

Our Lady of Victories Church

(serving Harrington Park, River Vale and the Pascack/Northern Valley)

150 Harriot Avenue, Harrington Park, New Jersey

www.ourchurch.com/member/o/olvparish

Rev. Bryan F.J. Adamcik SFO, KHS Pastor

Rev. Duverney Bermudez

Rev. Christopher M. Ciccarino KHS

Rev. Brian Muzás

Weekend Assistants

Br. Innocent CFR

Charles Niece

Parish Seminararians

Mr. Thomas Lagatol Mr. Albert McLaughlin

Deacons

Susan Evanella Betty Ann Niece

Religious Education

Selena Piazza

Lesa Rossmann

Ministers of Music

Curtiss & Katie Stella

High School Ministry

Jorden Pedersen Esq.

President Parish Council

Rev. Anthony Mastroeni

Rev. John O'Connor

Latin Mass Assistants

Sr. Mary Corrigan, SC

Sr. Elizabeth Holler, SC

In Residence-Convent

Deacon Al McLaughlin

Parish Catechetical Leader

Elizabeth Ulisse

Martin Coyne II

Parish Trustees

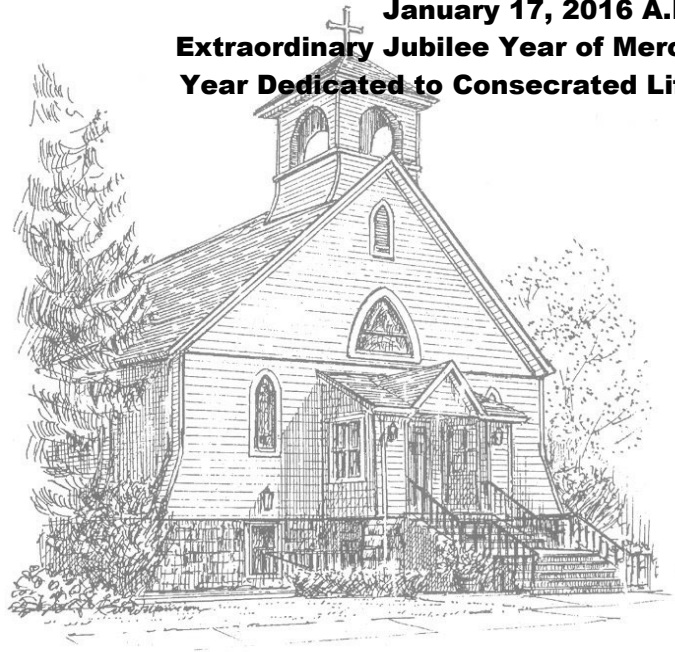
Maria Hellrigel

Parish Secretary

Jon Fischer CFA

Chairman Finance Committee

**January 17, 2016 A.D.
Extraordinary Jubilee Year of Mercy
Year Dedicated to Consecrated Life**



WELCOME

**To the Parish Family of
OUR LADY OF VICTORIES
(THE LITTLE CHURCH WITH THE BIG HEART)**

COME WORSHIP WITH US

Mass Schedule

Saturday: 4:00pm & 5:00pm

**Sunday: 7:30am, 9:30am, 10:45am,
12:00pm, 6:00pm & 7:00pm**

Latin Mass: Every Sunday at 8:15am

Weekdays: M-Sat 8:00am & 12:00noon

PARISH MEMBERSHIP:

All are welcome to become members of OLV Parish because we're the **little Church with the BIG HEART**. Please register in the Rectory. Every Catholic family or individuals living within the parish boundaries are encouraged to register.

SPECIAL MASSES OR DEVOTIONS:

First Friday: 7:30pm, Mass of Sacred Heart & Devotions

First Saturday: 8:00am, Mass of Immaculate Heart of Mary

First Saturday: 12:00pm Mass for Souls in Purgatory

Sundays: at 3PM Group Rosary

Novenas prayed after 8:00 a.m. Mass:

Our Lady of the Miraculous Medal: Monday

St. Jude and St. Anthony: Wednesday

Infant of Prague: 25th of the month

Rosary: Recited M - Sat after 8:00am & 12Noon Mass.

Tuesday-Novena Prayer and Adoration: 2:00-3:00pm

Thursday-Holy Hour with Adoration & Benediction: 7:00pm

Friday-Exposition & Adoration: 12:30PM-3:00pm

Nocturnal Adoration: First Friday evening 8pm to Saturday 8am

THE SACRAMENT OF PENANCE/CONFESSION:

Monday - Friday 7:30am - 7:50am. First Friday at 7:00pm

Saturday at 11:00a.m.-Noon; 3:00pm - 3:25pm

THE SACRAMENT OF BAPTISM:

To register for Baptismal preparation and Baptism, call the rectory.

THE SACRAMENT OF CONFIRMATION:

Call the Religious Ed Office for requirements/class schedule.

THE SACRAMENT OF MATRIMONY:

Please call the rectory for an appointment.

THE SACRAMENT OF THE SICK/LAST RITES:

Sick calls at any time in emergency.

THE SACRAMENT OF HOLY ORDERS AND VOCATIONS:

Anyone contemplating a vocation to the Priesthood or Religious Life should contact the Vocations Office at 973.497.4365.

Phone: 201-768-1706
Email: olvrectory.hp@gmail.com

OLV Rectory
OLV Fax
201-768-3962

Religious Education
201-768-1400
olvhpccd@gmail.com

OLV Convent
201-768-1705

PRAY FOR OUR SICK

Please **PRAY** in the name of **JESUS**, the Healer, that the **SICK** of **OLV PARISH** may be restored to health and all those who **ASSIST** and **CARE** for the sick will be given the **STRENGTH** to continue **GOD'S GOOD WILL**: Baby Luca, little Niamh Devlin, Br. Pius, Isabella Ruggiero, Maria Aleman, Nicholas Biancola Jr, Kathleen Dolan, Mario Gobetti, Thomas Haring, Peter Kelleher, Arnold Kemner, Ken Mosier, Kathleen Musante, Dan Ragusa, Suzanne Rothschild, Wendy Ruggiero, Cookie & George Rush, Cynthia Simonelli, Mildred Speck, Therese Vaglio, Darien Wesler, Al Wiese, Roy Wurtz, Marian Zanetti, Elaine Zito.

SPIRITUAL EXCERPT

“The love of men toward God takes its being, progress and perfection from the eternal love of God toward men.”

St. Francis de Sales, *Treatise on the Love of God toward Men*.

Are YOU new to the AREA?

If you are, stop by the rectory and meet Maria, our parish secretary, and register to become a member of the OLV Family.

ARE YOU LISTENING???

As Jesus was dying on the cross, an inscription above His head proclaimed, “This is the King of the Jews.” Today, we are called to proclaim this King to people who are sick of dying, to people who are lonely or abused, to all God’s people. Are you being called to proclaim Christ our King as a Priest, deacon, or a Religious Brother or Sister? If so, please contact the Vocations Office at 973-497-4365.

RESPECT LIFE

“There are undoubtedly thousands of women now getting abortions who believe it must be moral because it is legal. We should not underestimate the pedagogical force of the law – laws reflect moral judgments. Even when those judgments cannot be effectively enforced, they can be effectively taught. The law is one of society’s most potent teaching instruments.” Fr. Richard Neuhaus

LITTLE JOHNNY

Little Johnny was attending his first wedding. After the ceremony, his cousin asked him, “How many women can a man marry?” “Sixteen,” Johnny replied. His cousin was amazed that he had an answer so quickly. “How do you know that?” “Easy,” Johnny said. “All you have to do is add it up, like the Priest said, 4 better, 4 worse, 4 richer, 4 poorer.”

DID YOU KNOW?

The capital of Bavaria is named after monks. Munich, Germany, is the country’s third largest city and in German its name is actually Munchen, literally meaning “Monks,” or loosely “Home of the Monks.” The name goes back to the eighth century, and refers to a Benedictine monastery on the shores of Lake Tegernsee. In 1157, Henry “the Lion,” Duke of Bavaria, gave these monks the land to start a marketplace. Thus, the city of Munchen was founded. Apparently the “Benedictine marketplace” was successful for it has grown into a city of over a million inhabitants. Munich’s oldest church (Catholic, of course), the Peterskirche (Saint Peter’s Church), was built in 1169, twelve years after the city was founded. It can still be seen today. Also, a fish is named after Monks. The monkfish, which is harvested along the Atlantic coast, is really a kind of shark with a huge head and toothy mouth. It acquired the name “monkfish” not because of its looks; but because, while most fishermen discarded it, the frugal monks used the fish for food.

ENJOY.....

- I've learned That the best classroom in the world is at the feet of an elderly person.
- I've learned That when you're in love, it shows.
- I've learned That just one person saying to me, 'You've made my day!' makes my day.
- I've learned That having a child fall asleep in your arms is one of the most peaceful feelings in the world.
- I've learned That being kind is more important than being right.
- I've learned That you should never say no to a gift from a child.
- I've learned That I can always pray for someone when I don't have the strength to help him in some other way.
- I've learned That no matter how serious your life requires you to be, everyone needs a friend to act goofy with.
- I've learned That sometimes all a person needs is a hand to hold and a heart to understand.
- I've learned That simple walks with my father around the block on summer nights when I was a child did wonders for me as an adult.
- I've learned That life is like a roll of toilet paper. The closer it gets to the end, the faster it goes.
- I've learned That we should be glad God doesn't give us everything we ask for.
- I've learned That money doesn't buy class.
- I've learned That it's those small daily happenings that make life so spectacular.
- I've learned ... That under everyone's hard shell is someone who wants to be appreciated and loved.
- I've learned That to ignore the facts does not change the facts.
- I've learned That when you plan to get even with someone, you are only letting that person continue to hurt you.
- I've learned That love, not time, heals all wounds.
- I've learned That the easiest way for me to grow as a person is to surround myself with people smarter than I am.
- I've learned That everyone you meet deserves to be greeted with a smile.
- I've learned That no one is perfect until you fall in love with them.
- I've learned ... That life is tough, but I'm tougher.
- I've learned That opportunities are never lost; someone will take the ones you miss.
- I've learned That when you harbor bitterness, happiness will dock elsewhere.
- I've learned That I wish I could have told my Mom that I love her one more time before she passed away.
- I've learned That one should keep his words both soft and tender, because tomorrow he may have to eat them.
- I've learned That a smile is an inexpensive way to improve your looks.
- I've learned That when your newly born grandchild holds your little finger in his little fist, that you're hooked for life.
- I've learned That everyone wants to live on top of the mountain, but all the happiness and growth occurs while you're climbing it.
- I've learned That the less time I have to work with, the more things I get done.

By Andy Rooney, a man who had the gift of saying so much with so few words.

Upcoming OLV Parish Events

Jan 17—Sun – CCD (*no CCD Monday, 1/18*)
 Jan 19 -Tue – Marian Novena Prayer 2:15-3:15PM
 Jan 19—Tue—Catholic Daughters Meeting 7:00PM
 Jan 20—Wed—Bible Study 10:00AM
 Jan 20—Wed—OLV Needlers
 Jan 21—Thu—Rosary Society Mass & Meeting 12:00PM
 Jan 22—Fri— Adoration from 12:30PM-4:00PM
 Jan 23 - Sat—Confessions 11:00-12:00noon 3:00-3:25PM
 Jan 23—Sat—K of C Beef Steak
 Jan 30– Sat—First Confessions
 May 14—Sat- FIRST HOLY COMMUNION
 May 22—Sun—Confirmation 2PM
 May 30—Mon—Fr. Innocent CFR First Mass & Reception at OLV-1PM

TRAVELING STATUE

OLV has a traveling statue of the Blessed Mother that can go from home to home so that prayers and rosaries can be said for the good of the people of the parish and the individual family. The statue will "visit" for a week before it will be sent to the next home. Contact the rectory for information or to have your name placed on the list to receive the statue.

VOCATIONS

Mary and Joseph raised their child in a family of love and faith. They directed Jesus to follow God's will for His life. Each of us must assist and allow our children to follow God's will in their lives. This is true even if God calls your child to serve Him as a Priest, or Religious Sister or Brother. For information see Fr. Bryan or call the Vocations office at 973-497-4365.

'BLEEDING HOST'

The Salt Lake Catholic Diocese has started an investigation into what is being described as a 'bleeding host' at a local parish, St. Francis Xavier in Kearns. Images of the host, given to 2News, showed circles of deep red, and a section with a pink hue.

As we understand it, a boy was given communion by a local priest. A relative told the priest the child had not yet made his first communion -- or wasn't Catholic -- and handed back the host, a wafer the faithful believe becomes the body and blood of Jesus Christ during consecration in Mass. The priest put the host in water, and later noticed dramatic change. Now, a five member diocesan committee will look into whether there is -- or is not -- an explanation.

"The work of the committee is now underway," said Monsignor M. Francis Mannion, the panel chair. "The results will be made public." He added, the host is "in the custody of the diocesan administrator." Bridget O'Brien brought her children to pray the Rosary on Friday at St. Francis, and called the host a "miracle," saying it was a manifestation of Christ.

Reports of Eucharistic miracles have been publicized through the ages, though the Catholic Church may take years or decades to make a pronouncement what some insist they have witnessed.

It's unknown if the Vatican has been made aware of what has been observed here, and the effort to find out more. Besides Mannion, another priest, a deacon, a ministry coordinator, and a PhD who is an associate professor of neurobiology are on the investigative committee. "Whatever the outcome of the investigation, we can use this time to renew our faith and devotion in the greatest miracle the real presence of Jesus Christ that takes place at every Mass," said Mannion.

Canned Food Collection

For the next few weeks OLV will be collecting non-perishable canned goods to help the local food pantries.

OLV Knights of Columbus Council 14483

SIXTH ANNUAL "Hap Nightingale"

BEEFSTEAK DINNER

January 23, 2016

If you would like to be a placemat sponsor \$25 at the event—contact Allan Napolitano Sr. at 201-784-8862.

PRAY for THOSE in the MILITARY

Lieutenant Julia H. Cheringal, US Navy;
 Lieutenant Ben Clemente, US Army;
 Midshipman Jon Clemente, US Navy;
 Sergeant Nicholas Colletti, US Army;
 1st Lieutenant Ryan Colomeo, U.S. Marine Corps;
 Captain Michael Franson, US Army;
 Sergeant First Class Charles Greene, US Army;
 Lieutenant Tara Harris, US Air Force;
 Lieutenant Joseph Jaeger, US Navy;
 Lieutenant Andrew Jaeger, US Navy;
 Chief Master Sergeant Shawn Llewellyn, US Air Force;
 Captain Shawn Linn, US Army;
 Colonel John McLaughlin, US Army;
 Corporal Richard McKenna, USMC.

The Indians on a remote reservation in North Dakota asked their new chief if the coming winter was going to be cold or mild. Since he was a chief in a modern society, he had never been taught the old secrets. When he looked at the sky, he couldn't tell what the winter was going to be like. Nevertheless, to be on the safe side, he told his tribe that the winter was indeed going to be cold and that the members of the village should collect firewood to be prepared.

But, being a practical leader, after several days, he got an idea. He went to the phone booth, called the National Weather Service and asked, 'Is the coming winter going to be cold?' 'It looks like this winter is going to be quite cold,' the meteorologist at the weather service responded. So the chief went back to his people and told them to collect even more firewood in order to be prepared. A week later, he called the National Weather Service again. 'Does it still look like it is going to be a very cold winter?' 'Yes,' the man at National Weather Service again replied, 'it's going to be a very cold winter.' The chief again went back to his people and ordered them to collect every scrap of firewood they could find. Two weeks later, the chief called the National Weather Service again. 'Are you absolutely sure that the winter is going to be very cold?'

'Absolutely,' the man replied. 'It's looking more and more like it is going to be one of the coldest winters we've ever seen.' 'How can you be so sure?' the chief asked. The weatherman replied, 'The Indians are collecting a load of firewood'

The lesson: Don't trust what the government tells you!

CCD Corner

This is just a reminder that there will be **NO CCD TOMORROW, JANUARY 18TH**. We have left the festive season of Christmas and once entered again into the Ordinary Time in the Church calendar. Although there is nothing ordinary about the Mass (at every Mass a miracle takes place where bread and wine is changed into the Body and Blood of Christ) during the next few Sundays there are no special holydays. However, since it is our obligation as Catholics and one of the 10 Commandments, attending Sunday Mass (Saturday night vigil) is an **obligation**. Please make every effort to bring you children to Mass and celebrate as a family.

Abortion Non-Discrimination Act

For years the Catholic Church and others have asked Congress to reform current federal laws on conscience rights, especially to protect individual and institutional health care providers who object to abortion. Current laws like the Weldon amendment are legally vulnerable and seldom enforced; they have been found to have loopholes limiting their effectiveness, and they lack a "right of action" allowing victims of discrimination to defend their rights in court. For many years the Church has proposed a way to address these challenges head-on: the Abortion Non-Discrimination Act (ANDA).

Recently ANDA has been combined with provisions on the HHS contraceptive mandate to create the "Health Care Conscience Rights Act" (HCCRA) (HR 940, S. 1919). HCCRA is now part of the House of Representatives' Labor/HHS appropriations bill for the coming year. HCCRA has strong support in the House, but its provisions on contraception have been strongly opposed in the Senate and by the White House. The Supreme Court has also partly addressed the HHS mandate in its Hobby Lobby case, and takes up seven new cases about it in its new term.

The US Conference of Catholic Bishops have decided to focus at present on ANDA. Americans' right to object to involvement in abortion has long enjoyed broad support, and President Obama has said several times that he supports federal laws protecting this right. Some two dozen pro-life groups, religious and secular, wrote jointly to Congressional leadership to say that they support a number of other pro-life bills, but they all agree that ANDA is a top priority, the one proposal with a decent chance of being enacted this year as part of that spending legislation. Catholic lay groups such as the Knights of Columbus and National Council of Catholic Women have offered their help. Right now, however, we need as many Catholics as possible around the country to send email messages to their elected representatives urging them to make ANDA part of that final legislation. Fortunately, the USCCB has provided two user-friendly items to help you in spreading the word about this bill to the people of your parish and school communities. They are: The "Stand with Cathy for Conscience Rights" video on YouTube [<https://youtu.be/uknrxrMI61WI>] <https://youtu.be/uknrxrMI61WI>. This video features nurse Cathy DeCarlo, who was forced by her employer to assist at a late-term abortion – then found she had no right to go to court to keep this from happening to others. The link points people to the USCCB page, [<http://www.usccb.org/conscience>] www.usccb.org/conscience for more information and an alert. The link can be shared on Facebook and embedded into web pages. The NCHLA Alert Making it Easy to Send Emails to Congress [<http://www.nchla.org/actiondisplay.asp?ID=292>] <http://www.nchla.org/actiondisplay.asp?ID=292>

The National Committee for a Human Life Amendment (NCHLA), USCCB's partner organization mobilizing grassroots support for the Bishops' pro-life agenda, has an alert to help constituents write to their elected representatives. There is a pre-written text but each person can add personal messages before and after it – for example, pro-life health professionals can say how they have experienced or witnessed threats to conscience rights on abortion. Live links to this can be shared on web sites and social media; the PDF version can be inserted into Church bulletins and diocesan publications.

Please disseminate this information as widely as possible in the coming weeks to your parish and school communities, and encourage all to lend their voice to this effort to secure conscience rights for healthcare workers.

Mass Intentions

Monday, Jan. 18 St. Volusian-Bishop of Tours & St. Deicolus-Abbot
8:00 William Quinn Sr. R/b the Barrett Family
12:00 Muriel and Will Dunne R/b the Desmond Family
Tuesday, Jan. 19–St. Wulstan-Benedictine Monk-Bishop in England
8:00 Ronald Grajauskas R/b Peter and Eileen Kruimer
12:00 James Gaffney R/b Joan Gaffney
Wednesday, January 20– St. Fabian-Pope & St. Sebastian-Martyr
8:00 Benjamin Mattesich R/b the Izzo Family
12:00 Intentions of Josef Senicar R/b Monika Senicar
Thursday, January 21–St. Agnes of Rome-Virgin & Martyr
8:00 Sally Loftus R/b the Bolton Family
12:00 Rosary Society, deceased and living members
Friday, January 22–Day of Prayer for Legal Protection of Unborn Children
8:00 William DeBrino Sr. R/b William and Carole DeBrino
12:00 Rose Hall R/b Bob and Dolores Cavagnet
Saturday, January 23–St. Vincent of Saragossa, deacon & martyr
8:00 William Desmond R/b the Desmond Family
12:00 Frances X. Beirne R/b Richard and Mary C. O'Brien
4:00 Alice Boty R/b Robert and Denise Wagner
5:00 Sr. Jane Halligan R/b Diane Dragot and Family
Sunday, January 24– St. Francis de Sales, bishop and doctor
7:30 Paul Ferrara R/b Richard and Maureen Ferrara
8:15 Carmela Toleno R/b the Evanella Family
9:30 George C. Murphy R/b Bob and Renee Tringali
10:45 Maria Tarabocchia R/b Nick Tarabocchia Family
12:00 Patricia Adamcik—9th Anniversary R/b the Adamcik Family
6:00 Robert Traudt R/b Pat and Bev Borzone
7:00 James A. Cattani R/b Andrew and Jeannine Risch

Sanctuary Memorials

The Sanctuary Lamp burns this week for the repose of the soul of **Frank Muggeo**, r/b Susan Polles.
The Convent Sanctuary Lamp burns this week for the repose of the soul of **Bob Shortal** r/b Jane Bedude.
The Blessed Virgin Mary Votive Lamp burns this week for the repose of the soul of **Violanda Parlanti**, r/b Esty Parlanti.
The St. Joseph Votive Lamp burns this week for the repose of the soul of **Robert Saul**, r/b the Morrissey Family.
The Infant of Prague Votive Lamp burns this week for the repose of the soul of **Sam Burruano**, r/b Mary Spillane.
The Pope John Paul II Votive Lamp burns this week for the repose of the soul of **Mark Joseph Fizulich**.
The Hosts and Wine used at the Masses this week have been donated for the suffering souls in Purgatory.

Sanctuary Offerings

The Altar Flowers, Bread and Wine, the BVM Votive Lamp, and St. Joseph Votive Lamp, the Sanctuary Lamp in the Church and in the Convent can be dedicated on a weekly basis.

3:00PM ROSARY

On Sundays at 3:00PM parishioners have organized and will be reciting the rosary. All are welcome.

KIDZ KORNER ANSWERS

- 1. A slingshot.
- 2. The Nile
- 3. God's voice
- 4. The Old Testament
- 5. A rib from Adam's side.

**"Europe will be Muslim, there is no doubt...
European fertility is so weak..."**

by Archbishop Henry Hoser

Archbishop Henry Hoser of Poland, not shy in mincing his words, has spoken out on the influx of Muslims into Europe and the inability of these new migrants to assimilate into Europe. Earlier this year, he openly spoke of the horrible betrayal of the Church and the doctrinal teaching of St. Pope John Paul II on moral and life issues. The Archbishop detailed the treacherous dissent of so many churchmen who have promoted the culture of death through either silence or discrete collusion. That Europe is dying, many bishops can take the blame for not teaching Christ's beautiful doctrine on the sacredness of marriage.

After outlining the history of the Tatars in Poland and the eastern invasions of past centuries of eastern and central Europe, the Archbishop noted that invaders who remained were without too much difficulty successfully assimilated, even to the degree of adopting Polish surnames. However, the Archbishop sees in the modern waves of Islamic migration into Europe, not assimilation, but ghettoization. This is coupled with a deep spiritual and existential crisis in Europe. It is the latter that decides the former.

This modern Europe which rejects religion and embraces moral relativism, it is this suicidal Europe that is fueling a culture of death that refuses to have children. The Archbishop is laying the blame where it should be laid: at the feet of decadent Europeans. Islam is merely following one of nature's laws: a void must be filled. Europe is dying and Islam is expanding. The Archbishop believes that Europe is on the way to being totally dominated by Islam.

His Excellency states, in an interview with Radio RMF:

I believe that Europe today is experiencing a period analogous to the early Middle Ages, when the nomadic people flocked here from Asia. And how will it be now? Probably Europe will be Muslim, there can be no doubt.

If trends do not change, if European fertility will be so weak as to not have a replacement generation, then Europe will be Muslim and they will have a role like they have had up to this time in the Middle East. In a sea of Islam [lit. Mohommedans] they were such small Christian communities that survived; yet now, at this time, they are not even in a state to survive.

God punishes for sin. Just as He punished ancient Israel for infidelity so too is He punishing Europe. He has historically used Islam as a scourge, and He is using it today. The great Jewish convert of the last century, the Abbe Joseph Lemann ("L'Antechrist") wrote an excellent monograph based on the Fathers as to the coming of the Antichrist. In that book, he identifies various precursors of the Man of Perdition, men who exemplified evil: Mohammed is one of these men.

An interesting observation will be from the European "nationalists". Will they admit the real reason for the problem? Or, will they continue to clamor for deportations etc., whilst continuing living their hedonistic, culture of death lifestyles? Interestingly, European "nationalists" seem to be blending with the homo-fascist movement. Students of history can hardly fail to recall the Brown Shirt and the Pink Swastika. Well, they are back - the French National Front, and other assorted neo-brown shirts. Let there be no mistake. These fascists are digging Europe's grave as eagerly as an ISIS knife wielder would. There is one solution to Europe's problems, as there are to all the world's problems: a return to Our Lord Jesus Christ and His One, Holy, Catholic and Apostolic Church. **From the Toronto Catholic Witness**

PADDY'S BIRTHDAY

Paddy had long heard the stories of an amazing family tradition, it seems that his father, grandfather and great-grandfather had all been able to walk on water on their 18th birthday. On that special day, they'd each walked across the lake to the pub on the far side for their first legal drink. So when Paddy's 18th birthday came around, he and his pal Mick, took a boat out to the middle of the lake, Paddy, stepped out of the boatand nearly drowned. Mick just barely managed to pull him to safety. Furious and confused, Paddy went to see his grandmother. "Grandma," he asked, "Tis me 18th birthday, so why can't I walk across the lake like me father, his father and his father before him?" Granny looked deeply into Paddy's, troubled blue eyes and said, "Because ye father, ye grandfather and ye great-grandfather were all born in December when the lake is frozen, and ye were born in August, ya idiot!"

ON COMPLAINING

Complaining is such a popular sport. It is easy to do and it is fun. It gets things off our chests. It helps to strike out against persons and things we resent. But it also spreads ill will and discontent. It breaks up harmony among our friends and peers. It disrupts long-standing relationships. Chronic complainers are never satisfied. They generate their own unhappiness. They lose the respect of those who have to listen to them. And since complaining requires no willpower, they are left with feelings of guilt for giving in to their weakness.

So, if you must complain, complain constructively. Complain to build up rather than to tear down. Turn your complaint around and ask yourself, "If this complaint were about me, would it help me or would it hurt me?" Above all, let God help you. He does not need us but He does help us if we help ourselves. **Father Charles W. Kram, Jr.**

PARENTS & TIME

If your son or daughter were to be asked, "What was most important in your mother's or father's life", how would your children answer this question? What does your child perceive as most important in their parent's lives? Would the response of the most important be jobs or career, the pursuit of money and material wealth, or themselves over the correct answer of family? Parents, think about it, because your actions speak louder than words.

PEACE IN OUR WORLD

Do you know the requests of Our Lady of Fatima to bring peace to our world? – when a sufficient number of people fulfill Our Lady's requests, "Russia will be converted and a period of peace will be granted to the world."? Are you doing what Our Lady of Fatima asked you to do while there is still time? Are you offering up your daily tasks as a sacrifice in reparation? Are you saying the Rosary every day? Are you wearing the Brown Scapular as a sign of personal consecration and making acts of consecration to the Immaculate Heart of Mary? For more info contact: The Blue Army National Headquarters, Washington, NJ 07882.

KIDZ KORNER

1. What weapon did David use to kill Goliath the Giant?
2. In what river did Pharaoh's daughter find Moses in a basket?
3. Whose voice did Moses hear coming from the burning bush?
4. Which is longer, the Old Testament or the New Testament?
5. How did God create Eve?

Answers on page four

COVER SHEET

BULLETIN #: 002323

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SPECIAL INSTRUCTIONS:

Phone Fr. Bryan or Maria at 201-768-1706 or email olvrectory.hp@gmail.com with questions.