

Welcome to

The Church of *Saint Luke*

A Roman Catholic Community of Disciples



FIRST READING: Proverbs 9:1-6
SECOND READING: Ephesians 5:15-20
GOSPEL: John 6:51-58

The Jews quarreled among themselves, saying, "How can this man give us his flesh to eat?" Jesus said to them, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you." Jn 6:52-53

Reflection: Reflect upon/Share about someone who has been a life-giving presence in your life. How did that person give you life? How is your relationship with the Lord similar or dissimilar to your relationship with that person? What can you do, or what change can you make, to help open yourself to a deeper relationship with the Lord in the Eucharist?

Alternative:

What types of things get in the way of you letting Jesus be your life? What's so important about those things? What would you have to do to let Jesus become more important in your life?

August 16, 2015
Twentieth Sunday
In Ordinary Time

Taste and see the
Goodness of the Lord



Unless you eat the flesh
of the Son of Man and drink
his blood, you do not have life
within you. — *John 6:53*

Mission Statement

The Church of St. Luke is a joyful, welcoming, caring, active family of believers striving to grow in knowledge of and love for God and each other. Challenged by the Word, nurtured by the Eucharist, and enlivened by the Spirit, we seek to live the message of Jesus in serving the needs of others both within our Parish and in the larger community.

Masses

Tuesday: 5:00 pm
Wed., Thurs., Fri.: 7:30 am
Saturday: 5:00 pm
Sunday: 9:00 am & 11:30 am

Sacrament of Reconciliation
Saturday 3:30 pm
(Also by appointment)

PARISH OFFICE HOURS:

Monday-Friday
9:00 am—5:00 pm
Fax: (619) 442-2293



PARISH PASTORAL COUNCIL

Parish Pastoral Council normally meets on the 3rd Tuesday of the month.

Visitors/observers welcome. If you wish to have an item placed on the agenda, contact a Council member

to present it for you or contact the Parish Office.

Parish Council

Members:

Fr. Ron Cochran

Mark Balmert

Amy Cannon

Bob Guarnotta

Linda Jacobson

Anita Leak

Sam Lupo

Don Mercurio

Dcn. Emeritus:

Dennie Nickell

Rick Roberts

Dave Sapper

Karen Sapper

Tom Selfani

Bryan Shull

Dcn. Jerry Stenovec

Dcn. Allan Williams

PARISH FINANCE COUNCIL

The Parish Finance Council meets every other 3rd Wednesday of the month.

Parish Finance

Council Members:

Fr. Ron Cochran

Jim Crockett

George Heidenreich

Jeanne Houghtby

John Krueger

Cathy March

Jim Stepovich

Richard Venancio

FROM: THE PASTOR



Dear Parishioners,

I have a friend who made his money as a developer. The economic problems of the last decade haven't been kind to him so he has retired although he is not the type of person who can just sit around. So... he tried to put together a project in Wyoming. He lives back East but thinks he likes the West. Anyway, the project never quite went together.

As he was telling me about it, he said something about the people of the city in Wyoming, where he was working, being like those Santa Monica liberals, or something like that. He said that all they are concerned with is the environment and have so many restrictions on development that you can't get anything done.

Now, he is a very good friend. We know each other well and I know how much his family has been hurt by the economic situation. I don't understand the economic situation but I know that way too many people, wealthy and not so wealthy, have been hurt by it. Knowing his situation and knowing how big his heart is, I have compassion for him and for his family.

And, that's the point. Having compassion for another person opens us to understanding them no matter how different from ours are their thoughts and attitudes. And, if we can understand them we can extend that understanding to other people who think and act like them. Without compassion, they are simply different from us and oftentimes we label them as wrong.

I think understanding is the key to our working together to solve problems but I don't see much understanding in the world. There doesn't seem to be much understanding between the players in politics in the U.S. or in the economic woes of Greece, or in the conflicts of the Holy Land and the Middle East.

And don't get me wrong; I'm not saying that understanding will bring us to agreement with one side or the other or, even, anywhere in the middle. I'm guessing it will help us come to some agreement, an agreement flowing from the mutual respect which was fostered by understanding the other. I guess that's what I don't think I see and what I may not find easy to practice in my own life.

And, it all seems to flow from compassion. Our word comes from the Latin root meaning "to suffer with". The online definition says it is "sympathetic pity and concern for the sufferings or misfortunes of others". That's certainly not what I mean by using the word. To me, compassion means the same as the concept of having walked a mile in the shoes of the other. I don't have to pity someone to understand how their experience of life has formed their thoughts and attitudes.

In His service,

Fr. Ron

LOVE THEM BOTH

We must love them both—those whose opinions we share and those whose opinions we reject. For both have labored in the search for truth, and both have helped us in the finding of it. —Thomas Aquinas

A SECRET

The secret of happiness is to count your blessings while others are adding up their troubles.
—Anonymous



PLEASE REMEMBER IN YOUR PRAYERS

Karen Walker, Mike Murphy, Ann Mussomeli, Jeanine DeSanti, Joe James Sowards, Jim Carver, Bobby Harris, Vie Liddell, George Serban, Olivia Dunn, Elda Iavelli, Jennifer Soares, Dorothea Wall, Tony Gonzales, Martina Chiappara Cahill, Antoinette Daquisto-Guidi, Matthew Chu, Petra Gallegos, Bob Weisham, Frank Asaro, Teri Harrison, Danielle P. Joe Scannicchio, Maria Warcholik, Ruthie Condon, Marin Mejia, Mike Marcon, Theresa & Vito Seragusa, Tracy Weaver, Rick Gores, Corrine Meierbachtol, Sue Sullivan, Geri McCabe, Rose Camacho, Ray Camacho, Maria Oliver, Al Oliver, Tommy Collet Sr., John Lawton, Justin Hughes, Clara Morrison, Nick Maitilasso, Travis Butler, Jordan Garcia, Winston Quitiquit, Gregory S., Joan Hall, Lucy Renko, Joni Marco, Vern Hubka, Ricky Latorre, Camryn Mayer, Dolores Morrison, Aimee Gatus, Tommy Collet Jr., Thomas Baca, Chuck Moore, Eugene Cuomo, Gui Mei Guo, Audrianna Lococo, Mario Ingargiola, Karl Viederstein, Carey Moore, John Morrison, Maria Teresa Valquez, Nancy Samayoa, JoAnne Morse, Tyler Parr, Karin Oravetz, Terry McMullin, Pam Oates, Mary Morrison, Laura Allen & Family, Ryan Waters, Sam Attisha, Debra Burke, Angelo Scardina, Andrew Mearm, John Dickerson, Marco Antonio Ballesteros Miranda, Rod Fakhoury, Janice Ayers, Peter Spinali, Karen Mays, Judy Nickell, Brett Harris, Richard Perricone, John Agostini, Clara Morrison, Austin Gatus, Michael Milnick, Rosemary Lowe, Hayden Remington, Bob De Winter, Kim Hankins, Joy Reynolds, Jeanne Lane, The Hill Family, Connie Bowen, Wayne Hill, Russell Morrison, Frances Colombo, Christina Morrison, Megan Krue Jones, Zaim Attisha, Laura Lee, Teresa Russo, Lillian Peregud; and all our relatives and friends who are sick.

A NOTE ABOUT OUR PRAYER LIST: If you would like to add a name to our prayer list please contact Nancy Adema. *By the same token please notify Nancy when a name can be removed.* We appreciate the prompt notification and your cooperation.

PARISH FINANCES

In order to fulfill our budget, we need to collect an average of \$12,722 in the collection basket each week. Some weeks may be higher and some lower but we need to maintain that average. Additionally, we have budgeted for an average of \$12,802 to be contributed monthly through our Online Giving contribution program.

The total amount budgeted through these sources is \$660,095 this year. Our budget includes another \$106,384 expected income from other sources; (Annual Catholic Appeal rebates, Christmas & Easter collections, Sacramental Donations, Interest, One-time gifts & bequests, etc.).

LAST WEEK: Totals for 8/09/2015

Plate:	\$	697.00
Envelope:	\$	7,524.00
Total Collection Basket:	\$	8,221.00
Online Giving May:		\$15,464.45

SUPPORTING THE MISSION OF THE CHURCH: *Once you've made a decision on how much you should be giving, decide how to give.*

WAYS TO GIVE: You can use envelopes, as many people do, you can set up automatic donations through your Bank, (forms available in the parish office), you can go to Online Giving on the St. Luke website and set up an online giving plan which you can personally manage or call the parish office to arrange an online giving plan administered by the parish Business Manager.

Online Giving Link: <http://thechurchofstluke.org>

Click on: Online Giving box on upper right of screen.

For more information please call the parish office at 442-1697

PLEASE PRAY FOR:

THE SOUL OF: Dorothy Agnew, Joe Petrone Sr. Richard Escarcega

BAPTISM: Gabriel Peralta, Jude Garrett

WEDDING ANNIVERSARY:

Bill & Mary Jane Papenhausen	50-yrs.
Richard & Colleen Venancio	48-yrs.
Terry & Elizabeth McMullin	47-yrs.
Tom & Kelcie Haggard	45-yrs.
Terry & Ann Murray	43-yrs.
Zen & Bridget Barelka	39-yrs.
Jim & Janis Lindgren	34-yrs.
Dan & Jean Goulding	30-yrs.
Schuyler & Gloria Boyce	25-yrs.
Greg & Adriana Raspberry	15-yrs.
Dave & Karen Sapper	11-yrs.
Frank & Alexxa Terrazas	2-yrs.
Brad & Gina Elsas	10-yrs

If you would like to have your Wedding Anniversary placed in the bulletin please call 442-1697

READINGS FOR THE WEEK

Sunday: Prv 9:1-6; Ps 34:2-7; Eph 5:15-20; Jn 6:51-58

Monday: Jgs 2:11-19; Ps 106:34-37, 39-40, 43ab, 44; Mt 19:16-22

Tuesday: Jgs 6:11-24a; Ps 85:9, 11-14; Mt 19:23-30

Wednesday: Jgs 9:6-15; Ps 21:2-7; Mt 20:1-16

Thursday: Jgs 11:29-39a; Ps 40:5, 7-10; Mt 22:1-14

Friday: Ru 1:1, 3-6, 14b-16, 22; Ps 146:5-10; Mt 22:34-40

Saturday: Ru 2:1-3, 8-11; 4:13-17; Ps 128:1b-5; Mt 23:1-12

Sunday: Jos 24:1-2a, 15-17, 18b; Ps 34:2-3, 16-21; Eph 5:21-32 [2a, 25-32]; Jn 6:60-69

THIS WEEK'S MASS INTENTIONS

Saturday: 5:00pm Michael Shawn Price, RIP

Sunday: 9:00am John Lenore, RIP

11:30am Parishioners of St. Luke

Tuesday: 5:00pm Irene Zetts, RIP

Wednesday: 7:30am Robert Mc Garry, RIP

Thursday: 7:30am Matthew Chipps, RIP

Friday: 7:30am Presiders Intention

Saturday: 5:00pm Bruno & Margaret Bubis, RIP

Sunday: 9:00am Parishioners of Saint Luke

11:30am Larry Marinesi, RIP

SAINTS AND SPECIAL OBSERVANCE

TODAY: Twentieth Sunday in Ordinary Time

Monday: Weekday

Tuesday: Weekday

Wednesday: St. John Eudes

Thursday: St. Bernard

Friday: St. Pius X

Saturday: The Queenship of the Blessed Virgin Mary; Twenty-First Sunday in Ordinary Time

Sunday: Twenty-First Sunday in Ordinary Time

TODAY'S READINGS

First Reading — Forsake foolishness that you may live; advance in the way of understanding (Proverbs 9:1-6).

Psalm — Taste and see the goodness of the Lord (Psalm 34).

Second Reading — Live as wise persons trying to understand what is the will of the Lord, filled with the Spirit and giving thanks always (Ephesians 5:15-20).

Gospel — Jesus says, "I am the living bread . . . whoever eats this bread (my flesh) will live forever" (John 6:51-58).

The English translation of the Psalm Responses from the *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

AT THE TABLE

In today's first reading, Wisdom is imagined as a woman rich in poise and grace. She moves smoothly and confidently about her temple-like home. She doesn't flutter about, nervous with worry. Wisdom sends her maidens to invite all to her open house. The guests do not possess any particular genius or insight. They need only be a people of good will and common sense. They are summoned to leave behind foolishness and to find for themselves a place at Wisdom's table. There they may and can eat and drink deeply.

Today's Gospel draws us back to the table of the Eucharist. Jesus addresses those who seek to understand his words and, sadly, those who seek to avoid them. As people born of God, we are called and equipped to seek God's will and act on it. Copyright © J. S. Paluch Co.

TREASURES FROM OUR TRADITION

If the alb is the premier baptismal garment, then why are there so many other styles of vesture in evidence in our parishes? In some places, altar servers and other ministers might wear a garment, usually black, called a cassock. Over that is normally worn a white garment (a "surplice"), reminiscent of the alb but much shorter, often of starched linen and trimmed with lace. The cassock is not a liturgical garment, but a clerical robe. Its origins lie in the religious habit of monks. By the late Middle Ages, diocesan priests and clerics increasingly were encouraged to emulate religious priests. Very small boys were often apprenticed to monasteries, especially for music education, and would be invested with a cassock and sometimes even inducted into the ranks of clerics.

For centuries before the Reformation, it was required that all men entering higher education be clerics, and so the cassock and its variations became familiar academic garb. At the Reformation, many ministers retained a form of the cassock as ordinary dress, rejecting liturgical garments. In the seventeenth century, the English Civil War was in part provoked by the Archbishop of Canterbury's insistence that ministers wear surplices. Although the Episcopal Church now retains "cassock and surplice" as the normal dress for lay men and women assisting at liturgy, Catholics are increasingly attentive to the deeply traditional treasure of the alb, our baptismal robe, when special liturgical vesture is needed.

—Rev. James Field, Copyright © J. S. Paluch Co.

OFFICE VOLUNTEERS NEEDED

at The Church of Saint Luke
Morning and Afternoon Shifts
(or occasional substitute)
are available.

**Experience is required in
the following tasks:**

Fundamental computer skills

- Phone skills
- Data Entry

***Please Call Business
Manager:***

***Jim Crockett at
619-442-1697, ext. 110***

Knights of Columbus A Family Fraternal Organization

Information Meeting for
Parish Men and Wives

Date: Thursday,
August 27, 2015 at
7:00pm

in the Church Hall

You or your wife can pick
up Information and sign-
up for the meeting after
Masses the weekends of
August 15th and August
22nd or you may call

John Clark, Sr.

Back to School Supply Drive

We will be collecting school
supplies again this summer for
our students in the Cajon Valley
School District. Blue Barrels will
be placed in the Baptistry for the
collection of school supplies.
Items can be placed in the Barrels
from July 25-August 14.

School Supplies needed
(but not limited to):

Pencils- Crayons-Ruled Paper-
-Glue- Rulers- Pens- Scissors-
Folders- Staplers- Erasers- Markers
- Backpacks- Notebooks-
-Tape- Multi-Purpose Paper-

*Thank you for your
continued support.*
*Questions or comments please
contact:*

Carlos Cuellar
Outreach Ministry

**YOUR HELP IS NEEDED
SCHOOL SUPPLY DISTRIBUTION**

Our St. Luke Ministry will be organizing and delivering the school supplies we received this summer for our El Cajon Elementary Schools. We need 10-15 volunteers to assist us in the parish hall at 9am on Wednesday, August 19. If you can volunteer please meet us at the parish hall on Wednesday. Any questions or comments can be directed to me. We look forward to seeing you.

Thank you!

In Christ,
Carlos Cuellar
Outreach Ministry

Noah Homes, a local facility caring for people with developmental disabilities, has an immediate need for front desk volunteers for 4 hour morning or afternoon shifts. For more information contact Brittany [619-660-6200 ext. 18](tel:619-660-6200) or bfurlong @noahhomes.org

The Pope is coming! While the National Friends of the Poor Walk does fall during the Pope's visit to the US it is unlikely that Pope Francis will physically attend any of the anticipated 250 walk/run while he is here. However, he has said, "Unity happens when we walk together".

***Time to Clean the Garage and
Support Father Joe's Villages!***

Saturday, August 15 and Sunday, August 16

2:00pm – 6:30pm Saturday

8:00am – 1:00pm Sunday

A Father Joe's Villages truck will be
at St. Luke

to accept your donations of:
Gently Used Clothing, Furniture,
Electronics, Toys,
Home appliances, Jewelry, Art,
Cars, Boats, Trains, Airplanes

THANK YOU!!

**Make your tax deductible donation of
cash, vehicles or household goods
at neighbor.org today.**

Direct from Chicago!

From the co-author of the hit comedy,
Late Nite Catechism
Two-night exclusive engagement



Church of St. Luke
1980 Hillsdale Rd.
El Cajon, CA 92019

Ticket price: \$30 per show

For tickets, call: 619-442-1697 ext. 104, 105 or 106

SAINT LUKE FAITH FORMATION FUND RAISER

Saint Luke Faith Formation Registration

Sign up now for STL'S

2015-2016

Parish Faith Formation Programs

- Regular sessions for Preschool-Grade 3 begin Sept. 13th, 16th, & 17th
 - Grades 4-5 -begin Sunday Sept. 13,
 - Middle School Grades 6-8 begin Friday, Oct. 3rd
- and High School begins Sunday, Oct. 11th
- You may register through our Parish Website at

www.thechurchofstluke.org OR drop by
our Parish Office,
M-F, 9:30am-4:30 pm

For more information call 619-442-1697

✠ FROM THE BULLETIN EDITOR ✠

Office Phone: (619) 442-1697 Fax (619) 442-2293

Joanie Maitilasso, Editor

OFFICE HOURS: Monday - Friday: 9:00 am to 5:00 pm

THE DEADLINE FOR BULLETIN ANNOUNCEMENTS IS

MONDAY AT 12 NOON.

secretary@thechurchofstluke.org

✠ CALENDAR OF EVENTS ✠

Month of August

Sat
15th

Twentieth Sunday in Ordinary Time
Assumption of the Blessed Virgin Mary;
(Holy Day of Obligation dispensed)

Fr. Joe's Village Truck: Donations

2:00pm Funeral Mass: Dorothy Agnew

3:30pm Reconciliation

5:00pm Mass

Sun
16th

Twentieth Sunday in Ordinary Time

Fr. Joe's Village Truck: Donations

8:15am Pro Life Rosary

9:00am Mass & Children's Liturgy of the Word

11:30am Mass w/Children's Liturgy of the Word

1:00PM Group Baptism: Thomas Bullwinkel, Alonzo
Lopez, Citlali Chavez, Ruby Toma

Mon
17th

No Meetings

Tue
18th

9:30am Epic-Church History

5:00pm Mass

5:45pm Parish Pastoral Council Meeting

7:00pm Epic-Church History

Wed
19th

7:30am Mass

8:30am Centering Prayer

9:00am Sorting of School Supplies

7:00pm RCIA Inquiry

Thur
20th

7:30am Mass

Fri
21st

7:30am Mass

Sat
22nd

Twenty-First Sunday in Ordinary Time

3:30pm Reconciliation

5:00pm Mass

Sun
23rd

Twenty-First Sunday in Ordinary Time

8:15am Pro Life Rosary

9:00am Mass & Children's Liturgy of the Word

11:30am Mass w/Children's Liturgy of the

Word

Mon
24th

9:00am Church Cleaning Crew

✠ PARISH DIRECTORY ✠

Pastor: Rev. Ron Cochran (619) 442-1697

Deacon Emeritus: Dennie Nickell (619) 442-1697

Deacon: Jerry Stenovec

Deacon: Allan Williams

Business Manager: Jim Crockett (619) 442-1697 x110
busmgr@thechurchofstluke.org

Secretary: Joanie Maitilasso (619) 442-1697 x101
secretary@thechurchofstluke.org

Bulletin Editor: Joanie Maitilasso (619) 442-1697 x101
secretary@thechurchofstluke.org

Facility Manager: Robert Stevenson (619) 442-1697 x109

Altar Servers: Dcn. Alan Williams

Music: Colin McColl

Organist: Susan Paul

Lectors: Julie Carlin

Eucharistic Ministers: Linda Jacobson

Greeters: Maria Oliver

Ushers: Kenneth Stempien (619) 442-1697

RELIGIOUS EDUCATION

Adult Education: Carol Stone (619) 442-2515 x 104

Adultreled@thechurchofstluke.org

RCIA: Dcn. Jerry Stenovec

Director of Religious Education K-5:

Debbie Stenovec (619) 442-2515 x 105

K-5reled@thechurchofstluke.org

**Director of Religious Education Middle
and High School:**

Jane Alfano (619) 442-2515 x 106

Youthreled@thechurchofstluke.org

Youth Ministry Coordinator:

Jane Alfano (619) 442-2515 x 106

Youthreled@thechurchofstluke.org

MINISTRIES & ORGANIZATIONS

Baptism Class: Call the Parish Office (619) 442-1697

Centering Prayer: Carole Morales

Church Cleaning Crew: Peggy Nelson

Cub/Boy Scout Religious Emblems: Shannon Vint

Eucharistic Adoration: Cindy Christmas
& Mike Wasyliv

Friends of the Poor: Colleen Garbaczewski

Knights of Columbus: Marty Collins, G.K.

Las Madrinas: Kay Krueger, Letty Reece

& Colleen Venancio

Ministry to Sick & Homebound: Dcn. Jerry Stenovec

Outreach Ministry: Ken Stempien (619) 442-1697

Prayer Chain: Nancy Adema

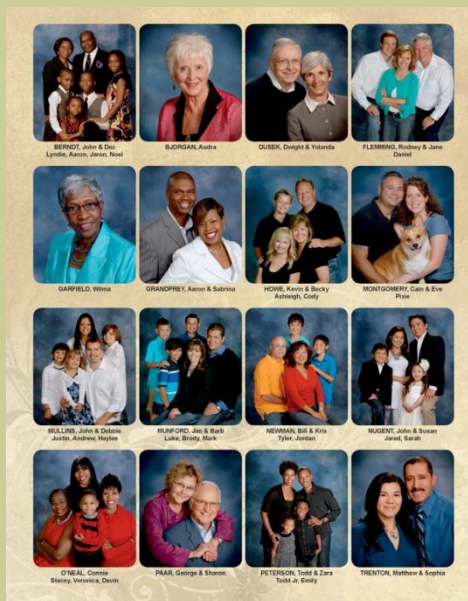
Respect Life: Don Mercurio

Scrip: Kerri Holzer

Small Church Communities: Carol Stone (619) 442-2515

St. Luke Business Network: Cathy March

Society of St. Vincent de Paul: Pauline Doran



The 2015
Church of Saint Luke
Parish Directory
won't be the same
without YOU in it!

*Did you miss your appointment time?
Were you on vacation?*

The photographers are coming back
for two days only – August 30 and 31

Make your appointment on-line or after Mass
Portrait Dates and Times

Sunday 11:30am – 5:00pm: August 30

Monday 1:00pm – 8:30pm: August 31

If you need assistance with scheduling your
portrait appointment,
call Carole Morales

Receive a FREE hard-cover printed Directory