

Welcome to

# The Church of *Saint Luke*

A Roman Catholic Community of Disciples

September 06, 2015  
Twenty-Third Sunday  
In Ordinary Time



Did not God choose those who are poor in the world to be rich in faith and heirs to the kingdom?— *James 2:5*



FIRST READING: Isaiah 35:4-7a  
SECOND READING: James 2:1-5  
GOSPEL: Mark 7:31-37

*He put his finger into the man's ears and, spitting, touched his tongue; then he looked up to heaven and groaned, and said to him, "Ephphatha!" that is, "Be opened!" And immediately the man's ears were opened, his speech impediment was removed, and he spoke plainly.* Mk 7:33b-35

#### Reflection:

Share about/Think about a time when you felt like no one was listening to you. How did it feel? Why do you think the others weren't getting it? What, in you, needed to be healed to allow you to be heard? Do you still need that healing?

#### Alternative:

In what aspect of your life does your opinion matter least? How would you need to change for your opinion to matter more? How can you begin to make that change happen?

## Mission Statement

The Church of St. Luke is a joyful, welcoming, caring, active family of believers striving to grow in knowledge of and love for God and each other. Challenged by the Word, nurtured by the Eucharist, and enlivened by the Spirit, we seek to live the message of Jesus in serving the needs of others both within our Parish and in the larger community.

## Masses

Tuesday: 5:00 pm  
Wed., Thurs., Fri.: 7:30 am  
Saturday: 5:00 pm  
Sunday: 9:00 am & 11:30 am

Sacrament of Reconciliation  
Saturday 3:30 pm  
(Also by appointment)

## PARISH OFFICE HOURS:

Monday-Friday  
9:00 am—5:00 pm  
Fax: (619) 442-2293



## PARISH PASTORAL COUNCIL

*Parish Pastoral Council normally meets on the 3rd Tuesday of the month.*

*Visitors/observers welcome. If you wish to have an item placed on the agenda, contact a Council member*

*to present it for you or contact the Parish Office.*

### Parish Council

#### Members:

Fr. Ron Cochran

Mark Balmert

Amy Cannon

Bob Guarnotta

Linda Jacobson

Anita Leak

Sam Lupo

Don Mercurio

Dcn. Emeritus:

Dennie Nickell

Rick Roberts

Dave Sapper

Karen Sapper

Tom Selfani

Bryan Shull

Dcn. Jerry Stenovec

Dcn. Allan Williams

## PARISH FINANCE COUNCIL

*The Parish Finance Council meets every other 3rd Wednesday of the month.*

### Parish Finance Council Members:

Fr. Ron Cochran

Jim Crockett

George Heidenreich

Jeanne Houghtby

John Krueger

Cathy March

Jim Stepovich

Richard Venancio

## FROM: THE PASTOR



Dear Parishioners,

There were lots of people at the beach in Rosarito on Sunday. I presume that was because of the hot weather inland. Usually, at this time, the beach isn't so crowded. But a lot of people were enjoying it, a lot of families, with a lot of kids and grandparents too.

A friend of mine and I went for a walk along the beach. I really like walking the beach or just sitting there and experiencing watching the ebb and flow of the tide, the sounds it makes and the general feeling it gives. I always feel like I'm a small part of something much greater. It is as if the earth is breathing and we are part and parcel of each other.

I have been trying to practice "presence", which I find is quite difficult to remember to do but relatively easy to accomplish... at least for short periods. For me it means to let my consciousness of self and what I am doing recede into the background a bit so that I can open myself up to all that is around me, the people, the smells, the sounds and something which seems to me to be much more spiritual, like a backdrop to all that is physical, something greater, something beyond, yet connected almost as if everything else flows from it. If you want me to put a name to it, I would say it is the presence of God, above, behind and beyond all that is created.

One of the delights, at the beach, was the presence of so many families. There were little kids squealing with delight. There were slightly older kids lying in pools of water in the hollowed out craters they had made in the sand; I was amazed at how many were doing the same thing up and down the beach. A couple were lying there with eyes closed and smiles on their faces, I guess just experiencing the coolness of the water and the heat of the sun beating down on them. Kids have a way of experiencing life that we should never let go of.

There were older kids standing around, kicking soccer balls or passing other things back and forth, more in one-to-one relationship than the younger kids. Some parents were part of this but it seemed that most adults were taking care of little kids or sitting around talking and laughing with each other. Grandparents were there too, not dressed in beach clothes but there with their families just being a part of something bigger than an individual life.

When I let my self-consciousness recede a bit all this other life seems more like one life, more than a bunch of individuals in the same place. Maybe that is a glimpse of the communion of persons that God is. Maybe if humanity could really get it together and we could become aware of our oneness and interconnectedness we could let go of war and religious intolerance and political polarization, etc.

God is beyond but not very far beyond. I feel that when I maintain an awareness of His presence I'm much better at being fruitful in my relationships and, well, all aspects of my life. I do get lost in my own self-consciousness a lot, but I'm committed to learning to practice presence more regularly in my life.

In His service,

*Fr. Ron*

### LABOR

Without labor nothing prospers.

—Sophocles

### JUDGMENT

To pass judgment on another is to usurp shamelessly a prerogative of God.

—St. John Climacus



## PLEASE REMEMBER IN YOUR PRAYERS

Alice Zizzo, Luis Orrantia, Maggie Matthews, Sophia Christensen, Steven, Cindy Russell, Karen Walker, Mike Murphy, Ann Mussomeli, Jeanine DeSanti, Joe James Sowards, Jim Carver, Vie Liddell, George Serban, Olivia Dunn, Elda Iavelli, Jennifer Soares, Dorothea Wall, Tony Gonzales, Martina Chiappara Cahill, Antoinette Daquisto-Guidi, Matthew Chu, Petra Gallegos, Bob Weisham, Frank Asaro, Teri Harrison, Danielle P. Joe Scannicchio, Maria Warcholik, Ruthie Condon, Marin Mejia, Mike Marcon, Theresa & Vito Seragusa, Tracy Weaver, Rick Gores, Corrine Meierbachtol, Sue Sullivan, Geri McCabe, Rose Camacho, Ray Camacho, Maria Oliver, Al Oliver, Tommy Collet Sr., John Lawton, Justin Hughes, Clara Morrison, Travis Butler, Jordan Garcia, Winston Quitiquit, Gregory S., Joan Hall, Lucy Renko, Joni Marco, Vern Hubka, Ricky Latorre, Camryn Mayer, Dolores Morrison, Aimee Gatus, Tommy Collet Jr., Thomas Baca, Chuck Moore, Eugene Cuomo, Gui Mei Guo, Audrianna Lococo, Mario Ingargiola, Karl Viederstein, Carey Moore, John Morrison, Maria Teresa Valquez, Nancy Samayoa, JoAnne Morse, Tyler Parr, Karin Oravetz, Terry McMullin, Pam Oates, Mary Morrison, Laura Allen & Family, Ryan Waters, Sam Attisha, Debra Burke, Angelo Scardina, Andrew Mearm, John Dickerson, Marco Antonio Ballesteros Miranda, Rod Fakhoury, Janice Ayers, Peter Spinali, Karen Mays, Judy Nickell, Brett Harris, Richard Perricone, John Agostini, Clara Morrison, Austin Gatus, Michael Milnick, Rosemary Lowe, Hayden Remington, Bob De Winter, Kim Hankins, Joy Reynolds, Jeanne Lane, The Hill Family, Connie Bowen, Wayne Hill, Russell Morrison, Frances Colombo, Christina Morrison, Megan Krue Jones, Zaim Attisha, Laura Lee, Teresa Russo, Lillian Peregud; and all our relatives and friends who are sick.

**A NOTE ABOUT OUR PRAYER LIST:** If you would like to add a name to our prayer list please contact Nancy Adema. *By the same token please notify Nancy when a name can be removed.* We appreciate the prompt notification and your cooperation.

## PARISH FINANCES

In order to fulfill our budget, we need to collect an average of \$12,722 in the collection basket each week. Some weeks may be higher and some lower but we need to maintain that average. Additionally, we have budgeted for an average of \$12,802 to be contributed monthly through our Online Giving contribution program.

The total amount budgeted through these sources is \$660,095 this year. Our budget includes another \$106,384 expected income from other sources; (Annual Catholic Appeal rebates, Christmas & Easter collections, Sacramental Donations, Interest, One-time gifts & bequests, etc.).

**LAST WEEK:** Totals for 8/30/2015

<b>Plate:</b>	\$	757.00
<b>Envelope:</b>	\$	8,358.00
<b>Total Collection Basket:</b>	\$	9,115.00
<b>Online Giving July:</b>		\$14,859.45

**SUPPORTING THE MISSION OF THE CHURCH:** *Once you've made a decision on how much you should be giving, decide how to give.*

**WAYS TO GIVE:** You can use envelopes, as many people do, you can set up automatic donations through your Bank, (forms available in the parish office), you can go to Online Giving on the St. Luke website and set up an online giving plan which you can personally manage or call the parish office to arrange an online giving plan administered by the parish Business Manger.

Online Giving Link: <http://thechurchofstluke.org>  
Click on: Online Giving box on upper right of screen.

For more information please call the parish office at 442-1697

## PLEASE PRAY FOR:

**THE SOUL OF:** Joe Petrone Sr, Bobby Harris, Richard Escarcega

**BAPTISM:** Rebekah & Liam Quintero

**FIRST COMMUNION:** Rebekah Quintero

### WEDDING ANNIVERSARY:

56-years John and Teddie De Laurentis

54-years Phil and Fran Gelber

46-years George and Dianne Heidenreich

45-years John and Kay Krueger

42-years Tom and Ellie Collet Sr.

39-years Sal and Shirley Flor

25-years Andrew and Michele Curl

18-years Marty and Carol Banks

16-years Dale and Kathy Harrington

35-years Richard & Jo Marie Roberts

59-years Harry & Margaret Pfeifer

42-years Wayne & Mary Kay Sieckman

59-years Jim & Vie Liddell

*If you would like to have your Wedding Anniversary placed in the bulletin please call 442-1697*

## READINGS FOR THE WEEK

**Sunday:** Is 35:4-7a; Ps 146:7-10; Jas 2:1-5; Mk 7:31-37

**Monday:** Col 1:24 — 2:3; Ps 62:6-7, 9; Lk 6:6-11, or, for Labor Day, any readings from the Mass "For the Blessing of Human Labor," nos. 907-911

**Tuesday:** Mi 5:1-4a or Rom 8:28-30; Ps 13:6 Mt 1:1-16, 18-23 [18-23]

**Wednesday:** Col 3:1-11; Ps 145:2-3, 10-13ab; Lk 6:20-26

**Thursday:** Col 3:12-17; Ps 150:1b-6; Lk 6:27-38

**Friday:** 1 Tm 1:1-2, 12-14; Ps 16:1b-2a, 5, 7-8, 11; Lk 6:39-42

**Saturday:** 1 Tm 1:15-17; Ps 113:1b-7; Lk 6:43-49

**Sunday:** Is 50:5-9a; Ps 116:1-6, 8-9; Jas 2:14-18; Mk 8:27-35

## THIS WEEK'S MASS INTENTIONS

**Saturday:** 5:00pm Billy Agnello, RIP

**Sunday:** 9:00am Charles Bourke, RIP

11:30am Parishioners of Saint Luke

**Tuesday:** 5:00pm Presiders Intention

**Wednesday:** 7:30am Charles Toy, RIP

**Thursday:** 7:30am Irene Zetts, RIP

**Friday:** 7:30am Paul Priske, RIP

**Saturday:** 5:00pm Lloyd & Ellen Pyle, RIP

**Sunday:** 9:00am Parishioners of Saint Luke  
11:30am Angie Davis, RIP

## SAINTS AND SPECIAL OBSERVANCE

**TODAY:** Twenty-third Sunday in Ordinary Time

**Monday:** Labor Day

**Tuesday:** The Nativity of the Blessed Virgin Mary

**Wednesday:** St. Peter Claver

**Thursday:** Weekday

**Friday:** Weekday; Patriot Day

**Saturday:** The Most Holy Name of Mary; Twenty-Fourth Sunday in Ordinary Time

**Sunday:** Twenty-Fourth Sunday in Ordinary Time



### TODAY'S READINGS

**First Reading** — Say to those whose hearts are frightened: Be strong, fear not! Here is your God (Isaiah 35:4-7a).

**Psalm** — Praise the Lord, my soul! (Psalm 146).

**Second Reading** — Show no partiality as you adhere to the faith in our glorious Lord Jesus Christ (James 2:1-5).

**Gospel** — Jesus makes the deaf hear and the mute speak (Mark 7:31-37).

The English translation of the Psalm Responses from the *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

### FEAR NOT

In these times, there is plenty to be afraid of, if we only look around. It seems that every day the news media have yet more bad news to tell: wars, disease, terrorism, drought, social unrest, and more. Some people have stopped using clock radios to wake up in the morning, preferring a jarring buzzer to the even more jarring morning news. What more do we need before we realize that we are finite creatures, and while there is much we can do to make our world better, ultimately there is a lot that is simply not within our grasp? To this our loving God says, "Be strong, fear not!"

We must do what we can to make our world a better and safer place, but we must also realize our limits and that our ultimate safety is in the hands of God. We can be comforted by the realization that God loves us beyond measure, and will give us every help in our efforts to make our world a loving and safe place for everyone.

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### TREASURES FROM OUR TRADITION

Orthodox Christians have a saying about the reality of sin. They speak of "this holy and sinful Church, which we love." We know all too well the effects of sin on the faith community. From our earliest days, we have seen baptism as a place where the old self dies in Christ, dies to sin, and rises to new life. Our ancestors in faith held that post-baptismal major sin was unthinkable. Yet, as one Baptist minister once explained, "We know that sin is drowned in the water, but it would appear that the devil is a pretty good swimmer."

The origins of the sacrament of penance have to do with a similar insight among bishops in the early church. A critical question for them was whether or not a baptized person who had committed a public sin could be re-established in church life, forgiven, and restored. Forgiven, yes, was an early answer, but restored was another matter. Penance would be a permanent lifestyle for the forgiven; they would live at the margins of the community, clearly visible in distinctive garments, and their access to the table of the Eucharist was restricted. The harsh beginnings of public penance led in time to a true treasure of our tradition: the ability to find our way home through the ministry of others, and a way for all of us sinners to experience the gentle embrace of our forgiving Lord.

—Rev. James Field, Copyright © J. S. Paluch Co.



*You are invited to  
come and pray  
a Rosary for Peace  
at the Church of St. Luke  
Saturday,  
September 12th, 2015  
at 4:00 PM*

**We will pray the Rosary on the  
second Saturday of each month**

### ADVERTISE YOUR BUSINESS in the 2015 Parish Directory



Your advertisement in the  
Parish Directory  
ensures high visibility with 5 years of  
repeat exposure to parishioners.  
Just put your business card in an  
Envelope and enclose a check for \$30,  
made payable to  
The Church of St. Luke,  
reference 2015 Parish Directory.

Place your envelope in the collection basket,  
drop it off at the Church Office,  
or mail it to  
The Church of St. Luke  
1980 Hillsdale Rd., El Cajon, CA 92019  
Thank you for your support !



*Saint Vincent de Paul  
Society of Saint Luke*  
Would like to thank all  
parishioners who made  
donations, signed up for Walk  
for the Poor and expressed  
interest in becoming  
members of the Society.

Please call Pauline Doran for  
more information about  
SVDP.

# Catechesis of the Good Shepherd Parent Night



*You're invited to attend Parent Night for the Catechesis of the Good Shepherd Program*

*When: September 22, 2015  
at 6:00 PM*

*Where: The Large Classroom  
(aka the Level II Atrium)*

*Information will be shared about the Catechesis of the Good Shepherd Program.*

*A demonstration will be given on one of the many presentations the children experience in the atrium.*

*If your child is enrolled in any of the CGS sessions, we encourage you to attend. If you would like more information, please contact Debbie Stenovec  
In the Faith Formation Office.*

*(619) 442-1697  
K-5reled@thechurchofstluke.org*

## Saint Luke Faith Formation Registration

Sign up now for STL'S

2015-2016

Parish Faith Formation Programs

- Regular sessions for Preschool-Grade 3 begin Sept. 13th, 16th, & 17th
- Grades 4-5 -begin Sunday Sept. 13,
- Middle School Grades 6-8 begin Friday, Oct. 3rd
- and High School begins Sunday, Oct. 11th
- You may register through our Parish Website at

[www.thechurchofstluke.org](http://www.thechurchofstluke.org) OR drop by

our Parish Office,

M-F, 9:30am-4:30 pm

For more information call 619-442-1697

# Direct from Chicago!

From the co-author of the hit comedy,  
**Late Nite Catechism**

**Two-night exclusive engagement**



Church of St. Luke  
1980 Hillsdale Rd.  
El Cajon, CA 92019

**Ticket price: \$30** per show

For tickets, call: 619-442-1697 ext. 104, 105 or 106

**SAINT LUKE FAITH FORMATION FUND RAISER**

## Parent Meeting for Children Preparing to Receive Sacraments *Please Join Us!*



*Parents of elementary school aged children who are preparing to receive sacraments either in their 1st or 2nd year of Eucharist and Reconciliation Preparation are strongly encouraged to attend.*

**When:** September 13, 2015

**Time:** Between the Masses — 10:15 am

**Where:** The Church of St. Luke Parish

☞ FROM THE BULLETIN EDITOR ☜

Office Phone: (619) 442-1697 Fax (619) 442-2293

Joanie Maitilasso, Editor

OFFICE HOURS: Monday - Friday: 9:00 am to 5:00 pm

THE DEADLINE FOR BULLETIN ANNOUNCEMENTS IS

MONDAY AT 12 NOON.

secretary@thechurchofstluke.org

☞ CALENDAR OF EVENTS ☜

Month of September

Sat  
5th

Twenty-Third Sunday in Ordinary Time  
3:30pm Reconciliation  
5:00pm Mass

Sun  
6th

Twenty-Third Sunday in Ordinary Time  
8:15am Pro Life Rosary  
9:00am Mass & Children's Liturgy of the Word  
11:30am Mass w/Children's Liturgy of the

Word

Mon  
7th

OFFICE CLOSED  
LABOR DAY

Tue  
8th

9:30am Epic-Church History  
5:00pm Mass  
7:00pm Epic-Church History

Wed  
9th

7:30am Mass  
8:30am Centering Prayer  
7:00pm K of C General Meeting  
7:00pm RCIA Inquiry

Thur  
10th

7:30am Mass

Fri  
11th

7:30am Mass

Sat  
12th

Twenty-Fourth Sunday in Ordinary Time  
9:00am Arise Together in Christ  
3:30pm Reconciliation  
4:00 pm Rosary for Peace  
5:00pm Mass w/50th Wedding Blessing: Juan & Lupe Banuett

Sun  
13th

Twenty-Fourth Sunday in Ordinary Time  
8:15am Pro Life Rosary  
9:00am Mass & Children's Liturgy of the Word  
10:15am Parent Meeting for 1st Communion

Candidates

10:15 am Scripture Club 4-5  
10:30am Catechesis of the Good Shepherd Level I & II  
11:30am Mass w/Children's Liturgy of the Word

Mon  
14th

No Meetings

☞ PARISH DIRECTORY ☜

**Pastor:** Rev. Ron Cochran (619) 442-1697

**Deacon Emeritus:** Dennie Nickell (619) 442-1697

**Deacon:** Jerry Stenovec

**Deacon:** Allan Williams

**Business Manager:** Jim Crockett (619) 442-1697 x110  
busmgr@thechurchofstluke.org

**Secretary:** Joanie Maitilasso (619) 442-1697 x101  
secretary@thechurchofstluke.org

**Bulletin Editor:** Joanie Maitilasso (619) 442-1697 x101  
secretary@thechurchofstluke.org

**Facility Manager:** Robert Stevenson (619)442-1697

**Altar Servers:** Dcn. Alan Williams

**Music:** Colin McColl

**Organist:** Susan Paul

**Lectors:** Julie Carlin

**Eucharistic Ministers:** Linda Jacobson

**Greeters:** Maria Oliver

**Ushers:** George Heidenrieck

**RELIGIOUS EDUCATION**

**Adult Education:** Carol Stone (619) 442-2515 x 104  
Adultreled@thechurchofstluke.org

**RCIA:** Dcn. Jerry Stenovec

**Coordinator of Religious Education PreK-5:**

Debbie Stenovec (619) 442-2515 x 105

K-5reled@thechurchofstluke.org

**Coordinator of Religious Education Middle and High School:**

Jane Alfano (619) 442-2515 x 106

Youthreled@thechurchofstluke.org

**Youth Ministry Coordinator:**

Jane Alfano (619) 442-2515 x 106

Youthreled@thechurchofstluke.org

**MINISTRIES & ORGANIZATIONS**

**Baptism Class:** Call the Parish Office (619)442-1697

**Centering Prayer:** Carole Morales

**Church Cleaning Crew:** Peggy Nelson

**Cub/Boy Scout Religious Emblems:** Shannon Vint

**Eucharistic Adoration:** Cindy Christmas  
& Mike Wasyliv

**Friends of the Poor:** Martha Evans

**Knights of Columbus:** Don Mercurio,G.K.

**Ministry to Sick & Homebound:** Dcn. Jerry Stenovec

**Outreach Ministry:** Ken Stempien (619) 442-1697

**Prayer Chain:** Nancy Adema

**Respect Life:** Don Mercurio

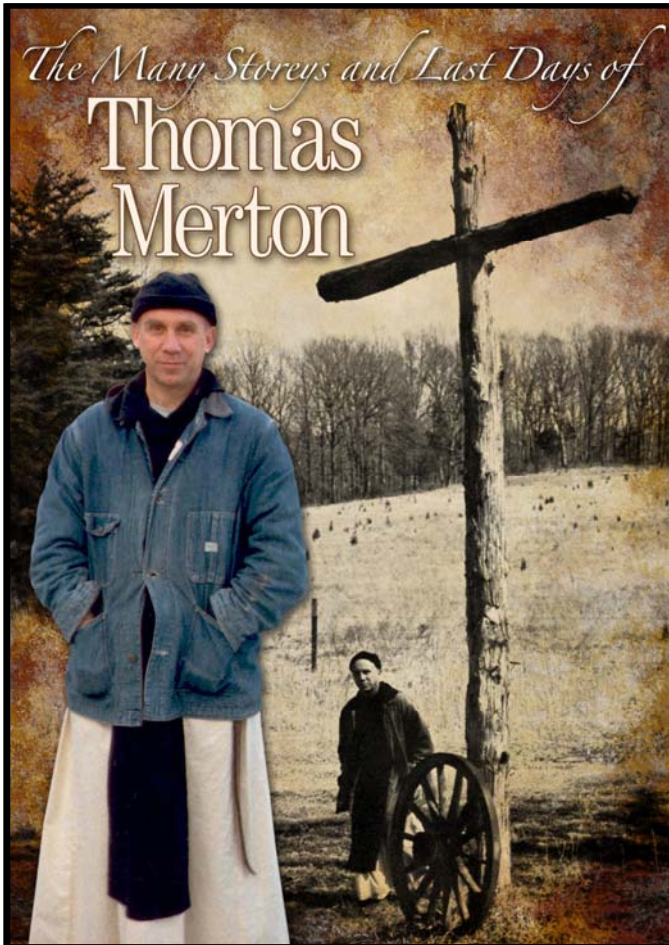
**Scrip:** Kerri Holzer

**Small Church Communities:** Carol Stone (619) 442-2515

**St. Luke Business Network:** Cathy March

**Society of St. Vincent de Paul:** Pauline Doran





## New Documentary Looks at the Last Days of Thomas Merton

September 25th, 2015

7:00pm

At Saint Luke

Thomas Merton, the Trappist monk, “believing beatnik,” and prolific bestselling author, influenced the spiritual journeys of millions of people through books such as *The Seven Storey Mountain*. His legacy continues to grow today, one hundred years after his birth on January 31, 1915.

Filmmaker Morgan Atkinson has released his third Merton-related documentary this year: *The Many Storeys and Last Days of Thomas Merton* weaves an indelible portrait of the monk’s final year, colored by the momentous events of the late 1960s. Merton died accidentally while in Bangkok to speak at a conference.

(DVD’s will be available for purchase)

### Knights of Columbus

**Charity Golf Tournament will be held on Sunday, October 11, 2015  
Cottonwood Golf Course - 1:15pm Shot Gun Start**

We invite you, your relatives and friends to a Fun (Fundraiser) day for Golf, dinner and a charitable time. Net proceeds - all goes the Charity 501(c)3 corporations.

Please plan soon and make your reservations as soon as possible.

(Name, phone # and indicate, player, dinner or sponsor)

Players \$100.00 includes golf, range balls, and buffet dinner.

Tee Box sponsors \$100.00 per sign.

Dinner \$25.00 or \$32.00 at the door.

Checks payable to KofC 10512 and mail to Charity Golf, 1980 Hillsdale Rd.,  
El Cajon, CA 92019-4117

Questions - call John Clark

“oh yes” - Chargers play Monday Night 10-12-15

Names (please print):

Player \_\_\_\_\_ (attending dinner Yes:\_\_\_\_ No:\_\_\_\_)

Guest dinner name:\_\_\_\_\_

Tee Box Sponsor: \_\_\_\_\_

Appreciated Donations: Name: \_\_\_\_\_ and \$Amount: \_\_\_\_\_

*Also appreciated would be any denomination of Gift Cards purchased from the parish. Or any item appropriate as a Raffle item.*

*“Special” for the person that Signs up the Most - Paid Golf Players by Sept. 27<sup>th</sup> will receive One Month of Unlimited Golf w/cart at Cottonwood. (must be more than a foursome)*

# RALPHS GROCERY SHOPPERS

Please take a few minutes to renew your commitment.  
Your time can mean hundreds of dollars for the Church of St. Luke.

\* \* \* \* \*

## IF YOU HAVE NEVER REGISTERED YOUR REWARDS CARD ONLINE

**NOTE: Ralphs has a secured website, these procedures will apply to everyone who has not entered their email address and assigned a password.**

1. Log in to [www.ralphs.com](http://www.ralphs.com)
2. Click on 'Create an Account'
3. Follow the 5 easy steps to create an online account
4. You will be instructed to go to your email inbox to confirm your account
5. After you confirm your online account by clicking on the link in your email, return to [www.ralphs.com](http://www.ralphs.com) and click on 'my account' (you may have to sign in again first).
6. View your information & edit as needed
7. Link your card to our organization by clicking on 'edit my community contribution' 8. Follow the instructions

\* \* \* \* \*

## IF YOU HAVE ALREADY REGISTERED YOUR REWARDS CARD ON-LINE

**(This means that you have already entered your email address and assigned yourself a password)**

1. Log in to [www.ralphs.com](http://www.ralphs.com)
2. Click Sign In
3. Enter your email address and password
4. Click on 'My Account' (In the top right hand corner)
5. View all your information and edit as necessary
6. Click on "Community Rewards".
7. Link your card to your organization by clicking on 'edit community contribution program info' and following the instructions. Find **Church of St. Luke** or **83930**

\* \* \* \* \*

*Question:* What if I or my family members don't have access to a computer or an email address, how do I donate to my favorite organization?

**Answer:** *There is an alternate registration method, a scanbar letter.*



10000083930

**Take this copy to the store the next time you shop and scan it within your order along with your rewards card or phone number and you will be linked with your organization for the duration of the current term.**

*Question:* What if I don't know what my card number is because I use my phone number?

**Answer:** *Just call our Ralphs rewards card hotline at 1-800-660-9003. Let the representative know that you need ALL digits to your card in order to register for the Community Contributions program.*

**HAVE QUESTIONS NOT ANSWERED HERE?**

**Please contact Ralphs at 1-800-443-4438 Monday – Friday, 8am – 4pm**



Catherine of Genoa



Catherine of Sienna



Hildegard of Bingen



Julian of Norwich

## Women Mystics through the Ages

Lives of women mystics,  
including Catherine of Sienna,  
Catherine of Genoa, Hildegard of Bingen,  
and Julian of Norwich.

*Instructor: Richael Smith, M.A.*

Tuesdays, September 29 - November 3, 2015

6:30 p.m. - 9:00 p.m.

St. Luke, El Cajon

For more information or to RSVP  
call Carol Stone at 619-442-1697, ext. 104  
[adultreled@thechurchofstluke.org](mailto:adultreled@thechurchofstluke.org)

## OUTREACH MINISTRY NEWS for May, 2015

### Donations (SENT):

\$200.00	Noah Homes
\$100.00	Holy Trinity Food Pantry
\$50.00	Friends of the Poor
\$50.00	Nativity Prep Academy
\$100.00	East County Pregnancy Care Clinic (\$50.00 makeup for missed Mar. donation)
<u>\$135.11</u>	Feeding America
<b>\$635.11</b>	<b>TOTAL</b>

### Donations (RECEIVED):

\$105.00	Online Giving
<b>\$105.00</b>	<b>TOTAL</b>

(Thank you for your support.)

### Thank You Letters/Notes (RECEIVED):

None

### St. Luke Assistance Programs:

Feeding America delivered 1,482lbs. of food to  
Bostonia Elementary School.

Society of St. Vincent de Paul-Santa Sophia Conference 2<sup>nd</sup> Annual  
National Friends of the Poor ® Walk/Run Event come join us on

# Saturday September 26, 2015

## Take the fight against poverty to the streets!

Santa Sophia Parish Grounds  
9800 San Juan St.  
Spring Valley, CA. 91977

- 8:30 AM: Check-in /Late registration
  - 9:30 AM: Short Prayer with introductions
  - 10:00 AM: Walk a mile (at Santa Sophia)
  - 11:00 AM: BRUNCH for registered walkers
- Only one mile walk around church campus  
Registration required (no cost)  
T-Shirts for those who register early at:

[www.svdpusa.net/walk/1322](http://www.svdpusa.net/walk/1322)

For more info contact: Carolina at [perrycarolina@yahoo.com](mailto:perrycarolina@yahoo.com) or Gennette at 619.957.9056

## *Volunteers Needed*



**Several Volunteers are needed  
to help launder  
the Altar Linens.  
If you can help  
please call  
Carol Claybrook**

## **Ministry to the Sick and Homebound**



If you or a family member cannot come to Sunday Mass, a Minister of the Eucharist is available to bring Eucharist to you in your home, hospital or convalescent home. Just call the Church Office and your name will be forwarded to the ministry. One of our Ministers will call to set up a convenient time for a visit. 619-442-1697

*Jesus said:*

*"I myself am the living bread come down from heaven. If anyone eats of this bread he shall live forever." Jn 6:51*

## *Altar Flower Intentions*



**Donate a Altar Flower  
Arrangement  
in celebration of or  
in remembrance  
of a loved one.**

*To schedule a donation, call the church office at least two weeks in advance of your chosen Sunday. Intentions will be posted in the bulletin. The cost of an arrangement is \$116.00. For more information call the office at 442-1697.*

**Do you know anyone who might be interested in finding out more about the Catholic faith???**

**Then tell them about...**



*The Rite of Christian Initiation for Adults (RCIA)  
We will begin a 12-week Inquiry session  
for adults who are interested  
In finding out more about the  
Catholic faith on*

*Wednesday, July 15th, 2015  
from 7:00 pm to 9:00 pm  
in the Youth Room.*

This process is *also* open to individuals who were baptized in the Catholic faith but never received the sacraments of Eucharist and Confirmation.

For more information, call the parish office at (619) 442-1697 or call Carol Stone at 619-442-1697 or contact her email at: [adultreled@thechurchofstluke.org](mailto:adultreled@thechurchofstluke.org)