



Church of the

SACRED HEART

A Faith Community in the Roman Catholic Tradition Since 1905

PARISH CENTER & MAILING ADDRESS

200 RANDOLPH AVENUE, SOUTH PLAINFIELD, NJ 07080

PHONE: 908-756-0633 FAX: 908-757-5655

ONLINE: <http://www.churchofthesacredheart.net>

The Parish Center is open Monday through Thursday from 8AM - 4PM, Friday from 8AM - 2PM. Please schedule other times by appointment.

SACRED HEART CHURCH IS LOCATED AT 149 SOUTH PLAINFIELD AVENUE

PARISH STAFF

908-756-0633

PASTOR x125

REV. JOHN P. ALVARADO

IN RESIDENCE x126

REV. JAMES E. DE FILLIPPS

DEACONS

D. GREGORY CARUSO x145

D. WAYNE OTLOWSKI x141

DIRECTOR SACRED MUSIC x139

DANIEL MAHONEY

RELIGIOUS EDUCATION x143

LOUISE TIMKO

BUSINESS ADMINISTRATOR x140

PAUL A. LORANCE

PARISH FINANCES x114

JIM BUFIS

OFFICE ADMINISTRATOR x110

LISA THOMPSON

PARISH LIFE COORDINATOR x142

RALPH A. QUAGLIA

STAFF ASSISTANT x118

SR. NADINE BOYLE, RSM

SACRISTAN

MARIE DOLINSKI

HOLY REDEEMER CEMETERY

LYNDA YELENOVSKY

908-822-5892

We welcome all to join us for worship and invite you to become an active member of our parish family.

Sacred Heart Church is open every day as a quiet refuge for prayer and reflection from 6:00AM until 4:30PM.

■ MASS SCHEDULE

Weekend: 5:00PM – Saturday Vigil; Sunday – 9:00AM, 11:30AM

Daily: 9:00AM – Tuesday, Wednesday, Thursday, Friday, Saturday
7:00PM – Monday

Holy Day: 6:30AM, 9:00AM, 7:00PM

■ EUCHARISTIC ADORATION

Monday: 6:00-7:00 PM

■ MIRACULOUS MEDAL NOVENA

Monday: 6:45PM with Benediction and **Saturday:** following 9:00AM Mass

■ BAPTISM

The sacrament is celebrated on the second and fourth Sundays of every month at 1:00PM with the exception of the Season of Lent.

■ RECONCILIATION

Saturday: 10:00 - 11:30AM *and* at other times by appointment.

■ MARRIAGE

In conjunction with the policy of Marriage Preparation set forth by the bishops of New Jersey, couples should begin the process one year in advance of the planned date of marriage. Arrangements should be made with the Church before any other plans are set. All details and information will be gladly provided upon calling the Parish Office.

■ MISSION STATEMENT

The Roman Catholic Church of the Sacred Heart, South Plainfield, NJ was established in 1905. We are a diverse community striving to foster spiritual growth and Catholic identity through liturgy, sacraments, service, education and our shared faith in God. We are committed to being an instrument of love, healing and hope by ministering to the needs of our parishioners & the larger community, while celebrating the Christ present in each of us.



MASSSES

SATURDAY, MARCH 25

5:00 PM MARY & CHARLES McKNIGHT, Req. by Gary & GERALYN McKnight

SUNDAY, MARCH 26

9:00 AM MICHAEL MEDWIG, Req. by Marion Valeri
11:30 AM PEOPLE OF THE PARISH

MONDAY, MARCH 27

6:00 PM Eucharistic Adoration, Rosary
6:45 PM Miraculous Medal Novena, Benediction
7:00 PM MARION MASON, Req. by Children, PATRICIA KOUTSAFTES, Req. by the LORANCE Family, MARY TIMKO, Req. by Donald & Donna Pietruszki, DOMENICO FAZZOLARI, Req. by Fortuna Notino, MARY TIMKO, Req. by the Nappe Family

TUESDAY, MARCH 28

9:00 AM MARGARET MIZINKO, Req. by Dan Hogan

WEDNESDAY, MARCH 29

9:00 AM ADRIANA RADOSSI, Req. by the DeSantis Family

THURSDAY, MARCH 30

9:00 AM EDWARD PUDIMOTT, Req. by the Hennelly Family



FRIDAY, MARCH 31

9:00 AM MARIE MERKEL, Req. by the Towey Family
7:00 PM **Stations of the Cross**

SATURDAY, APRIL 1

9:00 AM MATTHEW FORSTHOFFER, Req. by Family
10:00 AM LENTEN PENANCE SERVICE
5:00 PM PEOPLE OF THE PARISH

SUNDAY, APRIL 2

FIFTH SUNDAY OF LENT

9:00 AM ANTHONY & ELEANOR STRANO, Req. by Niece Lynda
11:30 AM LUIGI FRAGASSI, Req. by Wife & Family



"I sent you to reap what you have not worked for, others have done the work, and you are sharing the fruits of their work."



STATIONS OF THE CROSS

Fridays in Lent

7:00PM – IN CHURCH



WEEKLY SCRIPTURE PASSAGE

March 26 - APRIL 2

3/26 - 1 Sm 16: 1b, 6-7, 10-13a/Eph 5: 8-14/Jn 9: 1-41
3/27 - Is 65: 17-21/Jn 4: 43-54
3/28 - Ez 47: 1-9, 12/Jn 5: 1-16
3/29 - Is 49: 8-15/Jn 5: 17-30
3/30 - Ex 32: 7-14/Jn 5: 31-47
3/31 - Wis 2: 1a, 12-22/Jn 7: 1-2, 10, 25-30
4/1 - Jer 11: 18-20/Jn 7: 40-53
4/2 - Ez 37: 12-14/Rom 8: 8-11/Jn 11: 1-45



► The daily Scripture references are printed here. If you find it helpful and have internet access, you can find the complete **DAILY SCRIPTURE READINGS** at <http://www.usccb.org/nab/>.

WE OFFER OUR PRAYER

FOR THOSE WHO ARE SICK, especially: Pauline Gillick, Dot Rotola, Michael Durning, Danielle Pepin, Prudence Capparelli, Anne Nagy, Eileen Walker, Daniel Hedden, Robert Larsen Jr., Brody Kasnowski, Georgie Martinkovic, Joan Sacko, Kevin Jones, Raul Rodriguez, Alyssa Ricciardi, Margaret Nichuck, Tina Bernauer, Thomas Buttery, Cathy Gary, Cheryl O'Brien, Hank Loeffler, Thomas Heim, Peter Romano, Patricia Lacasale, Margaret Smith, William Blair, Albertina Aguilar, Ed Curtin, Arthur Tinana, Ann Marie Lauten, Elizabeth Vargo, Edward Owsik, Barbara Calderoney, Roland Parker, Viola Pratt, Celeste Ginder, Neil Towey, George Castagno, Rev. Charles Mingle, Nancy Stillman-Pender.

FOR THOSE IN HOSPITALS & NURSING HOMES, especially: Bert Gartland, Lorraine Kick, Chuck Pender, Wilma Zielinski, Bill Keenan.

FOR THOSE WHO HAVE DIED, especially: the Faithful Departed of Sacred Heart Parish & their families who mourn their loss.

VIRGIN MARY CANDLE

burns for healing prayers

STEFANIA LEONARDIS

Requested by Grace Bertucci

SACRED HEART CANDLE

burns in memory of

MATT CONKLIN

Requested by Eleanore Disch & Family

SANCTUARY CANDLE

burns in memory of

BARBARA DORRLER

Requested by Marie McDermott



ALTAR SERVER SCHEDULE: APR 1-2

5:00 PM - J. Gaffney, T. Figueiredo, S. Sequeira
9:00 AM - L. Flannery, F. Flannery, D. Faustini
11:30 AM - A. Walker, J. Chavez, Z. Policarpio



We welcome everyone, especially those who are visiting and may be new to Sacred Heart Parish.

GOD'S PLAN FOR GIVING

We are a tithing parish & give thanks for God's gifts.

TITHING OR DONATION: CHURCH SUPPORT

Whether you are tithing or donating, however you choose to monetarily support the Church, we need your contributions. Thank you for your financial assistance.

Week Ending March 19, 2017

	2017	2016
Envelopes:	\$ 8,973.00	\$ 12,506.00
Loose:	\$ 1,424.00	\$ 2,297.00
On-line Giving:	\$ 2,327.00	\$ 2,259.00
Totals:	\$ 12,724.00	\$ 17,062.00

► Major Repairs & Renovations to Date — \$115,992

SCRIPTURE: My God will fully supply whatever you need, in accord with his glorious riches in Christ Jesus.
— *Philippians 4:19*

PARISHIONER COMMENT: "I always mentioned that I worked many hours for my salary and I was defensive how much I gave to Church collections. Then someone asked me how I was able to do this. That question remained until I became ill and realized that without God's help, I could not do anything. I thank God through tithing."
-Parishioner, Holy Trinity, Whitestone, NY

*"Not as man sees does God see, because man sees the appearance but the Lord looks into the heart."
- 1Samuel 16:7*

How often do we invest our time, talent and treasure in creating an appearance that does not matter at all to God? We strive to impress with our clothing, home, career, possessions, car and other marks of distinction. But none of these illusions of greatness will impress God. Instead, He will look into our hearts to see how much we loved Him, how much we loved others and how we showed that love by the way we used our time, talents and treasure here on earth.



2017 BISHOP'S ANNUAL APPEAL

Ambassadors for Christ

Thank you to all who have given so generously to the 2017 Bishop's Annual Appeal. If you have not made a pledge, there is still time to participate. Mail your gift to: Diocese of Metuchen, Bishop's Annual Appeal, PO Box 4000, Metuchen, NJ 08840-4000 or give online at www.diometuchen.org/BAA.

PLEGDED TO DATE: \$58,749 - GOAL: \$89,000

RICE BOWL - Lenten Rice Bowls are available in the entrances of the church. Please take one for your Lenten sacrifice. The due date for the return of your rice bowl is noted on the box.



THE CHURCH OF THE SACRED HEART WELCOMES ALL NEWCOMERS

to the parish. Please contact our parish secretary, Lisa at the Parish Office at 908-756-0633 x110 for registration information.

► If you are moving, please notify Lisa at the Parish Office so we can keep our parishioner records current. *Thank you*

DO YOU USE THE PARISH WEBSITE?

See <http://www.ChurchoftheSacredHeart.net>

VISIT THE DIOCESAN WEBSITE AT
www.diometuchen.org

► And don't forget to "like" us on **FACEBOOK**

The Church of the Sacred Heart, and to "follow" us on **TWITTER & INSTAGRAM**



PARISH UPDATES: If you are now solely using a cell phone, have changed your phone number or address, please call Lisa at 908-756-0633 x110, so we can update your records. We would also like to update our parish data base with e-mail addresses. Email us at admin@churchofthesacredheart.net to have your email address included or to update an email address. Thank you!

► If you are moving, please notify Lisa at the Parish Office so we can keep our parishioner records current. *Thank you!*

PARISH MEMBERSHIP: Any new family who has moved into the parish area and adult children 18 years of age and older, **are invited to register as a parishioner.** The definition of an active parishioner is: *One registered, attending Mass weekly and contributing to the support to the church.* **There is a (3) month minimum registration requirement before registering for a baptism or requesting letters of eligibility/sponsorship.**

How much of your personal finances do you already do online? **SACRED HEART CHURCH OFFERS ONLINE GIVING** for parishioners who prefer to donate through automatic draft. Online Giving is a secure and personalized way to give to the parish.

In the convenience of your home you choose how much to give, how often to give, and what form of payment you wish to use.



Online Giving can stand on its own as a means of donation or can be used in conjunction with your offering envelopes. Sign up for Online Giving at our parish website: <http://www.churchofthesacredheart.net>

Have your weekly offering automatically debited from your checking account or credit card. If you have reward credit you can be earning points or cash back.



WE PRAY FOR ALL SERVING IN THE MILITARY

Especially for our parishioners



Army Captain Cheryl Hoh, Pharm D

Spc. Erik Sienkiewicz - US Army / Iraq

Psc. Amanda Marie Morales - US Navy

Marine Corp. Troy A. Benson/ Japan



Pvt. Alterreek Booker - US Army/KY

Sgt. Zackeriah Romasz - US Marine Corp.

Spc. Bryan Gutschall - US Army/Afghanistan

Spc. Nick Okoszko/US Army/No. Carolina



LCdr. Edward Quaranta/ US Reserves

Lt. Col. Dirk H. Smith/US Army, Washington, DC

LCpl. Quinn Cochrane/US Marines, No. Carolina

Pvt. Edward C. Forsthoffer/US Army

May we work for Justice as we pray for Peace.

Visit our diocesan website at diometuchen.org,
click [Offices & Ministries](#),
then click [Military and Veteran Families](#) and see

THE APOSTOLATE FOR MILITARY & VETERAN FAMILIES



Respect for Life

"Nobody is a nobody; nobody is unwanted. All are wanted by God, and therefore to be respected, protected, and cherished by us," wrote Rev. Richard John Neuhaus. Is this not the message of Christ's dying and rising, - not just for certain people but for all?

SACRED HEART SOCIAL CONCERNS

Easter Baskets

Can you believe it, Easter is just around the corner?

Sacred Heart Social Concerns has begun working on their Easter Baskets for those in need in our Parish Community.

Presently we assist approximately 25-31 families per month. **We are in need of fresh or canned hams, glaze, potatoes (boxed or canned), desserts, coffee, canned fruit, and biscuits.**



Hams may be dropped off at the Parish Center during business hours. All other non-perishable food can be placed in the bins at all the doors of the Church. Your generosity has enabled us to continue providing assistance to those in need and we are grateful for your ongoing support.

If you know of families requiring our assistance, please have them call 908-756-0633 x112, Monday, Wednesday, and Friday between 9:00AM-11:00AM.

Thank you again and may God bless you for your continued support to those in need from our parish.

Email:

socialconcerns@churchofthesacredheart.net

PARISH LENTEN PENANCE SERVICE

SATURDAY, APRIL 1, 10:00AM

Be Reconciled to God, the God of Peace & Justice



PARISH BOOK CLUB - Join our parish book club!

Tuesdays throughout Lent at 1:00-2:00PM in the Annex (no stairs!) and 7:30-8:30PM in the Parish Center. The 1:00 PM meeting will have a light lunch of soup and bread. Please RSVP to Louise Timko at 908-756-0633 ext.143. We will discuss "Resisting Happiness" by Matthew Kelly, which was distributed parish-wide at Christmas.

ARCHIVE FINDING AID: The parish archives can be accessed via the parish website. Instructions for using the Finding Aid are included.

The Sacred Heart Rosary Altar Society invites you to pray the Rosary with them on the first Sunday of each month one half hour before all Masses.



Back by popular demand!

ANNUAL LENTEN FRIDAY

FISH DINNER

Holy Savior Academy Cafeteria

5:00-7:00 PM



The South Plainfield Knights of Columbus Council #6203 is sponsoring our famous Sacred Heart Lenten Friday Fish Dinners on **March 31, & April 7**, in the HSA cafeteria from 5:00 -7:00 PM followed by *The Stations of the Cross* at 7:00 PM in the Church.

THE MENU features: Fillet of fish (fried, broiled, parmigiana), a pasta dish or pizza, garden salad, rice pilaf, French fries, mac & cheese, cole slaw, coffee, tea, or a cold drink, plus dessert! **TAKE OUT ORDERS ARE ALSO AVAILABLE!** Admission \$10/adults, \$9/Seniors, \$5/children, pay at the door.

THE SACRED HEART TRAVELERS —

Venture into the Heart and Spirit of America's Great West -- Journey with Rev. John P. Alvarado to

CANYON COUNTRY featuring Arizona & Utah, October 19-27, 2017. Experience the majestic beauty of God's Creation, the tribal lands, national parks, early Catholic missions, cities and towns of the old & new West ...

history, culture, nature, church, and food that all make for a great trip that concludes with a 2-day stay in Las Vegas. There are no international flights necessary for this trip. Book now and save. For full details, itinerary, pricing and registration, visit our parish website: ChurchoftheSacredHeart.net and click on the Travel Link. ▶▶▶ **Join us for an Information Session Thursday, April 6 at 6:30PM in the parish Annex.**



RELIGIOUS EDUCATION

Louise Timko, Director
908-756-0633 x143



For more information please visit our web page
www.churchofthesacredheart.net
or send us an email:

religiouseducation@churchofthesacredheart.net

Everyone hears the Sunday Scripture readings proclaimed, but do we take time to think about their meaning in our lives?

► QUESTION OF THE WEEK – March 26

When did someone bring healing into your life? How did you feel? How can you become more open to God's healing now?

RELIGIOUS EDUCATION - SAVE THE DATE

Summer Session 2017 will be held **July 10-21**, Monday thru Friday, 8:30AM to Noon. Registration for Summer Session has begun. Details and the registration form are on the parish website.

OPEN HOUSE - Bishop George Ahr HS, One Tingley Lane, Edison. Tuesday, April 4, at 7:00PM. For more information call 732-549-1108 x620 or visit bhahs.org.



Holy Savior Academy

THE MIDDLEBROOK DEANERY CATHOLIC SCHOOL

Where academic excellence & Christ's presence come together

149 SOUTH PLAINFIELD AVENUE, P.O. BOX 1179
SOUTH PLAINFIELD, NJ 07080

908-822-5890 — HOLYSAVIORACADEMY.COM

MRS. CAROL WOODBURN, PRINCIPAL

Holy Savior Academy is still accepting enrollment applications enrollment for the 2017-2018 school year.

Call now and schedule a tour!

CATHOLIC SCHOOL 2017-2018 TUITION ASSISTANCE

Families interested in applying for tuition assistance to attend an eligible Diocese of Metuchen Catholic elementary or high school may do so beginning January 30, 2017. The application process is online through FACTS Grant & Aid Assessment. Online applications must be completed (including supporting documentation) by **no later than Friday, March 31, 2017**. Applications are available in English and Spanish. Families that need assistance completing the online application, or need access to the technology to apply, may register for one of the five Application Workshops, which will be held in four locations within the Diocese in February and March by going to the Workshops Link at www.diometuchen.org/tuition-assistance

HOLY REDEEMER CEMETERY



Serving the funeral and burial needs of our Catholic Community with respect & dignity since 1919.

OWNED & OPERATED BY THE CHURCH OF THE SACRED HEART

1734 CLINTON AVENUE, SOUTH PLAINFIELD, NJ 07080

908-822-5892

Website: www.holyredeemercemetery.net
Email: shcemetery@comcast.net

Graves, Mausoleum Crypts & Cremation Niches

Inquire about brass military insignia and photoceramic features.

LYNDA YELENOVSKY, BUSINESS ADMINISTRATOR

◆ CEMETERY HOURS ◆

8:00AM - 4:30PM (SEPT 16 - APRIL 14)

8:00AM - 7:00PM (APRIL 15 - SEPT 15)

RCIA - Rite of Christian Initiation of Adults



Would you or someone you know like to complete your Sacraments of Initiation: Baptism, Eucharist, and/or Confirmation? We attend 9:00AM Sunday Mass and meet for a session afterward. Please contact Louise Timko 908-756-0633 x143 or via email: ltimko@churchofthesacredheart.net.

BAPTISM/SPONSORSHIP CLASS - Parents and godparents are required to attend one session before the child's baptism date can be confirmed. Sessions are held on **the 1st Tuesday of every month at 7:00PM** in the Parish Center - 3rd floor. (Adults only - please, no infants or children.) Registration is required. Contact Sr. Nadine 908-756-0633 x118 to register for the class or with any questions.

IN GOD'S IMAGE: CATHOLIC FAITH SHARING FOR LGBT PERSONS & THEIR FAMILIES - *In God's Image*, the Gay and Lesbian Faith Sharing Group at Sacred Heart Church, meets the 2nd Wednesday of every month at 7:00PM in the Parish Annex (behind the school). **Our next gathering will be on April 12.** For information call 908-822-5895, OR contact Fr. John at 908-756-0633 x125 OR email: sacredheartigi@gmail.com. And look for the IGI icon on the parish website. All are invited to view and share the video presentation at OwningOurFaith.com.

thank you

to the power angels who helped move the snow in the parking lot. You were a "God send."



THIS IS OUR FAITH

LENTEN BOOK

"Resisting Happiness"

PART 4

Chapter 18-Tuesday Night: "Go to mass twice this week, once on Sunday and on one other day during the week." **For Matthew Kelly it was in this intimate setting of daily mass that he really started to understand and love the Mass.**

Chapter 20-Learning to Listen: Every relationship improves when we really start to listen, especially our relationship with GodThe same applies to the Mass and God speaking to us. ...**Action Step: Make a conscious effort to listen to God and people in your life.....** A good way to change this is to bring a pen and paper to Mass, **write down the ideas that jump out at you (from readings, music, homily) and then pray asking God how you can live the idea(s) in the coming week."**

Chapter 21-The Power of Habits: "Habits can shape our destiny... Resistance loves the bad habits in our lives. They have power over us.....Positive habits of mind body and soul require great intentionality and persistence....**Action Step: Identify your three best habits; and 3 habits you have to change."**

Chapter 23- Attempted Murder: Kelly says "in order to consistently overcome resistance we need to give truth a place of honor in our lives and there is a direct relationship between truth and happiness. Truth leads to happiness. Lies bring misery.... our culture is trying to murder truth. It will fail. But sadly, millions of people are suffering every day from the confusion that this assault on truth is creating. **Action Step: "Give truth the place of honor in your heart, mind, and soul by telling the truth. Next time you catch yourself about to tell a lie, pause and ask yourself why you were lying."**

Chapter 24-Hunger: "It's difficult to figure out what we hunger for. Ultimately it is a yearning for God, but it's difficult to see that....Hunger can lead us to unhealthy relationships for example food, sex, pornography etc. ...**What's your thing? Whatever it is, name it, right now. Just naming resistance causes it to lose much of its power over us. Simply naming what we are struggling with helps us to start down a healthier road."**

Chapters 25 and 26-Delayed Gratification: "We all have cycles of thought and behavior that need to be broken.... We have all tried to break the cycles over and over again, and failed over and over again....**Any type of inner slavery limits our ability to love ourselves, to love God, and to love others. Action Step: Pray and fast** asking God to liberate you from that area of slavery in your life....**The ability to delay gratification is intimately linked with success.** Self-denial is essential to spiritual growth. **In order to become our best self we must deny our lesser self. We deny our false self, to find our true self"** "Saint Augustine wrote, 'conquer yourself and the world lies at your feet.' "

(Source Matthew Kelly's book, Resisting Happiness)

Thoughts on Prayer from Dynamic Catholic-The Prayer Process: 1. Gratitude, 2. Awareness, 3. Significant Moments: Identify something you experienced in the last 24 hours and explore what God might be trying to say to you through that event (or person).

PAPAL QUOTE AND CATHOLIC SOCIAL TEACHING

THEME 6: Care for God's Creation: We show our respect for the Creator by our *stewardship of creation*. Care for the earth is not just an Earth Day slogan, it is a requirement of our faith. We are called to protect people and the planet, living our faith in relationship with all of God's creation. This environmental challenge has fundamental moral and ethical dimensions that cannot be ignored.

"Warming has effects on the carbon cycle. It creates a vicious circle which aggravates the situation even more, affecting the availability of essential resources like drinking water, energy and agricultural production in warmer regions, and leading to the extinction of part of the planet's biodiversity. The melting in the polar ice caps and in high altitude plains can lead to the dangerous release of methane gas, while the decomposition of frozen organic material can further increase the emission of carbon dioxide. Things are made worse by the loss of tropical forests which would otherwise help to mitigate climate change. Carbon dioxide pollution increases the acidification of the oceans and compromises the marine food chain. If present trends continue, this century may well witness extraordinary climate change and an unprecedented destruction of ecosystems, with serious consequences for all of us. A rise in the sea level, for example, can create extremely serious situations, if we consider that a quarter of the world's population lives on the coast or nearby, and that the majority of our megacities are situated in coastal areas." #24, ENCYCLICAL LETTER, *Laudato Si, On Care For Our Common Home*, Pope Francis I, May 24, 2015.

— Ambassadors for Christ —

THE 2017 BISHOP'S ANNUAL APPEAL

supports many ministries serving our diocesan family.

WAYS TO SHARE OUR GIFTS

► Pledging

Choosing to pledge with your desired payment schedule over time may allow you to be more generous. Monthly reminders will be sent.

► Gift by Check

Whether your gift is a one-time paid in full gift or an installment of a pledged gift, please make your check payable to Diocese of Metuchen- Bishop's Annual Appeal.

► Gift by Credit Card

Complete your gift and credit card information on your pledge card or visit our secure online giving site at <http://diometuchen.org/BAA>.

► Matching Your Gift

Corporate matching gifts are a great way to maximize your personal contribution. To use our Company Match Finder to see if your company has such a program and if it will match your gift to the Bishop's Annual Appeal or one of the entities of the Diocese of Metuchen, go to: www.matchinggifts.com/diometuchen. Or, to download a copy of our Matching Gift Brochure, go to www.matchinggifts.com/diometuchen. If you need assistance call 732-562-2436 or email matching.gifts@diornettichem.org.

► Gift of Appreciated Stock or Securities

Federal tax laws allow a charitable deduction for the full market value of stock or securities on the date they are gifted. For information on making such a gift, please contact the Office of Stewardship & Development at 732-562-2432.



DURING CONFESSION

After examining your conscience and telling God of your sorrow, go into the confessional. You may kneel at the screen or sit to talk face-to-face with the priest.

Begin your confession with the sign of the cross, **"In the name of the Father, and of the Son, and of the Holy Spirit. My last confession was _____ weeks (months, years) ago."**

The priest may read a passage from holy Scripture.

Say the sins that you remember. Start with the one(s) that is most difficult to say. (In order to make a good confession the faithful must confess all mortal sins, according to kind and number.) After confessing all the sins you remember since your last good confession, you may conclude by saying, **"I am sorry for these and all the sins of my past life."**

Listen to the words of the priest. He will assign you some penance. Doing the penance will diminish the temporal punishment due to sins already forgiven.

When invited, express some prayer of sorrow or Act of Contrition such as:

An Act of Contrition

O my God, I am heartily sorry for having offended you and I detest all my sins, because I dread the loss of heaven and the pains of hell. But most of all because I have offended you, my God, who are all good and deserving of all my love. I firmly resolve with the help of your grace, to confess my sins, to do penance and to amend my life. Amen.

AT THE END OF CONFESSION

Listen to the words of absolution, the sacramental forgiveness of the Church through the priest.

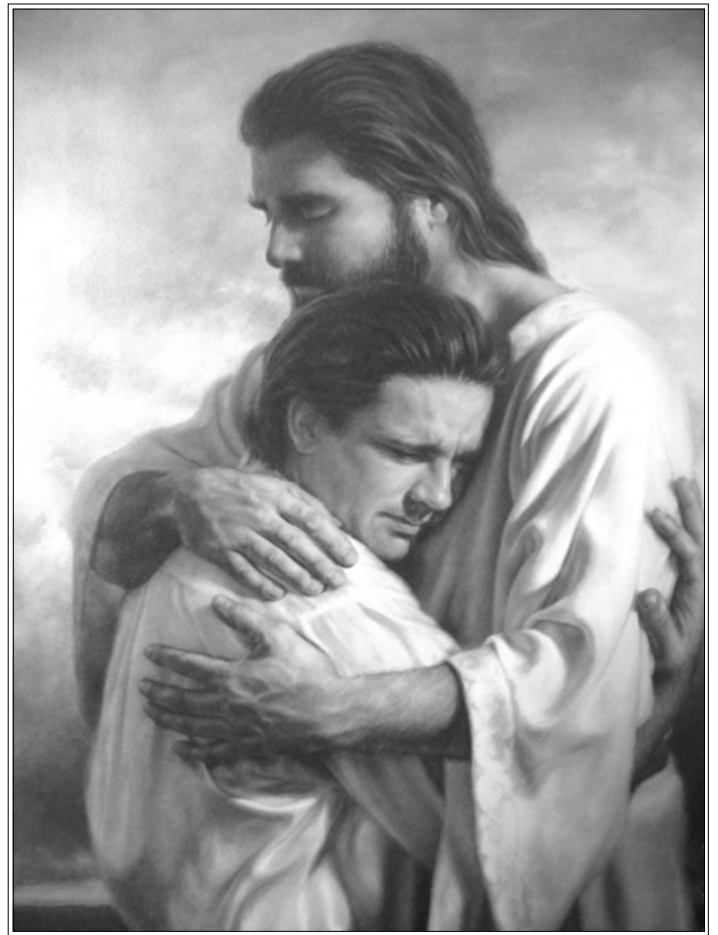
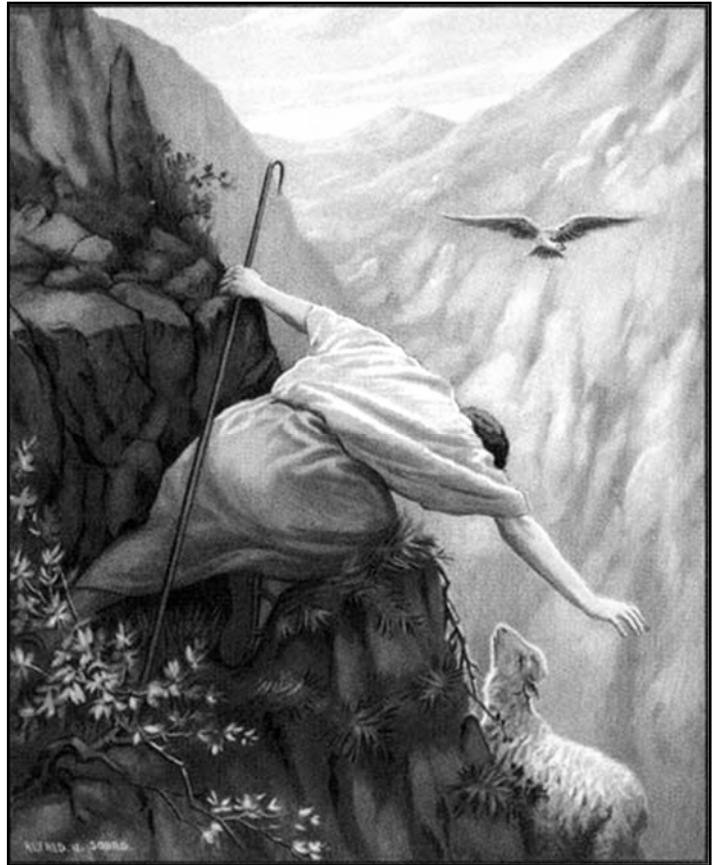
As you listen to the words of forgiveness you may make the sign of the cross with the priest. If he closes by saying, "Give thanks to the Lord for He is good," answer, "For His mercy endures forever."

AFTER CONFESSION

Give thanks to God for forgiving you again. If you recall some serious sin you forgot to tell, rest assured that it has been forgiven with the others, but be sure to confess it in your next Confession.

Do your assigned Penance.

Resolve to return to the Sacrament of Reconciliation often. We Catholics are fortunate to have the Sacrament of Reconciliation. It is the ordinary way for us to have our sins forgiven. This sacrament is a powerful help to get rid of our weaknesses, grow in holiness, and lead a balanced and virtuous life.



YOUR FAILURES DO NOT DEFINE YOU!

THE SACRAMENT OF RECONCILIATION

Examination of Conscience

I AM THE LORD YOUR GOD, YOU SHALL HAVE NO OTHER GODS

- ◆ Do I make a god out of my work, my possessions, my impulses and desires or my own image in the eyes of others, so that these rule my life instead of God?
- ◆ Do I try to grow in knowledge of God by daily prayer, Scripture reading, and honest study of the Church's teachings?
- ◆ Have I ever dabbled in the occult or given credence to horoscopes, Ouija boards, channeling, tarot cards, superstition or fortune telling?
- ◆ Do I easily give up on God's grace and willingness to help me in times of distress?

YOU SHALL NOT TAKE THE NAME OF YOUR LORD IN VAIN

- ◆ Have I resorted to profane language by cursing and swearing?
- ◆ In conversations, have I assented to slander and jokes aimed at demeaning religion, the Church, or God's authority?

REMEMBER THE SABBATH DAY, TO KEEP IT HOLY

- ◆ Have I allowed myself to be so dominated by my work or the activities of life that I don't go to Mass every Sunday?
- ◆ Do I prioritize coming to Mass every Sunday and Holy Day, or do I rationalize that "God won't mind if I miss now and then," or "Going to church once in a while is good enough— most people don't even go at all."
- ◆ In my prayer and attendance at Holy Mass, am I content with passive or ritualistic observance rather than devoting myself to true worship?
- ◆ Do I make the effort to actively engage my heart when I come to worship at Mass?

HONOR YOUR FATHER AND MOTHER

- ◆ As an adult, am I genuine with my parents in charity and truth to foster genuine relationships?
- ◆ Have I legitimately tried to work out problems with my parents according to the truth of the teachings of the Church?

YOU SHALL NOT KILL

- ◆ Have I harmed anyone with unjust anger toward them?
- ◆ Have I developed a habit of speaking and behaving toward my family or others which is abusive or demeaning?
- ◆ Do I secretly tolerate a culture where abortion is available and treated as a right even though life is the most basic right given by God?
- ◆ Have I ever advocated abortion, either through my opinions, in conversation, or by actively assisting someone in procuring one?
- ◆ Have I ever endangered myself or the life of another person by taking drugs or abusing alcohol?

YOU SHALL NOT COMMIT ADULTERY

- ◆ Have I misused the gift of my sexuality or others through sexual acts outside marriage with anyone of either sex, contraceptive acts within marriage, masturbation, giving my mind over to lustful thoughts, fantasies, or pornography?
- ◆ Am I respectful in dress and speech regarding human sexuality or do I enjoy lewd jokes and obscene discussions or stories?
- ◆ Do I promote a healthy and generous relationship with my spouse so that I may honor my marriage vows?

YOU SHALL NOT STEAL

- ◆ Have I taken anything that did not belong to me?
- ◆ Have I been dishonest in the payment of my taxes or in my business?
- ◆ Have I cheated my employer by wasting time and not doing a full day's work?
- ◆ Have I been extravagant in my manner of life, to the neglect of real needs of my family or of the poor?
- ◆ Have I been slothful and lazy in fulfilling my promises and commitments to God, myself, and others in my family or workplace?

YOU SHALL NOT BEAR FALSE WITNESS AGAINST YOUR NEIGHBOR

- ◆ Have I defamed someone's good name by taking part in gossip or slander?
- ◆ Have I injured the reputations of other people by speaking about their failures and sins with little desire or intention to help them?
- ◆ Have I condoned prejudice and ill-feeling towards members of the opposite sex or people of another nationality, race, religion or sexual orientation?
- ◆ Do I correct others when they are speaking unfairly or untruthfully about another?

YOU SHALL NOT COVET YOUR NEIGHBOR'S WIFE

- ◆ Have I sought the affections of another's spouse?
- ◆ Have I indulged in fantasies or infidelity against my spouse?
- ◆ Have I rejected my family in my heart, wishing to distance myself emotionally and personally from them for selfish or unjust reasons?

YOU SHALL NOT COVET YOUR NEIGHBOR'S GOODS

- ◆ Do I habitually compare myself with others in terms of wealth, status, and financial security?
- ◆ Am I jealous of the personal qualities of others or envious of their possessions or success?
- ◆ Do I keep my finances in order and exercise proper stewardship over what is mine?
- ◆ Do I support my Church according to my means and give generously to the poor?

Piscataway

FUNERAL HOME
18 Stelton Road - Piscataway, NJ 08854
732-968-2828



McCriskin-Gustafson

Middlesex

FUNERAL HOME
528 Bound Brook Road - Middlesex, NJ 08846
732-968-3377

McCriskin-Gustafson

HOME FOR FUNERALS, LLC
2425 Plainfield Avenue - South Plainfield, NJ 07050
908-561-8000

FAMILY OF FUNERAL HOMES ♦ INDEPENDENT & LOCAL
www.mccriskinfuneralhome.com

"Independent, Family Owned & Operated Funeral Homes"

South Plainfield

JAMES W. CONROY FUNERAL HOME
FUNERAL HOME
2456 Plainfield Avenue - South Plainfield, NJ 07080
908-756-2800

James A. Gustafson, Pres./Mgr. N.J. Lic. No. 4205 · Richard W. McCriskin, II - V. Pres. N.J. Lic. No. 4564

Kerri-Anne Krapf, Director, N.J. Lic. No. 5045 · Daniel M. Erickson, Director, N.J. Lic. No. 4798 · Lauren J. Lapola, Director, N.J. Lic. No. 4816

Pre-Arrangements ♦ SSI/Medicaid Protection ♦ Cremation Services ♦ Customized Cultural Services ♦ Financial Assistance Available

A Time to Deepen Your Love...



...through a
Marriage Encounter Weekend

www.wmcentralnj.org
1-888-827-NJME

1645 Park Avenue
(908) 791-WINE
Sally's Spirit Shoppe

South Plainfield
Observer

South Plainfield's Local Paper
Your Source For Local News
908-668-0010
1110 HAMILTON BOULEVARD

ABSOLUTE AUTO/TRUCK SALVAGE
(732) 469-2202

Recyclers of All Metals & Tires · Used & New Auto Parts
Francis J. Zatika, President
www.absolute.cc
245 MOUNTAIN AVENUE · MIDDLESEX

FLANAGAN'S
Family Restaurant & Pub



COMPLETE PARTY MENU
\$20 PER PERSON
beverage, dessert,
tax and gratuity
included

908-757-1818
2501 PLAINFIELD AVENUE
SOUTH PLAINFIELD, NJ 07080

flanaganspub@comcast.net
www.flanagansrestaurant.com

CHECK OUR WEBSITE FOR MENU OPTIONS

ALL THINGS **BASEMENTY!**



- Waterproofing & Finishing
- Humidity & Mold Control
- Foundation Problems
- Nasty Crawl Spaces, too!

866-588-8317
BasementRepairNJ.com

NY Lic # 1274423 · NJHIC# 13VH01833300



HELP WANTED

GREAT OPPORTUNITY TO
WORK IN YOUR COMMUNITY!



Full Time - Competitive
Benefits Available

Uncapped Commissions
& Incentives

B2B Sales Experience Preferred

- Email work@bonventure.net for more information -

Still Open All Night! **FREE WiFi**

BAGEL PANTRY

Melanchon & South Plainfield

Our bagels are always hand-rolled and made on premises!
SALADS - SANDWICHES - CATERING

BUY DOZEN BAGELS GET 3 FREE
BUY 1/2 DOZEN BAGELS GET 2 FREE

134 SOUTH PLAINFIELD AVE., SOUTH PLAINFIELD · 908-791-0076
www.bagelpantry.com

YOUR AD HERE!

Text BVAD to 71441
for more information!



READY.GOV

Don't be afraid...Be Ready

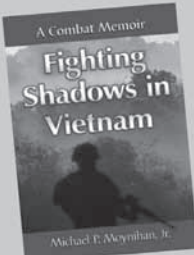


"You Won't Drown With Us Around"
NATALE PLUMBING & HEATING

Commercial and Residential · Fast, Reliable Service
- NO JOB TOO SMALL OR BIG -

State Lic. #5322 **908-482-8272** We Accept VISA
515 FOREST ROAD · SCOTCH PLAINS

In this memoir, set as deeply in his mind as in the Southeast Asian jungle, a young American soldier embarks on a journey to a war that, for him, will never be over.



The world was a playground for Mickey, a naive Irish American kid bored with his life. His father served in World War II, his brother was a Marine in Vietnam; now it was his turn. His 365 days in Vietnam builds in torment until an attack on a bunker complex in Cambodia. Wounded, his friend captured, he becomes a tormented survivor knowing he is always just a heartbeat from death.

AVAILABLE NOW!

Scan Here:



or visit:
<http://goo.gl/ZGdeFF>

NEED A LAWYER? INJURED ON THE JOB?

MARC J. BRENNER ESQ.



Workers' Compensation
Social Security Disability
Personal Injury




CERTIFIED BY THE
SUPREME COURT OF
NEW JERSEY
AS A WORKERS'
COMPENSATION
LAW ATTORNEY

★ CALL FOR A FREE LEGAL CONSULTATION ★



(973) 326-8902
222 RIDGEDALE AVENUE · CEDAR KNOLLS

Jack Pedersen REALTY
 If you think all brokers are the same, You Don't Know Jack
John (JACK) Pedersen
 Broker / Owner
 Parishioner
908-755-8300
 jackpedersen1@gmail.com
 30 South Plainfield Avenue
 South Plainfield, NJ 07080

Myrna Garcia
Se Habla Español

"Memorable Events Created"
 Wedding Event Planner
 Organizadora de Bodas y Eventos
 SOUTH PLAINFIELD | 908-757-2789
Timesofyourlives.com

GLASSTECH
"Showing You The Difference"
 Custom Mirrors
 Table Tops · Store Fronts
FOR ALL YOUR GLASS & FRAMELESS SHOWER NEEDS
908-754-4046
 www.glasstechnj.com

GREEN OLIVE
MARKET & DELI
Fresh Food At A Better Price
908-205-0331
 greenolivemarkets.com
 214 FRONT STREET · SOUTH PLAINFIELD

NISCHWITZ & CO.
 Fuel Oil · Garden Supplies
 · Feeds · Kerosene, Water Softener Salt · Pet Supplies
 223 Front Street · South Plainfield
908-756-0947 · F 908-756-1041

TWIN CITY PHARMACY & SURGICAL
908-755-7696
 1708 Park Avenue | South Plainfield
 RAMPS · OXYGEN · OSTOMY SUPPLIES
 HOME MEDICAL EQUIPMENT · FREE DELIVERY
 Owners: Bill Ashnault, RPh., Sandy Cassio, Tom Cassio

PLUMBING Professional
 Plumbing & Heating
"No Job Too Small"
 License #8741 · South Plainfield
908-561-1941

CIB
CANCELA INSURANCE BROKERAGE, LLC.
 Anthony Cancela, Jr. RHU, President
908-756-5126 · Fax: 908-756-5169
 anthony@cibinsurance.com
 2350 OXFORD AVENUE · SOUTH PLAINFIELD, NJ 07080

CONSTRUCTION
MICHAEL J. KUKISH
 CARPENTER & GENERAL CONTRACTOR
 ~ Over 40 Years Experience ~
 N.J. Lic. #13VH03815200
 CUSTOM CARPENTRY
 ADDITIONS · RENOVATIONS
732-381-3463
 COLONIA

R&C Auto Body
 Family Owned & Operated Since 1962
 FREE Estimates – Lifetime Warranty On All Repairs
908-757-1933
 3330 Park Avenue · South Plainfield
 www.randcautobody.com

IPENYAK ROOFING CO.
 Since 1960
 Fully Insured · Free Estimate
 www.penyakroofing.com · 908-753-4222

CINDY MICHAELS
 Jewelers & Gemologists
 Fine Jewelry
908-769-4264
 176 Front Street · South Plainfield

MANUEL P. SANCHEZ
 ATTORNEY AT LAW
 Sanchez Sanchez & Santoliquido, Esqs.
 Real Estate · Business Transactions
 Municipal Court · Wills · General Practice
(908) 791-0142
 142 OAK TREE AVENUE

GOD BLESS AMERICA

WHEN YOU HELP THE AMERICAN RED CROSS,
 YOU HELP AMERICA.
 CALL 1-800-HELP NOW OR VISIT US AT REDCROSS.ORG

American Red Cross

B.K.'s HOME IMPROVEMENTS INC.
 Siding · Roofing · Windows
 Kitchens · Baths · Skylights
 PISCATAWAY · 752-7686

STILO DISPOSAL
 Commercial · Residential

 10-20-30 Yard Boxes
Need junk removal?
908-754-0776
 www.stilodisposal.com

Berkshire Hathaway HomeServices
Rose Marie Pelton
 REALTOR-Associate
 NJAR Circle of Excellence 90-2013
 659 Mountain Boulevard - Watchung, NJ 07069
New Jersey Properties®
 Bus 908 753-4450 · Fax 908-753-0136
 Cell 908-419-3982 · Direct: 732-653-0322
 Rosemarie.Pelton@BHHSNJ.com
 A member of the franchise of BHH Affiliates, LLC

LANZA LAW FIRM LLP
 PERSONAL INJURY · WILLS & ESTATES · FAMILY LAW · REAL ESTATE
 MUNICIPAL COURT · WORKERS' COMPENSATION · BUSINESS TRANSACTIONS
908-753-6010
 2416 Plainfield Avenue · South Plainfield, NJ 07080

CatholicMatch
 New Jersey
 CatholicMatch.com/NJsingles

STILO DISPOSAL
 Commercial · Residential

 10-20-30 Yard Boxes
Need junk removal?
908-754-0776
 www.stilodisposal.com

Berkshire Hathaway HomeServices
Rose Marie Pelton
 REALTOR-Associate
 NJAR Circle of Excellence 90-2013
 659 Mountain Boulevard - Watchung, NJ 07069
New Jersey Properties®
 Bus 908 753-4450 · Fax 908-753-0136
 Cell 908-419-3982 · Direct: 732-653-0322
 Rosemarie.Pelton@BHHSNJ.com
 A member of the franchise of BHH Affiliates, LLC

*From Concept to Creation,
 Your Complete Landscape Designer*
A-Tech LANDSCAPE DESIGN
 BRICK PAVERS · SIDEWALKS
 PATIOS · DRIVEWAYS
908-413-1962
 www.A-TECHLANDSCAPE.com
 Vinny Butrico, Parishioner
 Fully Insured South Plainfield

CatholicMatch
 New Jersey
 CatholicMatch.com/NJsingles

KC'S KORNER PUB & RESTAURANT
 · The Coldest Draft Beer ·
 · Outdoor Cafe ·
908-757-5306
 100 OAK TREE AVE · SOUTH PLAINFIELD