

Sacred Heart Parish  
Manchester -by-the-Sea  
St. John the Baptist Parish  
Essex

## HOLY WEEK SCHEDULE



### Holy Thursday - April 2

Sacred Heart Church  
7:00 pm Mass of the Lord's Supper

### Good Friday - April 3

Ecumenical Good Friday Service  
12 Noon First Congregational Church

St. John the Baptist  
7:00 pm Passion of the Lord

### Holy Saturday - April 4

Sacred Heart Church  
8:00 pm Great Vigil of Easter

### Easter Sunday - April 5

Sacred Heart Church - 8:30 am  
St. John the Baptist - 10:00 am

5

*Sunday of Lent*



**Sacred Heart Church**  
62 School St.  
Manchester-by-the-Sea, MA 01944-1342  
*Established 1905*



**St. John the Baptist Church**  
52 Main St.  
Essex, MA 01929-1343  
*Established 1931*

We are here to welcome and serve you.  
No matter what your present status in the Catholic Church.  
No matter what your current family or marital situation,  
No matter your personal history, age, background, race, etc.,  
No matter what your self image—  
You are invited, welcomed, accepted, loved and respected in  
Sacred Heart and St. John the Baptist Parishes.

Parish Staff

**Rev. Paul Flammia, Administrator**  
FrPaulF@comcast.net

**Jay Caress, Director of Religious Education**  
978 526-1781  
jaycaress1@gmail.com

**Chris Moore, Adult Faith Formation Director**  
shsjadultfaith@comcast.net

**Joseph Sebastian Stella, Music Director & Organist**  
js12is@yahoo.com

**Darice McIntire, Secretary & Bulletin Editor**  
shsjbulletin@comcast.net

**Nancy Smith, Business Manager**  
shsjparishes@comcast.net

**Rectory Hours: Monday—Friday 9:00 am to 3:00 pm**  
**Website: [www.shsjparishes.com](http://www.shsjparishes.com)**

**Facebook:**  
**[www.facebook.com/SacredHeartStJohnParishes](http://www.facebook.com/SacredHeartStJohnParishes)**

Parish Information

**Sacred Heart Rectory-978-526-1263**  
**St. John the Baptist Rectory-978-768-6284**  
**Parishes' Fax 978-526-4335**

Liturgy Schedule

**Saturday Vigil:**

St. John the Baptist 4:00 pm Sacred Heart 5:30 pm

**Sunday Masses:**

Sacred Heart 8:30 am St. John the Baptist 10:00 am

**Weekday Masses:** At Sacred Heart Manchester

Monday - Wednesday 8:00 am

Eucharistic Service 8:00 am Thursday & Friday

First Friday Mass - 8:00 am First Friday of the Month

**Rosary: Daily 7:30 am before Mass**

**Saturday 8:00am - Rosary for the Unborn**

**Adoration— Monday 8:30 am to 9:30 am**

Sacrament of Reconciliation

**Sacred Heart Church**

First Saturday of the month 12 noon to 12:45 pm

**St. John the Baptist Church**

Second Saturday of the month 12 noon to 12:45 pm

Sacrament of Baptism

Sacred Heart First Sunday of the month

St. John the Baptist Second Sunday of the month

Sacraments of Marriage and Anointing of the Sick

Please call the Rectory for more information.

# Mass Intentions

Saturday			March 21, 2015		
4:00 pm	St. John	The People of the Parish			
5:30 pm	Sacred Heart	Thomas O. Matthews			
Sunday			March 22, 2015		
8:30 am	Sacred Heart	Those Memorialized in the Endowment Fund			
10:00 am	St. John	The People of the Parish			
Saturday			March 28, 2015		
4:00 pm	St. John	Dominic Giuffre			
5:30 pm	Sacred Heart	John J. Saputo			
Sunday			March 29, 2015		
8:30 am	Sacred Heart	The People of the Parish			
10:00 am	St. John	The People of the Parish			

### Celiac Disease

Both parishes have low gluten hosts available for those living with Celiac Disease. These hosts have less than 0.01% gluten. Please see Father Paul before Mass if you need to receive the Body Christ in this form.



The wine and hosts that will be consecrated into the Body and Blood of Christ this month at **Sacred Heart** were donated in memory of **John J. Saputo**



Please remember in your prayers: All those who have died, especially Daniel B. Slade; and those who mourn the loss of a loved one; the sick and the suffering of our community, and for their families and caregivers; those in the military and in service to their community, those who have asked to be remembered in prayer, those who have no one to pray for them, and those who are searching for a faith community. Please pray for those who are unemployed and underemployed. If you would like to have a name or intention added to our prayer circle, please contact the rectory or email the requests to [SHSJPrayerCircle@comcast.net](mailto:SHSJPrayerCircle@comcast.net).

### Regulations for Fasting and Abstinence

**FRIDAYS OF LENT** are days of abstinence.

**GOOD FRIDAY, MARCH 3, 2015**, is the day of fast and abstinence.

**FASTING** is to be observed by all 18 years of age and older, who have not yet celebrated their 59th birthday. On a fast day, one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

**ABSTINENCE** is observed by all 14 years of age and older. On days of abstinence, no meat is allowed. Note that when health or ability to work would be seriously affected, the law does not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted.

Fasting, almsgiving, and prayer are the three catechumens should undertake these practices seriously in a spirit of penance and of preparation for baptism or of renewal of baptism at Easter.



Wednesday's Sacred Heart Church 6:30 pm to 8:00 pm Lent is the season where we prepare ourselves to renew and restore our relationship with Jesus and the Church as we prepare to celebrate Easter.

### Mass Attendance for the Weekend of March 15, 2015

4:00 pm	St. John	79
5:30 pm	Sacred Heart	51
8:30 am	Sacred Heart	122
10:00 am	St. John	104

### SACRED HEART PARISH OFFERTORY

#### Weekend of March 15, 2015

<b>OCP and MAIL</b>	<b>\$ 3,635.33</b>
<b>NON-OCP and CASH</b>	<b><u>849.00</u></b>
<b>TOTAL OFFERTORY</b>	<b>\$ 4,484.33</b>

### ST. JOHN THE BAPTIST PARISH OFFERTORY

#### Weekend of March 15, 2015

<b>OCP and MAIL</b>	<b>\$ 586.67</b>
<b>NON-OCP and CASH</b>	<b><u>641.00</u></b>
<b>TOTAL OFFERTORY</b>	<b>\$ 1,227.67</b>

Dear Sisters and Brothers in Christ,

The Gospel this weekend recounts the raising of Lazarus. Jesus calls him out of the tomb with the powerful words: *Lazarus Come Out!* As we continue our journey to Easter, we to are called out of the places of death and separation in our lives and live in Christ's love. The following is a reflection that I found several years ago, I do not remember the name of the author or the source, however, I think it powerfully reminds us of what we need to leave behind to walk in the presence of Christ.

*“Come out”, says Jesus, from the tomb of self-sufficiency where you do not admit your need for God and for one another.*

*“Come out”, says Jesus, from your tomb of preoccupation with yourself and open your eyes to the need of others around you.*

*“Come out”, says Jesus, from your tomb of excessive busyness; take time to think, to listen, to be quiet and pray.*

*“Come out”, says Jesus, from your burial place beneath that mountain of self-imposed obligations; untie yourself from the unimportant, the fleeting and the material so as to be free to experience the essential, the eternal and spiritual.*

*“Come out”, says Jesus, from the grave dug by apathy and ignorance and be newly awakened and sensitive to the plight of the poor and the oppressed.*

*“Come out”, says Jesus, from the grave of melancholy and despair and be glad of the blessing that are yours.*

*“Come out”, says Jesus, from the burial place of hopelessness and skepticism and be renewed in the knowledge that you are mine and I am yours and together we are God's.*

*“Come out”, says Jesus, from the thick-walled tomb of needless worry, be free of the shackles of undue anxiety and entrust yourself once more to the provident care of a dotting and devoted God.*

*“Come out”, says Jesus, from under that pile of unfounded fears that have become a virtual burial place, untie yourself from all unnecessary concerns and find new courage and freedom in me.*

*“Come out”, says Jesus, from the dark loneliness of death and be forever untied from its bonds and come share the freedom of everlasting life with God, with the Spirit, and with me.*

Blessings and Peace,  
Fr. Paul



Through your support of the 2015 Catholic Appeal, we are able to bring the Gospel message to life. If you have yet to make a pledge to the 2015 Catholic Appeal, please complete a pledge form available in the back of the church or visit [www.bostoncatholicappeal.org](http://www.bostoncatholicappeal.org). Thank you to all who have participated in **both Sacred Heart and St. John the Baptist** 2015 Catholic Appeal campaign. Through the generosity of Catholics like you, the Catholic Appeal strengthens the ministries that serve our Archdiocese and helps us to live our faith together. Thank you for your prayers and support.



### Faith Book Reflections for Today's Readings

Fifth Sunday of Lent

From today's Gospel reading:

Martha said to Jesus:

"Yes, Lord. I have come to believe that you are the Christ,  
the Son of God,  
the one who is coming into the world."

**Reflection:** In John's gospel faith is a verb – you do faith. Martha doesn't profess faith in doctrinal material, but in the person of Christ – she puts faith in Christ. That's how it begins, with a personal encounter with the one Thomas would later call, after the resurrection,

"My Lord and my God" (20:28).

**So we ask ourselves:** At a moment of distress, Martha still puts faith in Jesus. Recall a similar time in your own life.

How did you express your faith in Jesus? Did your actions and demeanor reflect the faith you worded?

### Soup and Stations of the Cross

Friday Nights at St. John the Baptist

Soup begins at 6:00 pm in the Parish Hall

Stations of the Cross begin at 7:00 pm in the church



Each week different parish representatives have been making soups and leading many different types of Stations of the Cross. The last 2 weeks will be led by the Grade 10 Students on March 20th and the Confirmation Class on the last Friday night, March 27th.

## "Shadows"

(a service of "Tenebrae")



A Moving Musical Meditation  
of the  
Passion of Christ

By the

**SACRED HEART AND  
ST. JOHN THE BAPTIST PARISHES  
with Choir & Orchestral Ensemble**

**Palm Sunday  
3:00PM March 29, 2015**

## Save the Date!!!

### An Evening of Tasting

St. John the Baptist will be hosting  
An Evening of Tasting at Sacred Heart Parish Hall  
On Saturday, May 2nd.

Please watch in the bulletin for more details  
Including ticket information and events of the evening.

**The new 'Cafe' and Social Hour**

Please stop by the 'Cafe' after Mass to enjoy some refreshments and socialize with friends, old and new. All parishioners are encouraged to attend. We host regular conversations that include religious upbringing tips for parents (of all ages) and other relevant suggestions during the social. This is a great opportunity for parents, grandparents, and those wanting to become parents to share and bond.

**Sacred Heart Parish Outreach Mission**

The Sacred Heart Parish community continues its parish-wide outreach mission. New people are continuing to join us at the 'Cafe' in a relaxing and social atmosphere.

Our mission continues to be reaching out to new people, to those that are no longer attending Mass here, and to those that attend Mass but have not participated in any type of ministry. We would like all who come to this holy place to feel an integral part of this community. If you know someone who may be a potential guest, please extend a personal invitation to join us; for Mass, coffee, or come to one of our functions. If you have any questions, please contact Joey Gustafson at 978-526-1106, Karen Cunningham at 978-526-1064, or Chris at the Parish office. The coffee hour after the 8:30 AM Mass continues to be a great source of fellowship and camaraderie for all who attend.

**Mary's Circle**

Mary's Circle continues. Our thought provoking conversations revolve around matters of our faith. These seemingly simple matters connect to our lives on a person level, and our conversations revolve around the personal aspects of our faith. Please extend an invitation to someone you know who might be interested in a women centered, faith-sharing group. We have read books, had guest speakers, and enjoyed a couple of social gatherings.....Please consider this a personal invitation to joining this group of faith-filled women as we explore the different aspects of our faith and how it connects to us in relevant and familiar ways. Coffee, Confections, and Conversation are the orders of the day. Call Chris at the parish office for more information.

**Prayer Shawl Ministry**

Our ministry continues to knit and crochet beautiful shawls and we have given away over 60 shawls. Shawls have been shared with loved ones overseas, across the country, and across town. We love being able to give them away to those who seek comfort. Whether it is a physical illness, a psychological situation, or you know someone who is suffering from a loss of any kind, why not bring him or her a Prayer Shawl? Prayers and blessings for their needs will surround and comfort them. We are continue to knit and crochet these shawls in our homes and together, once a month at the Sacred Heart Rectory. If you know anyone who would like a prayer shawl please let us know. You may contact Chris at the parish office or Gloria Landy, Jane Shaw, Eleanor Hatcher, Sally O'Malley, Ann Nadeau, Eileen Hardy, Kathy Anderson, Paige Donohoe, Dorothy Jodice, Ann Henrickson, or Barbara Stasium. The Prayer Shawl ministry meets on the 2nd Tuesday of the month at 4PM in the Sacred Heart Rectory... ..If you cannot join our ministry, please consider donating money, yarn (preferably soft yarn), or gift bags (to distribute them in). All donations are graciously accepted. We are always looking for more knitters and crochet'ers! Experience is not required. Please consider being a part of this ministry. Consider joining us, or making one in the privacy of your home. We have easy to follow patterns.

**Ministry to the Homebound and Sick**

Ministry to the Homebound and Sick continues to bring Eucharist to those who cannot make it to Mass. We have an awesome, faith-filled team dedicated to this ministry. Please let us know if you are aware of someone ill, homebound, or alone that would like to receive Eucharist, or a short visit from a fellow parishioner, please contact Chris at the Parish Office and we will make arrangements.

**Baptism Prep Classes**

Baptism preparation classes are being held in the Chapel at Sacred Heart Church and is currently offered the fourth Thursday of the month at 7:00PM. Please contact the office to make your reservation. These classes are designed for parents and godparents of children about to be baptized. The goal of the class is to help parents become aware of the theological and historical reasons for baptizing your child and the significance of Baptism as a beginning, not an end, to a lifelong commitment. The one hour class explores the purpose of Baptism from both a spiritual and practical standpoint.

**Ministry of Consolation**

Our parish has a group of volunteers willing to sit and talk with someone after a loss. Please contact Chris at the parish office to schedule a time to meet. We have met with several people in the past year and their response has been very positive. Please consider calling Chris at the rectory to schedule a meeting.

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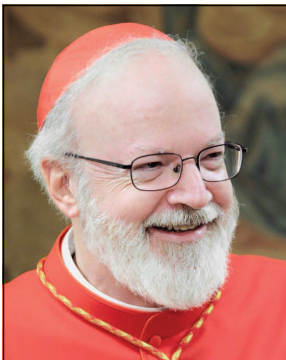
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“Evangelization must be the first focus of our Church. Then, the corporal and spiritual works of mercy, which result from living and sharing the Gospel, will transform the culture around us. We have the mission ‘to repair the world,’ what the Jews call *Tikkun olam*.”

~Cardinal Seán O'Malley



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