

# Our Lady of Victories Church

(serving Harrington Park, River Vale, and the Pascack/Northern Valley)

150 Harriot Avenue, Harrington Park, New Jersey

[www.ourchurch.com/member/o/olvparish](http://www.ourchurch.com/member/o/olvparish)

**Rev. Bryan F.J. Adamcik SFO, KHS Pastor**

Rev. Duverney Bermudez

Rev. Christopher M. Ciccarino KHS

Rev. Brian Muzás

*Weekend Assistants*

**Br. Innocent CFR**

**Charles Niece**

*Parish Seminarians*

**Sr. Kristen Gawlik FMA Novice**

*Parish Vocation*

Rev. Anthony Mastroeni

Rev. John O'Connor

*Latin Mass Assistants*

**Sr. Mary Corrigan, SC**

**Sr. Elizabeth Holler, SC**

*In Residence-Convent*

**Mr. Thomas Lagatol Mr. Albert McLaughlin**

*Deacons*

**Susan Evanelle Betty Ann Niece**

*Religious Education*

**Deacon Al McLaughlin**

*Parish Catechetical Leader*

**Selena Piazza**

**Lesa Rossmann**

*Ministers of Music*

**Curtiss & Katie Stella**

*High School Ministry*

**Jorden Pedersen Esq.**

*President Parish Council*

**Elizabeth Ulisse**

**Martin Coyne II**

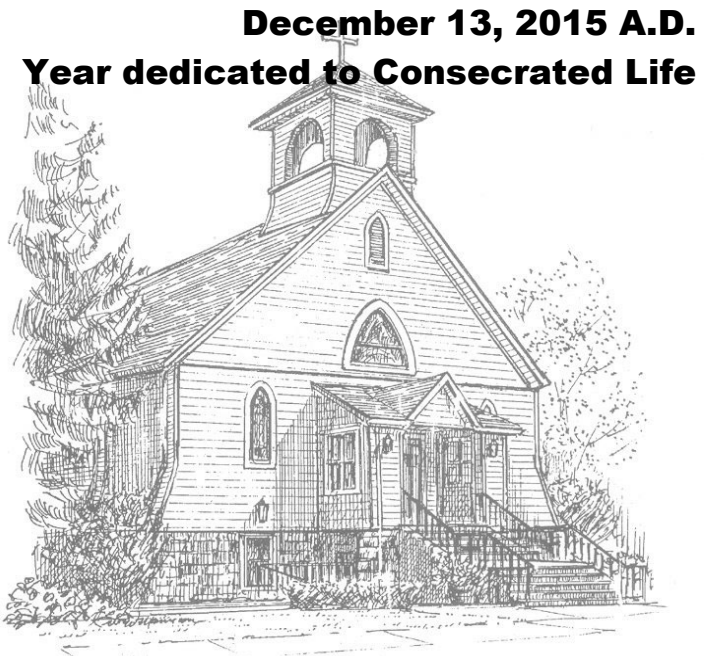
*Parish Trustees*

**Maria Hellrigel**

*Parish Secretary*

**Jon Fischer CFA**

*Chairman Finance Committee*



**December 13, 2015 A.D.**

**Year dedicated to Consecrated Life**

## WELCOME

**To the Parish Family of  
OUR LADY OF VICTORIES  
(THE LITTLE CHURCH WITH THE BIG HEART)**

## COME WORSHIP WITH US

### Mass Schedule

**Saturday: 4:00pm & 5:00pm**

**Sunday: 7:30am, 9:30am, 10:45am,  
12:00pm, 6:00pm & 7:00pm**

**Latin Mass: Every Sunday at 8:15am**

**Weekdays: M-Sat 8:00am & 12:00noon**

### PARISH MEMBERSHIP:

All are welcome to become members of OLV Parish because we're the little Church with the BIG HEART. Please register in the Rectory. Every Catholic family or individuals living within the parish boundaries are encouraged to register.

### SPECIAL MASSES OR DEVOTIONS:

**First Friday:** 7:30pm, Mass of Sacred Heart & Devotions

**First Saturday:** 8:00am, Mass of Immaculate Heart of Mary

**First Saturday:** 12:00pm Mass for Souls in Purgatory

### Novenas prayed after 8:00 a.m. Mass:

**Our Lady of the Miraculous Medal:** Monday

**St. Jude and St. Anthony:** Wednesday

**Infant of Prague:** 25th of the month

**Rosary:** Recited M - Sat after 8:00am & 12Noon Mass.

**Tuesday-Novena Prayer and Adoration:** 2:00-3:00pm

**Thursday-Holy Hour with Adoration & Benediction:** 7:00pm

**Friday-Exposition & Adoration:** 12:30PM-3:00pm

**Nocturnal Adoration:** First Friday evening 8pm to Saturday 8am

### THE SACRAMENT OF PENANCE/CONFESSION:

Monday - Friday 7:30am - 7:50am. First Friday at 7:00pm

Saturday at 11:00a.m.-Noon; 3:00pm - 3:25pm

### THE SACRAMENT OF BAPTISM:

To register for Baptismal preparation and Baptism, call the rectory.

### THE SACRAMENT OF CONFIRMATION:

Call the Religious Ed Office for requirements/class schedule.

### THE SACRAMENT OF MATRIMONY:

Please call the rectory for an appointment.

### THE SACRAMENT OF THE SICK/LAST RITES:

Sick calls at any time in emergency.

### THE SACRAMENT OF HOLY ORDERS AND VOCATIONS:

Anyone contemplating a vocation to the Priesthood or Religious Life should contact the Vocations Office at 973.497.4365.

**Phone:** 201-768-1706  
**Email:** [olvrectory.hp@gmail.com](mailto:olvrectory.hp@gmail.com)

**OLV Rectory**  
**OLV Fax**  
201-768-3962

**Religious Education**  
201-768-1400  
[olvhpccd@gmail.com](mailto:olvhpccd@gmail.com)

**OLV Convent**  
201-768-1705

## **PRAY FOR OUR SICK**

Please **PRAY** in the name of **JESUS**, the Healer, that the **SICK** of **OLV PARISH** may be restored to health and all those who **ASSIST** and **CARE** for the sick will be given the **STRENGTH** to continue **GOD'S GOOD WILL**: Baby Luca, little Niamh Devlin, Br. Pius, Isabella Ruggiero, Maria Aleman, Kathleen Dolan, Thomas Haring, Arnold Kemner, Ken Mosier, Kathleen Musante, Dan Ragusa, Suzanne Rothschild, Wendy Ruggiero, Cookie Rush, Cynthia Simonelli, Mildred Speck, Therese Vaglio, Darien Wesler, Al Wiese, Roy Wurtz, Marian Zanetti, Elaine Zito.

## **SPIRITUAL EXCERPT**

### **BRILLIANCE IS NOT REQUIRED**

"Every time Jesus taught the multitudes, the apostles would get Him alone afterward and say, "Master, would you explain the parable to us?" Every child in that audience knew exactly what He was talking about, except his apostles. Now some of you look at Scripture and you don't understand it. Then someone comes along with an insight that makes you feel teeny-tiny. Well, don't! You aren't alone. Holiness doesn't consist of knowing much, or doing much, but of loving much."

**Mother Angelica, Little Book of Life Lessons page 43**

## **ADVENT WREATH**

The origins of the Advent wreath are found in the folk practices of the pre-Christian Germanic peoples, who, during the cold December darkness of Eastern Europe, gathered wreaths of evergreen and lighted fires as signs of hope in a coming spring and renewed light. Christians kept those popular traditions alive, and by the 16th century Catholics and Protestants throughout Germany used these symbols to celebrate their Advent hope in Christ, the everlasting Light. From Germany, the use of the Advent wreath spread to other parts of the Christian world. Traditionally, the wreath is made of four candles in a circle of evergreens. Three candles are violet, and the fourth is rose for the third Sunday of Advent (Gaudete Sunday, from the Latin word "Rejoice"). The rejoicing comes from the fact that Advent is half over, and Christmas is soon to follow. If we listen to Isaiah, we may understand the symbolism of the wreath more clearly: The people that walked in darkness have seen a great light; on those who lived in a land as dark as death a light has dawned. You have increased their joy and given them great gladness; they rejoice in your presence as those who rejoice at harvest, as warriors exult when dividing spoil. Is:9.1-2

## **SERIOUS PROBLEM**

A worried woman went to her gynecologist and said: "Doctor, I have a serious problem and desperately need your help! My baby is not even one year old and I'm pregnant again. I don't want kids so close together." So the doctor said: "Ok, and what do you want me to do?" She said: "I want you to end my pregnancy, and I'm counting on your help with this." The doctor thought for a little while, and after some silence he said to the lady: "I think I have a better solution for your problem. It's less dangerous for you too." She smiled, thinking that the doctor was going to accept her request. Then he continued: "You see, in order for you not to have to take care of two babies at the same time, let's kill the one in your arms. That way, you could rest some before the other one is born. If we're going to kill one of them, it doesn't matter which one it is. There would be no risk for your body if you chose the one in your arms." The lady was horrified and said: "No doctor! How terrible! It's a crime to kill a child!" "I agree", the doctor replied. "But you seemed to be ok with it, so I thought maybe that was the best solution." The doctor smiled, realizing that he had made his point. He convinced the mom that there is no difference in killing a child that's already been born and one that's still in the womb. The crime is the same!

**DON'T GIVE UP. MOSES WAS ONCE A BASKET CASE.**

## **YG Christmas Greens Sale**

The Youth Group of Our Lady of Victories Parish is conducting a wreath and grave blanket sale. All proceeds of this sale will support our Youth Ministry Program. Thank you for your support.

**Small Grave Blanket \$20**

**Large Grave Blanket \$30**

**Decorated Wreath \$25**

## **GIVING TREE**

**Giving Tree Gifts must be brought to OLV today, December 13th. Please remember the less fortunate as you shop and prepare for Christmas.**

## **DEFEND YOUR CATHOLIC FAITH**

Over the course of the last generation, Christianity and in particular our Catholic Faith has been under attack. Anti-Catholicism is the last acceptable prejudice. What can we do about it? Besides prayer, all Catholics should join The Catholic League at [www.catholicleague.org](http://www.catholicleague.org) or 450 Seventh Avenue, NY, NY 10123 and receive the journal, The Catalyst, which has articles detailing where Catholicism is under attack and by whom. As Christmas approaches, we will see secularism creep in and try to wrestle and strip the season of its Christian elements.

**Remember Christ is the reason for the Season.**

## **Silent Night, Holy Night**

*Silent Night, Holy Night* will be held at OLV this Wednesday, December 16, from 6:30PM to 9:00PM. During the season of Advent we ask everyone, young and not so young, to stop for 10 minutes from all the hustle and bustle of the Christmas season, and visit Jesus in His Church. The gift of time is so precious, but sometimes, especially around Christmas, we are so busy with last minute preparations that we forget about preparing our hearts and souls for the holy celebration of Christmas. As a family, what greater example can we give to our children than to come to God's house and in the silence of the night offer our prayers to Emmanuel — God with us. Please make the effort to come and allow the music of the season to prepare you for the Feast of Christmas.

## **CATHEDRAL CONCERT SERIES 45TH ANNUAL CANDLELIGHT CAROL SING**

The Cathedral Choir and Instrumental Ensemble will perform on Wednesday, December 16 and Thursday, December 17. Performances begin at 8:00PM—doors open at 7:00PM. Ramped entrance on Ridge Street secure parking—Cathedral Basilica of the Sacred Heart, Park and Clifton Avenues, Newark. For info please call 973-484-2400.

## **Good People Did Nothing ...**

A wise man once said "All that needs to happen for evil to prevail is for good people to stand aside and do nothing". Sadly, we've seen this proven too many times here in America.

*Good People did nothing* and prayer was banned from our Public Schools. *Good People did nothing* and Roe vs. Wade opened the door for abortion on demand.

*Good People did nothing* and they outlawed the Ten Commandments in courthouses all over our Country.

*Good People did nothing* and now you have to be careful about even saying "Merry Christmas".

**We just can't afford to do nothing anymore.**

**Upcoming OLV Parish Events**

Dec 13-Sun-Advent Evensong Concert/Prayer Service 3:00pm  
 Dec 14—Mon -Zumba 6:00PM OLV Gym  
 Dec 14—Mon—Women of Grace 7:30PM  
 Dec 15 -Tue – Marian Novena Prayer 2:00-3:00PM  
 Dec 16—Wed—OLV Bible Group 10:00AM  
 Dec 16—Wed—OLV Needlers 6:30PM  
 Dec 16-Wed-Silent Night, Holy Night 6:30-9:00PM  
 Dec 17—Thu—Zumba 7:00PM School Parish Center  
 Dec 18—Fri— Adoration from 12:30PM-3:00PM  
 Dec 19- Sat—Confessions 11:00-12:00Noon 3:00/3:25PM  
 Jan 23—Sat—K of C Beef Steak  
 May 14—Sat- FIRST HOLY COMMUNION  
 May 22—Sun—Confirmation 2PM  
 May 30—Mon—Fr. Innocent CFR First Mass and Reception at OLV 1PM

**DREAM**

I dreamed that I went to Heaven and an angel was showing me around. We walked side-by-side inside a large workroom filled with angels. My angel guide stopped in front of the first section and said, 'This is the Receiving Section. Here, all petitions to God said in prayer are received. I looked around in this area, and it was terribly busy with so many angels sorting out petitions written on voluminous paper sheets and scraps from people all over the world.

Then we moved on down a long corridor until we reached the second section. The angel then said to me, "This is the Packaging and Delivery Section. Here, the graces and blessings the people asked for are processed and delivered to the living persons who asked for them." I noticed again how busy it was there. There were many angels working hard at that station, since so many blessings had been requested and were being packaged for delivery to Earth.

Finally at the farthest end of the long corridor we stopped at the door of a very small station. To my great surprise, only one angel was seated there, idly doing nothing. "This is the Acknowledgment Section", my angel friend quietly admitted to me. He seemed embarrassed. "How is it that there is no work going on here?" I asked. "So sad," the angel sighed. "After people receive the blessings that they asked for, very few send back acknowledgments" "How does one acknowledge God's blessings?" I asked.. "Simple," the angel answered. Just say, "Thank you, Lord." "What blessings should they acknowledge?" I asked.

"If you have food in the refrigerator, clothes on your back, a roof overhead and a place to sleep you are richer than 75% of this world. If you have money in the bank, in your wallet, and spare change in a dish, you are among the top 8% of the world's wealthy. And if you own a computer, you are part of the 1% in the world who has that opportunity. "If you woke up this morning with more health than illness .. You are more blessed than the many who will not even survive this day. If you have never experienced the fear in battle, the loneliness of imprisonment, the agony of torture, or the pangs of starvation ... You are ahead of 700 million people in the world."

"If you can attend a church without the fear of harassment, arrest, torture or death you are envied by, and more blessed than, three billion people in the world. If your parents are still alive and still married ...you are very rare. If you can hold your head up and smile, you are not the norm, you're unique to all those in doubt and despair." Ok, what now? How can I start? If you can read this message, you just received a double blessing in that someone was thinking of you as very special and you are more blessed than over two billion people in the world who cannot read at all. Have a good day, count your blessings, and if you care to, pass this along to remind everyone else how blessed we all are.

**GAUDETE SUNDAY**

Today is Gaudete Sunday – Rejoicing Sunday, we light the pink candle on the Advent Wreath as we rejoice in the Lord's coming. From His promise of Savior to Adam and Eve, God never abandoned His people. Through signs and symbols, sacred omens and oracles, God gave hope and direction to His people through the prophets. Many prophets had a difficult job of calling the people from their sinful ways to God's way – from the road to death to the way of salvation. God now entrusts that duty to the Church: through its sacraments and preaching, God calls us from sin to salvation, from death to life.

**GOD'S HOUSE**

The Church is God's special dwelling place and some people come to pray, so please be aware of this and please refrain from idle chatter before and after Mass. We should behave differently in God's House as opposed to being at home, at the mall, a grocery store or a civic center.

**OLV PARISH REGISTRATION**

If you are presently not on our mailing list, receiving envelopes and the various parish mailings, chances are that you are not a registered member of our parish. You are **NOT automatically** a registered member because you were married here or even if you were brought up here and lived in the parish with your parents - or went to school here. Membership is by **FORMAL** registration **ONLY**. Call the Parish Office - [201] 768-1706 to see if you are registered and if not, let us help you become an official member of Our Lady of Victories Parish. Thank you.

**SAVE USED EYEGLASSES**

The OLV Knights of Columbus collects used and old eyeglasses for the less fortunate. Any old or "retired" glasses may be left in the atrium of the Church.

**OLV CCD OFFICE HOURS**

Monday: 1:00PM-8:30PM  
 Wednesday: 9:00AM-12:00PM  
 Friday: 12:00PM-3:00PM  
 Saturday: Office Closed  
 Sunday: 8:30AM-12:00PM

**Women's Dance Class—ZUMBA**

The women's Zumba exercise classes are held on Mondays 6:00PM in the gym and Thursdays 7:00PM in the Parish Center.

**Blessing of Water, Salt and Oil**

After the Marian Novena prayers on Tuesday, December 15th, there will be blessing of water, salt and oil.

**CCD CORNER**

With Christmas just being 2 weeks away, we start putting the finishing touches on our shopping lists, home decorations and Christmas plans. The same must be true about our spiritual preparations on this the 3<sup>rd</sup> Sunday of Advent. This week extra class time will be given to our students as they work with their teachers on how to make a good and thoughtful confession. Next Sunday and Monday they will have the opportunity to receive the **Sacrament of Reconciliation** during class. We extend an invitation to all of you to do the same. Confessions will be in the gym on **Sunday morning, December 20<sup>th</sup>** from 9:30 – 11:00 and on **Monday afternoon, December 21<sup>st</sup>** from 4:00 – 5:00 and again from 7:00 – 8:00.

**The last wishes of Alexander the Great.**

On his death bed, Alexander summoned his army generals and told them his three ultimate wishes:

1. The best doctors should carry his coffin.
2. The wealth he has accumulated (money, gold, precious stones) should be scattered along the procession to the cemetery.
3. His hands should be let loose, so they hang outside the coffin for all to see !!

One of his generals who was surprised by these unusual requests asked Alexander to explain. Here is what Alexander the Great had to say:

1. "I want the best doctors to carry my coffin to demonstrate that in the face of death, even the best doctors in the world have no power to heal."
2. "I want the road to be covered with my treasure so that everybody sees that material wealth acquired on earth, will stay on earth."
3. "I want my hands to swing in the wind, so that people understand that we come to this world empty handed and we leave this world empty handed after the most precious treasure of all is exhausted, and that is: TIME. We do not take to our grave any material wealth. TIME is our most precious treasure because it is LIMITED. We can produce more wealth, but we cannot produce more time. When we give someone our time, we actually give a portion of our life that we will never take back. Our time is our life! The best present that you can give to your family and friends is your TIME.

**WHO STARTED CHRISTMAS?**

This morning I heard a story on the radio of a woman who was out Christmas shopping with her two children. After many hours of looking at row after row of toys and everything else imaginable, and after hours of hearing both her children asking for everything they saw on those many shelves, she finally made it to the elevator with her two kids. She was feeling what so many of us feel during the holiday season time of the year. Overwhelming pressure to go to every party, every housewarming, taste all the holiday food and treats, getting that perfect gift for every single person on our shopping list, making sure we don't forget anyone on our card list, and the pressure of making sure we respond to everyone who sent us a card. Finally the elevator doors opened, and there was already a crowd in the car. She pushed her way into the car and dragged her two kids in with her and all the bags of stuff. When the doors closed she couldn't take it anymore and stated, "Whoever started this whole Christmas thing should be found, strung up and shot." From the back of the car everyone heard a quiet calm voice respond, "Don't worry, we already crucified him." For the rest of the trip down the elevator it was so quiet you could have heard a pin drop. Don't forget this year to keep the One who started this whole Christmas thing in your every thought, deed, purchase, and word. If we all did it, just think of how different this whole world would be. -- Author Unknown

**BEEFSTEAK DINNER - 1/23/16**

This is a major fundraiser for the Knights of Columbus to fund our seminarians - men studying for the priesthood and other charitable works. It is a fun evening, and last year it was a great success. Please support this dinner. If you would like to be a placemat advertiser send your business card and a check payable to the OLV K of C c/o The OLV KofC, PO Box 145, Harrington Park NJ 07640 or call Rich 201-767-6689.

**Jesus asked one thing from us!!!**

On His last night of earth (Holy Thursday) Jesus asked His disciples one thing - to stay awake with Him for one hour. Every Thursday evening we at OLV try to fulfill this request by having a Holy Hour from 7-8PM. Join us in carrying out Jesus' request.

**Mass Intentions**

- Monday, December 14--St. John of the Cross of Spain, priest**  
 8:00 Intentions of Ryan Bolton R/b the Bolton Family  
 12:00 William Jenkins R/b Richard and Maureen Ferrara
- Tuesday, December 15 - St. Nino of Georgia, virgin**  
 8:00 Intentions of Charles and Tyler—  
 health and God's blessings on their 3rd Birthday r/b Esty Parlanti  
 12:00 Nair Lawlor R/b Dennis and Pat Jones
- Wednesday, Dec. 16. St. Adelaide of Burgundy-Queen of Germany**  
 8:00 James McConnell R/b the Kruimer Family  
 12:00 John Zanetti R/b the Evanelia Family
- Thursday, December 17--St. Olympias-Widow**  
 8:00 Frank Urgo R/b Clara Urgo  
 12:00 Stephen Andretta Jr. R/b Barbara Sita
- Friday, December 18--St. Gatian, Bishop of Tours, France**  
 8:00 Mary Ruddy R/b Jeanne Marie Walsh  
 12:00 Katherine Sweatt R/b Teresa Meierdierks
- Saturday, December 19--Blessed Urban V-Pope**  
 8:00 Philip Miserendino R/b Mike and Pat Franson  
 12:00 Gary Mioli R/b Jerry and Helen Keegan  
 4:00 Alice Pommert R/b Judy Pommert  
 5:00 Rose Mastrangelo R/b Kevin and Susan Olsen
- Sunday, Dec. 20--Ss. Abraham, Isaac, and Jacob-Patriarchs**  
 7:30 James Hellrigel R/b Mike and Maria Hellrigel  
 8:15 People of the Parish  
 9:30 John W. Budinich R/b Jon and Jen Fischer  
 10:45 Domenica Scivanich R/b Nick and Maria Busanic  
 Joseph Smith R/b Theresa Smith  
 12:00 Peter Te R/b Family  
 6:00 Intentions of Reagan McElroy R/b Family  
 7:00 Thomas Quinn R/b Scott and Barbara Anzalone

**Sanctuary Memorials**

- The Church Sanctuary Lamp burns this week for those who serve in defense of our country.
- The Blessed Virgin Mary Votive Lamp burns this week for the souls in Purgatory.
- The St. Joseph Votive Lamp burns this week for a Special Intention.

**SPIRITUAL WARFARE**

We are constantly under attack and tempted by the forces of EVIL. Every Tuesday afternoon from 2:00-3:00PM members of OLV parish meet and pray the Marian Novena which focuses on this daily battle. Join us.

**SICK OR "HOMEBOUND"**

If you are sick or "homebound" (or know someone who is), and would like to have Communion, please contact the Rectory at 201-768-1706

**APOLOGETICS**

Defend your Catholic Faith, but first learn more about it. Check out this site to learn more about Roman Catholicism - <http://www.biblechristiansociety.com/>

**KIDZ KORNER ANSWERS**

"Nothing"

**If you're far from God in life,  
you'll be far from God in death.**

## December is dedicated to the Divine Infant.

### **10 Surprising Things That Happen When You Go To Adoration More Often**

The Eucharist is described in the catechism as the “source and summit” of our faith. Finding the time to go to Adoration can be difficult. But if you can make it happen, committing to regular Adoration with an open heart can have some surprising results. While they were eating, He took some bread, and after a blessing He broke it, and gave it to them, and said, “Take it; this is My body.” And when He had taken a cup and given thanks, He gave it to them, and they all drank from it. And He said to them, “This is My blood of the covenant, which is poured out for many. — Mark 14:22-24. In today’s culture, the idea of interior progress is drastically undervalued; many times it’s considered a waste of time or something from our naive ancestors. Usually, only exterior and more palpable progress is worth anything. The main difference between the two (material and spiritual) is that material progress remains outside of you. It will offer you certain positive sensations, yet it is always colored with a fleeting and inconsistent kind of occurrence. An interior progress, on the other hand, means that it is you who are changed. The time you spend adoration may surprise you these ten ways:

#### **1. You develop a sense of awe and wonder.**

There is nothing like the atmosphere of a quiet chapel or church, the smell of incense and the splendor of the monstrance to help you understand the truth of what is happening in Adoration. We are truly before Jesus Christ, His Body, Blood, Soul and Divinity. The more you sink into that silence in front of the Host, the more you’ll realize that the only response is awe and wonder at the greatness of our God.

#### **2. You experience peace in other areas of your life.**

Jesus said “Peace I leave with you, my peace I give to you.” (John 14:27) The outward peace we can experience in Adoration (the quiet and the stillness) reaches much deeper. It leads to an inner peace that affects all areas of our lives. It doesn’t mean everything in our life will be perfect and without suffering, but Christ’s peace means that we know that the storms of life can’t shake us.

#### **3. You begin to look outwardly.**

Jesus told us to “love one another as I have loved you”. (John 13:34) Spending time in Adoration connects us to the whole world – after all, we’re spending time with the Creator of all things! More time praising and adoring God means you can look beyond your own concerns and see the needs of others in your life and in the world that we live in.

#### **4. You get bored sometimes.**

There are going to be times when Adoration can feel anything but glorious. You get distracted, your mind begins to wander, you can hear someone else sniffing next to you. Maybe in the beginning Adoration was full of wonderful feelings! Regular Adoration is when daily life sets in and it can make it feel not so special. But that doesn’t devalue or take away from the truth of what Adoration is. Our faith is more than feelings and God will still be working in you. This is the beauty of the Incarnation – God made man, coming into all our stresses, fears, problems – and yes, boredom. Know that even if an hour spent in Adoration is a continual returning to Him every few minutes when your mind wanders, you are still giving God the best gift you can – your time and company.

#### **5. But you become excited going to Adoration.**

The more time you spend in Adoration discovering that God is a God who loves you and wants to spend time with you, the more you begin to actually want to go. If Adoration once felt like a chore, you might even find yourself becoming excited to go! Adoration is addictive, not just because of the things we can gain for ourselves, but because we were created to adore. As we say in the Mass, it is “right and just” that we should give thanks to the Lord! Adoration is imprinted on our hearts and “our hearts are restless until they find our rest in Him”! (Thanks, St Augustine!)

#### **6. Grace enters your life.**

It’s amazing how a simple act of committing to even a short time of regular Adoration makes such a huge difference to the rest of your life. You can carry that moment of being in His presence with you long after you’ve left the church or chapel. His grace sustains you in every moment, especially in moments of temptation. Temptation becomes easier to resist when you’re spending more time in Adoration. Sometimes, it really is that straightforward.

#### **7. You realize how fortunate you are.**

If it is as simple for you as getting in the car and driving to Adoration at church, or even walking to the chapel nearby, you realize how much you can take it for granted. There are those who would love to spend more time with Jesus in Adoration but who are housebound, sick or busy parents. Then there are those around the world who actually risk their lives for the Eucharist, in places where they are persecuted for their faith. When you remember those who walk for hours or days in dangerous situations in order to be present with Jesus, you realize what a gift it is to be able to pray openly, not to mention having a priest to minister the sacraments.

#### **8. You realize that God has a sense of humor.**

The more you are able to sit and let God speak to you (instead of spending all your time filling the silence with talking to Him), you’ll find that God has a really good sense of humor. He likes a joke or two, and sometimes these moments are funny enough to make you want to laugh out loud. Surprising, maybe, but don’t the best fathers show you their love by affectionate good humor!?

#### **9. You want to go to Confession more.**

This might sound scary, but it’s not. Confession allows us to experience the mighty boundless ocean that is God’s mercy. His mercy swallows up all our sins and gives us a true kind of freedom, a freedom without fear, which allows us to make the leap into His love and goodness, complete with all His perfect plans for our life. Time and time again, going to Confession re-enforces the knowledge that we are jumping into the arms of a father who loves us very much and “never tires of forgiving us”. (Pope Francis).

#### **10. You fall in love.**

Ultimately, you can’t help this one! When you spend more time with an open heart in Adoration and just let Christ love you, then you’ll fall in love too. That love will define you and allow you to be yourself. “I came that they may have life, life in all its fullness.” (John 10:10) So what are you waiting for? Make a date now for some Adoration and let God transform your life!

## **HOLY HOUR AT OLV**

**Every Tuesday** from 12:30-3:00PM. **Every Thursday** at 7PM OLV has a Holy Hour with Exposition of the Blessed Sacrament, Prayers and Quiet Time. **Every Friday** OLV has Exposition of the Blessed Sacrament from 12Noon to 3PM. Stop by and make a visit to our Eucharistic Lord.

## **THE LOVE OF GOD**

No matter how long it has been, the Love of God knows no time. We celebrate the Sacrament of Reconciliation on **First Friday** at 7:00PM, **Saturday** at 11:00 AM until Noon, and from 3:00 – 3:25PM. **Monday thru Friday** at 7:25AM – 7:50AM.

## **KIDZ KORNER**

What is greater than God,  
More evil than Satan,  
The poor have it,  
The rich need it,  
And if you eat it, you’ll die?  
**Answers on page 4**

## **COVER SHEET**

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