

# Our Lady of Victories Church

(serving Harrington Park, River Vale, and the Pascack/Northern Valley)

150 Harriot Avenue, Harrington Park, New Jersey

[www.ourchurch.com/member/o/olvparish](http://www.ourchurch.com/member/o/olvparish)

**Rev. Bryan F.J. Adamcik SFO, KHS Pastor**

**Rev. Duverney Bermudez**

**Rev. Christopher M. Ciccarino KHS**

**Rev. Brian Muzás**

*Weekend Assistants*

**Br. Innocent CFR**

**Charles Niece**

*Parish Seminarians*

**Sr. Kristen Gawlik FMA Novice**

*Parish Vocation*

**Rev. Anthony Mastroeni**

**Rev. John O'Connor**

*Latin Mass Assistants*

**Sr. Mary Corrigan, SC**

**Sr. Elizabeth Holler, SC**

*In Residence-Convent*

**Mr. Thomas Lagatol Mr. Albert McLaughlin**

*Deacons*

**Susan Evanella Betty Ann Niece**

*Religious Education*

**Deacon Al McLaughlin**

*Parish Catechetical Leader*

**Selena Piazza**

**Lesa Rossmann**

*Ministers of Music*

**Curtiss & Katie Stella**

*High School Ministry*

**Jorden Pedersen Esq.**

*President Parish Council*

**Elizabeth Ulisse**

**Martin Coyne II**

*Parish Trustees*

**Gail McElroy & Jerry Pulis**

*Jr. High School Ministry*

**Jon Fischer CFA**

*Chairman Finance Committee*

**Maria Hellrigel**

*Parish Secretary*

## SPECIAL MASSES OR DEVOTIONS:

**First Friday:** 7:30pm, Mass of Sacred Heart & Devotions

**First Saturday:** 8:00am, Mass of Immaculate Heart of Mary

**First Saturday:** 12:00pm Mass for Souls in Purgatory

## Novenas prayed after 8:00 a.m. Mass:

**Our Lady of the Miraculous Medal:** Monday

**St. Jude and St. Anthony:** Wednesday

**Infant of Prague:** 25th of the month

**Rosary:** Recited M - Sat after 8:00am & 12Noon Mass.

**Tuesday-Novena Prayer and Adoration:** 2:00-3:00pm

**Thursday-Holy Hour with Adoration & Benediction:** 7:00pm

**Friday-Exposition & Adoration:** 12:30PM-3:00pm

## THE SACRAMENT OF PENANCE/CONFESSION:

Monday - Friday 7:30am - 7:50am. First Friday at 7:00pm

Saturday at 11:00a.m.-Noon; 3:00pm - 3:25pm

## THE SACRAMENT OF BAPTISM:

To register for Baptismal preparation and Baptism, call the rectory.

## THE SACRAMENT OF CONFIRMATION:

Call the Religious Ed Office for requirements/class schedule.

## THE SACRAMENT OF MATRIMONY:

Please call the rectory for an appointment.

## THE SACRAMENT OF THE SICK/LAST RITES:

Sick calls at any time in emergency.

## THE SACRAMENT OF HOLY ORDERS AND VOCATIONS:

Anyone contemplating a vocation to the Priesthood or Religious Life should contact the Vocations Office at 973.497.4365.

**November 22, 2015 A.D.**

**Year dedicated to Consecrated Life**



# WELCOME

**To the Parish Family of  
OUR LADY OF VICTORIES  
(THE LITTLE CHURCH WITH THE BIG HEART)**

## COME WORSHIP WITH US

### Mass Schedule

**Saturday:** 4:00pm & 5:00pm

**Sunday:** 7:30am, 9:30am, 10:45am,  
12:00pm, 6:00pm & 7:00pm

**Latin Mass:** Every Sunday at 8:15am

**Weekdays:** M-Sat 8:00am & 12:00noon

### PARISH MEMBERSHIP:

All are welcome to become members of OLV Parish because we're the **little Church with the BIG HEART**. Please register in the Rectory. Every Catholic family or individuals living within the parish boundaries are encouraged to register.

**Phone:** OLV Rectory 201-768-1706  
**Email:** [olvrectory.hp@gmail.com](mailto:olvrectory.hp@gmail.com)

**OLV Fax**  
201-768-3962

**Religious Education**  
201-768-1400  
[olvhpccd@gmail.com](mailto:olvhpccd@gmail.com)

**OLV Convent**  
201-768-1705

## **PRAY FOR OUR SICK**

Please **PRAY** in the name of **JESUS**, the Healer, that the **SICK** of **OLV PARISH** may be restored to health and all those who **ASSIST** and **CARE** for the sick will be given the **STRENGTH** to continue **GOD'S GOOD WILL**: Baby Luca, little Niamh Devlin, Br. Pius, Isabella Ruggiero, Maria Aleman, Kathleen Dolan, Thomas Haring, Arnold Kemner, Ken Mosier, Kathleen Musante, Dan Ragusa, Suzanne Rothschild, Wendy Ruggiero, Cookie Rush, Mildred Speck, Therese Vaglio, Darien Wesler, Al Wiese, Roy Wurtz, Marian Zanetti, Elaine Zito.

## **SPIRITUAL EXCERPT**

"Worldly men go out of their way to make souls lose God as soon as possible; and then, make them lose the world. They do not love this world of ours - they exploit it by trampling over others. I hope you too do not fall victim to this double swindle."

**St. Josemaria Escriva - The Furrow #304**

**\$20.00**

**A** well-known speaker started off his seminar by holding up a \$20.00 bill. In the room of 200, he asked, "Who would like this \$20 bill?" Hands started going up. He said, "I am going to give this \$20 to one of you, but first, let me do this." He proceeded to crumple up the \$20 dollar bill. He then asked, "Who still wants it?" Still the hands were up in the air. Well, he replied, "What if I do this?" And he dropped it on the ground and started to grind it into the floor with his shoe. He picked it up, now crumpled and dirty. "Now, who still wants it?" Still the hands went into the air. "My friends, we have all learned a very valuable lesson. No matter what I did to the money, you still wanted it because it did not decrease in value. It was still worth \$20. Many times in our lives, we are dropped, crumpled, and ground into the dirt by the decisions we make and the circumstances that come our way. We feel as though we are worthless. But no matter what has happened or what will happen, you will never lose your value. Dirty or clean, crumpled or finely creased, you are still priceless to those who DO LOVE you. The worth of our lives comes not in what we do or who we know, but by WHO WE ARE and WHOSE WE ARE. You are special - Don't EVER forget it." Count your blessings, not your problems. "And remember: amateurs built the ark. professionals built the Titanic. If God brings you to it - He will bring you through it."

## **BEEFSTEAK DINNER - 1/23**

This is a major fundraiser for the Knights of Columbus to fund our seminarians - men studying for the priesthood and other charitable works. It is a fun evening, and last year it was a great success. Please support this dinner. If you would like to be a placemat advertiser send your business card and a check payable to the OLV K of C c/o The OLV K of C, PO Box 145, Harrington Park NJ 07640 or call Bob Tringali from the Knights 201-768-0648.

## **ARE YOU LISTENING???**

As Jesus was dying on the cross, an inscription above His head proclaimed, "This is the King of the Jews." Today, we are called to proclaim this King to people who are sick or dying, to people who are lonely or abused, to all God's people. Are you being called to proclaim Christ our King as a Priest, deacon, or a Religious Brother or Sister? If so, please contact the Vocations Office at 973-497-4365.

"The longer you stay away from Holy Communion, the more your soul will become weak, and in the end you will become dangerously indifferent." **St. John Bosco**

## **DID YOU KNOW?**

**T**he liturgical year ends today with the celebration of the Solemnity of Christ the King. Pope Pius XI established this feast in 1925 to address increased Western secularism. In a world that was placing its faith and hope in weapons of destruction, in the acquisition of worldly goods, and a world that was eliminating God and His Law from government policy, Pope Pius sounded an alarm. He redirected our focus to Christ and His Universal Kingship. Sadly, only after the horrors of World War II, was Pope Pius XI seen as a true prophet, who tried to save the world from so much pain and sorrow! In his encyclical on the Kingship of Christ, Pius XI explained the various powers of Christ's Kingdom and its dual nature. Although Christ's Kingdom is primarily spiritual, he said it also extends to certain civic matters. He tried to help us see ourselves as God's subjects, not God's equal! He defended Christ's Kingship by pointing out that, unlike corrupt kings who usurp power and dominion through war and intrigue, Christ has Kingship over all people, places, things, and times by His nature and by His essence. As the eternal Son of God, as the Word through whom all things were made, Christ always has been and always will be the King of angels, of people and all created things! In addition, as our Redeemer who conquered sin and death by his own death and resurrection, Christ is truly our King! To Him we owe all our gratitude, honor, respect, and praise. Perhaps Pope Pius XI was right: we need to be reminded that our King's throne was a cross, His Crown was made of thorns, His royal scepter and robe were mockingly given to Him by the very soldiers who beat Him, and most of His earthly subjects abandoned Him at His death! Jesus Christ is a King of LOVE, for only a God-man filled with love would endure all that! Christians are to offer all their concerns, dreams, plans and hopes to our King. From our King we are gifted with order—with a Church—and the promised final triumph of the Gospel of Christianity and the conversion of all those opposed to Christ's Kingship over them. Thus, freed from all worry and concern as to how the "big picture" will end, we can busy ourselves with the day-to-day tasks of building Christ's Kingdom here on earth!

## **ARE WE PROPERLY ORIENTED?**

To be properly oriented literally means to face east, toward the Orient! In secular lingo that means looking toward the rising sun, the new day, a new beginning. Biblical prophecies direct us to look east, for just as the Wise Men saw the sign of His coming, the Star, rising in the East, we will see the sign of Christ return in the Eastern sky. That's why churches once had to be so constructed that during the Eucharistic Prayer, both Priest and People faced the East. (Contrary to the naysayers who saw it as the Priest turning his back on the People, both faced the same way, as do pilots and their passengers, as courageous generals lead their armies, and as shepherds walk before their flock.) In this Prayer over the Offerings we pledge to direct all we do to God's glory or to "orient" all our words and deeds towards God's glory. And the best way to do this is to make sure all we say and do advances God's plan, and activates God's call and fulfills God's will. If this is not the case, we may be spiritually disoriented.

## **QUESTION?**

**What do the letters IHS stand for?** The symbol IHS is the first three letters of the name Jesus in Greek.

## **SICK OR "HOMEBOUND"**

If you are sick or "homebound" (or know someone who is), and would like to have Communion, please contact the Rectory at 201-768-1706.

"What students would learn in American schools above all is the religion of Jesus Christ."

**President George Washington**

### **Upcoming OLV Parish Events**

Nov 21/22-Sat/Sun- CDA Christmas Gift Sale  
**Nov 22—Sun—Frozen Turkey Collection**  
Nov 22/23- Sun/Mon—CCD  
Nov 23—Mon—Zumba 6:00PM OLV Gym  
Nov 23—Mon—Women of Grace 7:30PM  
Nov 24 -Tue – Marian Novena Prayer 2:00-3:00PM  
**Nov 26—Thu—Thanksgiving Day Mass at 9:00AM**  
**Nov 27—Fri— Adoration from 12:30PM-3:00PM**  
Nov 28- Sat—Confessions 11:00-12:00Noon 3:00/3:25PM  
Dec 13-Sun-Advent Evensong Concert/Prayer Service 3:00pm  
Jan 23—Sat—K of C Beef Steak  
May 14—Sat- FIRST HOLY COMMUNION  
May 22—Sun—Confirmation 2PM  
May 30—Mon—Fr. Innocent CFR First Mass and Reception at OLV 1PM

### **IMPORTANCE OF H2O**

Next to oxygen, water is the nutrient most needed for life. A person can live without food for a month, but most people can survive only three or four days without water. We start life in a watery cradle of amniotic fluid. Water makes up 85% of the blood, 70% of the muscles, and about 75% of the brain and is present in and around our cells.

In the body, water acts as a solvent, coolant, lubricant, and transport agent. It's needed to regulate body temperature, carry nutrients, remove toxins and waste materials, and provide the medium in which all cellular, chemical reactions take place. Fluid balance is vital for body functions and adequate blood volume.

A significant decrease in the total amount of body fluids leads to dehydration. Dehydration occurs when the amount of water a person takes in is less than the amount that is lost. Fluids are lost through the urine, skin, and lungs. Along with fluids, essential electrolytes such as sodium and potassium are also perilously depleted in a dehydrated individual.

### **YG Christmas Greens Sale**

The Youth Group of Our Lady of Victories Parish will be conducting a wreath and grave blanket sale. All proceeds of this sale will support our Youth Ministry Program. We will be selling an assortment of sizes and styles. Payment should be included with your order in cash or by check payable to Our Lady of Victories. Thank you for your support.

### **PROJECT CHRISTmas**

Project CHRISTmas will again be standing up during Christmas for the ability to openly wish others Merry Christmas and to Keep Christ in Christmas. We will stand in solidarity with the Knights of Columbus and the Catholic Daughters. Are you willing to join our effort? Please contact Laura Scott - 201-768-1678 or the rectory.

### **OLV Boys & Girls Needed**

Our Lady of Victories has a basketball program for you. Sign-ups for basketball are taking place now! Practices begin shortly thereafter, and the games begin in December. **All Boys and Girls from grades Kindergarten to 8th grade** who would like to play basketball or would like more info' contact John or KerryAnn Flahive at 201-750-2214.

**WE CAN EXPLAIN IT TO YOU,  
BUT WE CAN'T UNDERSTAND IT FOR YOU.**

### **FIVE FINGER PRAYER**

**Make the 5 finger prayer a part of your life.**

1. Your thumb is nearest you. So begin your prayers by praying for those closest to you. They are the easiest to remember. To pray for our loved ones is as C. S. Lewis once said, a "sweet duty."
2. The next finger is the pointing finger. Pray for those who teach, instruct and heal. This includes teachers, doctors, and ministers. They need support and wisdom in pointing others in the right direction. Keep them in your prayers.
3. The next finger is the tallest finger. It reminds us of our leaders. Pray for the President, leaders in business and industry, and administrators. These people shape our nation and guide public opinion. They need God's guidance.
4. The fourth finger is our ring finger. Surprising to many is the fact that this is our weakest finger (as any piano teacher will testify). It should remind us to pray for those who are weak, in trouble or in pain. They need your prayers day and night. You cannot pray too much for them.
5. And lastly comes our little finger - the smallest finger of all which is where we should place ourselves in relation to God and others. As the Bible says, "The least shall be the greatest among you." Your pinkie should remind you to pray for yourself. By the time you have prayed for the other four groups, your own needs will be put into proper perspective and you will be able to pray for yourself more effectively.

### **DID YOU KNOW?**

The capital of Bavaria is named after monks. Munich, Germany, is the country's third largest city and in German its name is actually Munchen, literally meaning "Monks," or loosely "Home of the Monks." The name goes back to the eighth century, and refers to a Benedictine monastery on the shores of Lake Tegernsee. In 1157, Henry "the Lion," Duke of Bavaria, gave these monks the land to start a marketplace. Thus, the city of Munchen was founded. Apparently the "Benedictine marketplace" was successful for it has grown into a city of over a million inhabitants. Munich's oldest church (Catholic, of course), the Peterskirche (Saint Peter's Church), was built in 1169, twelve years after the city was founded. It can still be seen today. Also, a fish is named after Monks. The monkfish, which is harvested along the Atlantic coast, is really a kind of shark with a huge head and toothy mouth. It acquired the name "monkfish" not because of its looks; but because, while most fishermen discarded it, the frugal monks used the fish for food.

### **CCD CORNER**

With Thanksgiving just a few days away, our students were asked to compose a short prayer to give thanks to God for all the wonderful blessings He has bestowed on them, their families and this great land we live in. The students were told that these prayers would be placed on our altar during our Thanksgiving 9:00 am Mass and will remain there all day. Next Sunday in the bulletin boards located next to the doors when you leave church, you will see some of the wonderful examples of this meditative and prayerful assignment. On behalf of all our teachers, students and staff, we would like to wish you and your families a Blessed and Happy Thanksgiving!

**There are two things I've learned:  
There is a God. And I'm not Him.**

## **ECHO**

A son and his father were walking on the mountains. Suddenly, his son falls, hurts himself and screams: "AAAhhhhhhhhhh!!!" To his surprise, he hears the voice repeating, somewhere in the mountain: "AAAhhhhhhhhhh!!!" Curious, he yells: "Who are you?" He receives the answer: "Who are you?" And then he screams to the mountain: "I admire you!" The voice answers: "I admire you!" Angered at the response, he screams: "Coward!" He receives the answer: "Coward!" He looks to his father and asks: "What's going on?" The father smiles and says: "My son, pay attention." Again the man screams: "You are a champion!" The voice answers: "You are a champion!" The boy is surprised, but does not understand. Then the father explains: "People call this ECHO, but really this is LIFE. It gives you back everything you say or do. Our life is simply a reflection of our actions. If you want more love in the world, create more love in your heart. If you want more competence in your team, improve your competence. This relationship applies to everything, in all aspects of life; Life will give you back everything you have given to it." YOUR LIFE IS NOT A COINCIDENCE. IT'S A REFLECTION OF YOU!"

### **PRAYER FOR THOSE SERVING IN THE MILITARY**

O Prince of peace, we humbly ask your protection for all our men and women in military service. Give them unflinching courage to defend with honor, dignity and devotion, the rights of all who are imperiled by injustice and evil. Be their rock, their shield, and their stronghold and let them draw their strength from you. For you are God, for ever and ever.

#### **PRAY for THOSE in the MILITARY**

Lieutenant Julia H. Cheringal, US Navy;  
Lieutenant Ben Clemente, US Army;  
Midshipman Jon Clemente, US Navy;  
Sergeant Nicholas Colletti, US Army;  
1st Lieutenant Ryan Colomeo, U.S. Marine Corps;  
Captain Michael Franson, US Army;  
Sergeant First Class Charles Greene, US Army;  
Lieutenant Tara Harris, US Air Force;  
Lieutenant Joseph Jaeger, US Navy;  
Lieutenant Andrew Jaeger, US Navy;  
Captain Shawn Linn, US Army;  
Colonel John McLaughlin, US Army;  
Corporal Richard McKenna, USMC.

### **ST. MATTHEW'S GOSPEL**

Chances are you know St. Matthew's Gospel better than you know the other three Gospels. It contains the Sermon on the Mount with the Beatitudes and the Lord's Prayer. It highlights the ministry of Peter. In it, Jesus urges the disciples to works of mercy because "what you do to the least of my brothers, you do to Me." It records the stories of the Birth of Jesus, the coming of the Magi, the flight into Egypt and the slaughter of the innocents. Its account of the death of Christ thunders with an earthquake. For centuries, St. Matthew's popular Gospel dominated the Scripture readings Catholics heard at Mass. Most people assume that the author of this Gospel was the tax collector who decided to follow Jesus. However, it is not likely; most Scripture scholars believe that it was written by an anonymous Jewish Christian who lived at Antioch in Syria. The author borrowed much from St. Mark's Gospel – a pointless method if the writer were indeed an eyewitness to the events in Jesus' life. The Gospel circulated long before the name "Matthew" became attached to it. St. Matthew's Gospel seems intended for an audience of Christians very familiar with the Jewish way of life and the Jewish Scripture, which accounts for the many references to Old Testament passages. Its central message is embedded in the title associated with Jesus at His birth, "Emmanuel," "God is with us." In Jesus, God is indeed with us. To Jesus we respond as disciples. St. Matthew is usually symbolized as a man or an angel recalling the genealogy, which opens the book.

## **Mass Intentions**

**Monday, November 23—St. Clement I, Pope & Martyr; St. Columban, Abbot; Bl. Miguel Agustin Pro, Priest & Martyr**

8:00 Kathryn Prelas R/b Michael and Barbara Fizulich  
12:00 Walter Prucnel R/b Ralph and Pat Dinnell

**Tuesday, November 24— St. Andrew Dung-Lac & Companions**

8:00 John Raven R/b James and Caroline Connolly  
12:00 John Gallagher R/b the Barrett Family

**Wednesday, Nov. 25—St. Catherine of Alexandria, Virgin & Martyr**

8:00 Blaise Zaccaro R/b the Zaccaro Family  
12:00 Anna Lucia Arias R/b Maria Arias

**Thursday, Nov. 26—Thanksgiving Day-St. John Berchmans, Religious**

9:00 Warren Lawten R/b the Quinn Family

**Friday, November 27 – St. Maximus, Bishop**

8:00 Frank D'Addone R/b Richard and Maureen Ferrara  
12:00 Edward and Winifred Pavlu R/b the Kip Family

**Saturday, November 28 - St. James of the March, Priest**

8:00 Marijan Fizulich R/b Michael and Barbara Fizulich  
12:00 Jean McGuire R/b Robert McGuire

4:00 Peter T. Stonitsch R/b Peter and Carole Stonitsch  
5:00 Beth Fabbriatore R/b friends of Beth

**Sunday, Nov. 29—1st Sunday of Advent- St. Saturninus, Bishop & Martyr**

7:30 Samuel J. Burruano R/b Mike and Maria Hellrigel  
8:15 Intentions of Ginny and Brian Amaral R/b Peggy O'Brien  
9:30 Winnie Lauzon R/b Al and Mary Clare McLaughlin  
10:45 Nair Lawlor R/b the Evanella Family  
12:00 Michael Avella Sr. R/b Phyllis Avella  
6:00 Elizabeth Maher R/b Barry and Ginger Maher  
7:00 June Porto R/b the Evanella Family

## **Sanctuary Memorials**

The Church Sanctuary Lamp burns this week for the repose of the soul of Kevin O'Brien, r/b Richard and Mary C. O'Brien.

The Blessed Virgin Mary Votive Lamp burns this week for the repose of the soul of Kathryn Prelas, r/b Michael and Barbara Fizulich.

The Hosts and Wine used at Mass this Week have been donated by Michael and Barbara Fizulich, in memory of Kathryn Prelas.

The St. Joseph Votive Lamp burns this week for a Special Intention.

## **CLOTHING BINS**

Through the turbulence of your many demands, would you be willing to take a few minutes to gather your unwanted clothing and shoes to help Catholic Charities? Please drop them in the Catholic Charities donation bin located on the Church grounds. Your donations help Catholic Charities and Mt. Carmel Guild. Thank you.

## **PARENTS & TIME**

If your son or daughter were to be asked, "What was most important in your mother or father's life". How would your children answer this question? What does your child perceive as most important in their parent's lives? Would the response of the most important be jobs or career, the pursuit of money and material wealth, or themselves over the correct answer of family? Parents, think about it, because your actions speak louder than words.

## **KIDZ KORNER ANSWERS**

1. 1863. 2. 675 million lbs. 3. 86 lbs. 4. 1621. 5. Thursday.

And if among all the saints some are more saintly than others, it is because God dwells in them more abundantly." **St. Augustine**

## **BLESSED ALEXANDRINA**

This *astounding* story of Blessed Alexandrina, from the pages of *Inside the Vatican*, is one you'll not soon forget. Blessed Alexandrina Maria da Costa was born in 1904 in Balasar, Portugal. It was Holy Saturday in 1918 when Alexandrina's life took a *powerful* turn - a turn that put her on the path to beatification.

On that fateful Holy Saturday, Alexandrina was working at her job, sewing. Three men forced their way into the room where she was working. The men were intent on raping the innocent 14 year old child. Seeking to protect her purity at all costs, Alexandrina jumped from the window, a *crippling* fall of almost fifteen feet. Although partially paralyzed from her leap and suffering horrible pain, Alexandrina amazed people in her parish by dragging herself to church. But then total paralysis set in. Through the Blessed Mother, Alexandrina prayed to the Lord. She asked for recovery and promised to devote the rest of her life to missionary work. But that was not to be. Instead, after years of constant prayer and *excruciating* pain which she offered for the reparation of sinners, Alexandrina was asked by our Lord if she would accept an entire life of suffering to bring about the consecration of the world to the Immaculate Heart of Mary. Alexandrina quickly agreed. **Agony we can only imagine.** Despite her total paralysis, Alexandrina miraculously rose from her bed every Friday for 5 years and literally lived the suffering of Christ's passion. A Portuguese missionary who witnessed Alexandrina's suffering described it this way ...

"2:24 p.m. When Jesus is led to the column, Alexandrina moves toward the bed and there leans on her hands. At the sight of Jesus being scourged, she receives on herself the quivering blows against the Lord, and from the violent contractions produced by the whips and the anguished groans that escape her lips, one can infer how much she is suffering."

Then, on October 31, 1942, Pope Pius XII consecrated the world to the Immaculate Heart of Mary - just as Christ promised would happen when Alexandrina accepted a lifetime of suffering!

There's also this miracle in Alexandrina's story ...

From 1942 until her death in 1955, Alexandrina lived entirely on the Eucharist. For a 40 day period, medical doctors carefully monitored her, making sure that she was totally without food and water. Astounded, the doctors also discovered that the Communion host remained intact in her stomach for 24 hours until she again received Communion.

Years after Blessed Alexandrina Maria da Costa's death, a Portuguese woman suffering from Parkinson's Disease - an incurable killing disease - began praying to Alexandrina. As the woman lay in her bed, paralyzed and very close to death, she felt something lift her up. She moved one leg and then the other. She could move her arms and hands, too. Then the woman stood up. She could walk!

The woman's prayers, asking Alexandrina's intercession, were answered. And it is this miracle that is virtually certain to lead to the canonization of Blessed Alexandrina Maria da Costa!

## **SAVE USED EYEGLASSES**

The OLV Knights of Columbus collects used and old eyeglasses for the less fortunate. Any old or "retired" glasses may be left at the rectory.

## **Women's Dance Class—ZUMBA**

Women's Zumba exercise classes are held on Mondays 6:00PM in the gym and Thursdays 7:00PM in the Parish Center.

**If the church wants a better Pastor,  
It only needs to pray for the one it has.**

## **SPEECH**

**Kurt Vonnegut gave this speech to the MIT graduating class.**

"Ladies and gentlemen wear sunscreen. If I could offer you only one tip for the future, sunscreen would be it. The long-term benefits of sunscreen have been proved by science, whereas the rest of my advice has no basis more reliable than my own meandering experience. I will dispense this advice now.

Enjoy the power and beauty of your youth. Oh, never mind. You will not understand the power and beauty of your youth until they've faded. But trust me, in 20 years, you'll look back at photos of yourself and recall, in a way you can't grasp now, how much possibility lay before you and how fabulous you really looked. You are not as fat as you imagine.

Don't worry about the future. Worrying is as effective as trying to solve an algebra equation by chewing bubble gum. The real troubles in your life are apt to be things that never cross your worried mind - the kind that blindsides you at 4 p.m. on some idle Tuesday. Do one thing every day that scares you. Sing. Don't be reckless with other people's hearts. Don't put up with people who are reckless with yours. Floss. Don't waste your time on jealousy. Sometimes you're ahead, sometimes you're behind. The race is long, and in the end, it's only with yourself. Remember compliments you receive. Forget the insults. If you succeed in doing this, tell me how. Keep your old love letters. Throw away your old bank statements. Stretch. Don't feel guilty if you don't know what you want to do with your life. The most interesting people I know didn't know at 22 what they wanted to do with their lives. Some of the most interesting 40-year-olds I know still don't.

Get plenty of calcium. Be kind to your knees. You'll miss them when they're gone. Maybe you'll marry, maybe you won't. Maybe you'll have children, maybe you won't. Maybe you'll divorce at 40, maybe you'll dance the funky chicken on your 75th wedding anniversary. Whatever you do, don't congratulate yourself too much, or berate yourself either. Your choices are half chance. So are everybody else's. Enjoy your body. Use it every way you can. Don't be afraid of it or of what other people think of it. It's the greatest instrument you'll ever own.

Dance, even if you have nowhere to do it but your living room. Read the directions, even if you don't follow them. Do not read beauty magazines. They will only make you feel ugly. Get to know your parents. You never know when they'll be gone for good. Be nice to your siblings. They're your best link to your past and the people most likely to stick with you in the future. Understand that friends come and go, but with a precious few you should hold on. Work hard to bridge the gaps in geography and lifestyle, because the older you get, the more you need the people who knew you when you were young.

Live in New York City once, but leave before it makes you hard. Live in Northern California once, but leave before it makes you soft. Travel. Accept certain inalienable truths: Prices will rise. Politicians will philander. You, too, will get old. And when you do, you'll fantasize that when you were young, prices were reasonable, politicians were noble, and children respected their elders. Respect your elders. Don't expect anyone else to support you. Maybe you have a trust fund. Maybe you'll have a wealthy spouse. But you never know when either one might run out. Don't mess too much with your hair or by the time you're 40, it will look 85. Be careful whose advice you buy, but be patient with those who supply it. Advice is a form of nostalgia. Dispensing it is a way of fishing the past from the disposal, wiping it off, painting over the ugly parts, and recycling it for more than it's worth. But trust me on the sunscreen.

## **KIDZ KORNER**

1. What year did Thanksgiving become a national holiday?
2. On Thanksgiving, how many pounds of turkey are eaten?
3. What was the weight of the largest turkey ever raised?
4. What year did the first Thanksgiving take place?
5. On what day of the week is Thanksgiving celebrated?

**Answers on page four**

"A government big enough to give you everything you want,  
is strong enough to take everything you have."

**Thomas Jefferson**

## **COVER SHEET**

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