accept it?" The words of Jesus' disciples in today's Gospel must sound familiar. At some point in our lives, you and I have said it about some article of our faith.

Christianity makes firm demands on our ethical behavior and gives no easy answers for suffering. Many disciples were confused and dismayed by Jesus' words in the Bread of Life Discourse. Not all of them, however, had the same reaction. When the disciples question Jesus' teaching, he confirms its truth. "The words I have spoken to you are spirit and life." For some, Jesus' reassurance was not enough. These disciples do not question Jesus further or wrestle with their lack of understanding. The mighty deeds Jesus has done fade to the background. "Many of his disciples returned to their former way of life and no longer accompanied him." For them, their doubt proves too much.

Jesus turns to the Twelve, knowing that confusion lives in their hearts as well. Peter answers. "Master, to whom shall we go? You have the words of eternal life. We have come to believe and are convinced that you are the Holy One of God." Notice this is not a confession of perfect understanding. It is a confession of faith in Jesus. The precise words may still confuse them, but they believe the One who said them.

In our own lives, we face doubt, confusion, and disillusionment in our Christian faith. The same choice available to the disciples is available to us. Do you have faith in Jesus, even when you lack perfect understanding? Will you stay or will you go? What will you do with your doubt?

THANK YOU!!! THANK YOU!!!

You helped fill two trucks of school supplies
For Anza and EJE schools in El Cajon.

Friends of the Poor will receive a donation
To purchase their school supplies.

Your generous donations are a
blessing to many school children.

THANK YOU!!

To everyone who came to sort and
pack the school supplies boxes.

THANK YOU !

To the people who donated their time
and truck to delivery school supplies.

God bless everyone who made our
school supply drive a success.

You are amazing parishioners who
always step up when there is a need.

May your days be filled with gentle blessings!

OUTREACH MINISTRY NEWS for June, 2018

Donations (SENT):

- \$ 100.00 Noah Homes
- \$ 100.00 Holy Trinity Food Pantry
- \$ 100.00 Friends of the Poor
- \$ 100.00 Nativity Prep Academy
- \$ 50.00 East County Pregnancy Care Clinic
- \$ 300.00 Sergio Cuadra Mission Trip
- \$ 500.00 Needy People in the Community
- \$1,981.00 Feeding San Diego
- \$3,231.00 TOTAL

Donations (RECEIVED):

- \$ 73.00 Weekend Mass
- \$205.00 Online Giving
- \$278.00 TOTAL

(Thank you for your support.)

Thank You Letters/Notes (RECEIVED):

None

St. Luke Assistance Programs:

Delivered 2,730lbs of food to EJE Academy.

Parish Information

Church Cleaning

Monday, August 27
9:00 am - 12:00 noon



For more information,
please contact
Peggy Nelson

SCRIP FOR SALE THIS WEEKEND

When you buy scrip (gift cards) to shop at your favorite stores, St. Luke's Outreach Ministry program benefits by receiving a portion of all sales!



Buy Scrip 8/25-26 & 9/1-9/2



SATURDAY 09.29.2018 ANNUAL ST. VINCENT DE PAUL WALK/RUN 5K FOR THE POOR

Location: (Steele Canyon High School) 12440 Campo Road
Spring Valley CA 91878



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Free Registration

Please donate and register:

Directions

www.fopwalk.org

2) Register to walk at an event near you: State (Ca)

Please click on:

September 29, 2018 8:00 AM
[CHURCH OF ST LUKE FOR WALK/RUN](http://www.fopwalk.org)

There is an option to donate and to register.

Music.Food.Fun

For more information

Please contact:

Mike Wasyliw

Or

Anita Razzouki



The Journey of Faith begins with your questions:

What is faith? How does faith grow? What do Catholics believe, and why is it different from other faith traditions?

Classes for the Christian Initiation of Adults are available for anyone who wants to learn more about the Catholic faith.

The process begins with an "inquiry" period, when questions can lead to exploration.

Wednesday, August 29 at 7:00pm in the Youth Room

If you or someone you know is interested in learning more about the Catholic faith, or is interested in completing their sacraments, please plan on attending.

If you have any questions, please contact Deacon Jerry Stenovec

Contacts & Calendar Information

VISIT OUR WEBSITE

for additional calendar and event information
www.thechurchofstluke.org

PARISH DIRECTORY

Pastor: Rev. Ron Cochran (619) 442-1697
Deacon Emeritus: Dennie Nickell (619) 442-1697
Deacon: Jerry Stenovec
Deacon: Allan Williams
Pastoral Associate: Jane Cruz Alfano (619) 442-1697 x103
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 busmgr@thechurchofstluke.org
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 secretary@thechurchofstluke.org
Bulletin Editor: Joanie Maitilasso (619) 442-1697 x101
 secretary@thechurchofstluke.org
Facility Manager: Robert Stevenson (619)442-1697 x109
Web Master: Lance Attiq webmaster@thechurchofstluke.org.
Altar Servers: Dcn. Alan Williams
Choir Director: Colin McColl
Organist: Susan Paul
Eucharistic Ministers: Linda Jacobson
Greeters: Maria Oliver
Lectors: Susan Smothers
Ushers: George Heidenriech

FAITH FORMATION

Catechetical Ministry
 Jane Cruz Alfano, Pastoral Associate (619) 442-1697 x103
 passoc@thechurchofstluke.org
Coordinator of RCIA: Dcn. Jerry Stenovec
Coordinator of PreK-5 Faith Formation:
 Debbie Stenovec (619) 442-2515 x 105
 K-5reled@thechurchofstluke.org
**Coordinator of Middle and High School Faith Formation
 & Youth a/Young Adult Ministry:**
 Evelyn Beale (619) 442-2515 x 106
 Youthreled@thechurchofstluke.org

MINISTRIES & ORGANIZATIONS

Baptism Class: Joanie Maitilasso (619) 442-1697
Centering Prayer: Rosemarie Murphy
Church Cleaning Crew: Peggy Nelson
Cub/Boy Scout Religious Emblems:
 Shannon Vint
Eucharistic Adoration: Cindy Christmas
 & Mike Wasyliv
Friends of the Poor: Martha Evans
Knights of Columbus: Eddie Vandiver
Marriage Preparation: Joanie Maitilasso
Ministry to Sick and Homebound:
 Dcn. Jerry Stenovec
Outreach Ministry: Ken Stempien
Prayer Chain: Nancy Adema
Respect Life: Don Mercurio
Scrip: Ed Broadhurst
Small Church Communities:
 Jane Cruz Alfano, (619) 442-1697 x 103
Society of St. Vincent de Paul:
 Mike Wasyliv
St. Luke Business Network: Cathy March

FROM THE BULLETIN EDITOR

Office Phone: (619) 442-1697 Fax (619) 442-2293
Joanie Maitilasso
 OFFICE HOURS: Monday - Friday, 9:00 am to 5:00 pm
 THE DEADLINE FOR BULLETIN ANNOUNCEMENTS IS
 MONDAY AT 12:00 NOON.

CALENDAR OF EVENTS

Month of August & September
(Calendar Events are subject to change)

Sat 25	3:30pm Reconciliation 5:00pm Mass w/Baptism: Adalee Hirsh
Sun 26	8:15am Pro Life Rosary 9:00am Mass/Children's Liturgy of the Word 11:30am Mass with Children's Liturgy of the Word and Baptism: Mac Polis
Mon 27	9:00am Church cleaning
Tue 28	6:00pm Outreach Committee meeting
Wed 29	7:30am Mass 7:00pm RCIA Inquiry
Thu 30	7:30am Mass
Fri 31	7:30am Mass
Sat 1	3:30pm Reconciliation 5:00pm Mass
Sun 2	8:15am Pro Life Rosary 9:00am Mass/Children's Liturgy of the Word 11:30am Mass/Children's Liturgy of the Word
Mon 3	Labor Day—office closed

Save the date! Saturday, September 29
The Church of St. Luke
Faith Formation Fun/Fundraiser



**\$5,000
Raffle**

**Kids
Carnival**

Dinner

**Pumpkin
Contest**

**Gift Basket
Auction**

**Adult & teen volunteers needed...please contact
Kevin Lawrence**



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