

# St. Thomas More Catholic Church

Eighth Sunday in Ordinary Time  
February 26, 2017

*We are St. Thomas More Parish,  
members of the living Body of Christ,  
born again in Baptism  
and strengthened through the Eucharist  
to promote the Gospel values of our Catholic faith.*

## Mass Schedule

Saturday (Vigil Mass) - 5:30 pm

Sunday - 9:00 am, 11:00 am & 1:00 pm in Spanish

Monday & Thursday - 6:00 pm Tuesday & Friday - 7:00 am

**Reconciliation** Thursday 5:30 - 6:00 pm & Saturday 4:00 - 5:00 pm

**Perpetual Eucharistic Adoration** - Works of Mercy Chapel

## Pastoral Staff

**Pastor** - Rev. Brad Whistle ([fr.brad@stmores.org](mailto:fr.brad@stmores.org))

**Parochial Vicar** - Rev. Michael Charles Ajigo Abiero  
([fr.michaelcharles@stmores.org](mailto:fr.michaelcharles@stmores.org))

**Deacon** - Deacon Terry Larbes ([deacon@stmores.org](mailto:deacon@stmores.org))

**Parish Administrator** - Steve DuPerrieu ([steve@stmores.org](mailto:steve@stmores.org))

**Director of Music and Liturgy** - James G. Hess, MM ([jhess@stmores.org](mailto:jhess@stmores.org))

**Director of Stewardship and Ministries** - Melisa Mast ([mmast@stmores.org](mailto:mmast@stmores.org))

**Director of Youth Ministry** - Matt Rochette ([matt@stmores.org](mailto:matt@stmores.org))

**Director of Hispanic Ministry** - Sr. Celia Sanchez, MAG ([sr.celia@stmores.org](mailto:sr.celia@stmores.org))

**Director of R.C.I.A.** - Pat Cairney ([pcairney@stmores.org](mailto:pcairney@stmores.org))

**Director of Communications** - J. Patrick Kerr ([patrick@stmores.org](mailto:patrick@stmores.org))

**Administrative Assistant** - Lois Bell ([lois@stmores.org](mailto:lois@stmores.org))

**Bookkeeper** - Ellen Anderson ([ellen@stmores.org](mailto:ellen@stmores.org))

## Finance Committee

Doug Niewoehner (*Chair*)

David Althouse

Lynn Brown

Mike Crider

Chris Haas

Cletus Poat

## Cemetery Board

Jim Sanders (*Chair*)

David Curtsinger

David Langston

## Education

Ging Smith ~ *Faith Formation Director*

Susan Ybarzabal ~ *FF Board Liaison*

Patty Hughes ~ *FF Board Liaison*

Eleanor Spry ~ *SMSS Director*

Jennifer Smith ~ *SMHS/SMMS Principal*

Lisa Clark ~ *SMEC Principal*

Chris Haas ~ *SMEC Board Member*

Gale Hatton ~ *SMEC Board Member*

Chris Hrdlicka ~ *SMEC Board Member*

Nicki Roof ~ *SMEC Board Member*

## Special Care Numbers

St. Mary School System 270-442-1681

Faith Formation (CCD) 270-443-0295

Mt. Carmel Cemetery (John Bufford) 270-331-1006

Bereavement (Cathy Trussell) 270-519-3779

Inclusion Representative (Stacy Jones) 270-210-0351

Hope Unlimited 270-442-1166

Opportunities for Life 800-822-5824

Merryman House 270-443-6001

SVdP Budget Store 270-442-9351

SVdP Assistance 270-575-1008

Paducah Cooperative Ministry 270-442-6795



God  
feeds  
the  
birds

and  
clothes  
the  
flowers



*"Do not worry about tomorrow; tomorrow will take care of itself. Sufficient for a day is its own evil."*

Michel de Montaigne reflects the wisdom of Jesus when he observed that "My life has been full of terrible misfortunes, most of which never happened." Jesus was not telling the people of his day not to plant and harvest crops and not to tend animals for transportation or to provide meat, wool, or skins. Nor was Jesus teaching us that we should shirk from our moral responsibility to plan and do the things that are necessary to care for ourselves and others who legitimately depend on us. And he certainly

was not encouraging us to let others do for us what we can do for ourselves.

*"Do not worry about tomorrow; tomorrow will take care of itself."*  
- Matthew 6:34



Jesus was trying to teach us that "The happiest people don't have the best of everything, they make the best of everything they have" [Unknown]. He was teaching us to use all that God has given us to the best of our ability for our own benefit and for others. When we allow ourselves to become dependent on others, we give them control of our well-being and happiness.

Saint Paul reminds us as baptized Christians, as those who have shared the Eucharist with one another, that we are "servants of Christ and stewards of the mysteries of God." We are not to define ourselves by our age, ethnicity, gender, social status, work, vocation or avocation. Our primary self-understanding should be that of servants and stewards of the Lord and all that has been entrusted to us. Can we accept this self-understanding? Do we find it encouraging?

**MASS**  **SCHEDULE & INTENTIONS**

**Saturday, February 25**

5:30 pm Clancy Culp (d)

**Sunday, February 26** *Eighth Sunday in Ordinary Time*

9:00 am Fred & Irene Kettler (d)

11:00 am Our Parish Family

1:00 pm *Mass in Spanish*  
Albert Traczynski

**Monday, February 27**

6:00 pm Julie Anderson Pack (d)

**Tuesday, February 28**

7:00 am Christine Rodgers (d)

**Wednesday, March 1** *Ash Wednesday*

7:00 am Bill Cash (d)

9:00 am *SMHS ~ Fr. Bruce McCarty*

9:30 am *Superior Care ~ Fr. Brad Whistle*  
Lawrence Bufford (d)

12:00 pm *Lourdes Chapel ~ Fr. Brad Whistle*  
Mary Lois Hagan (d)

6:00 pm Charlie Wilson (d)

**Thursday, March 2**

6:00 pm David Van Dusen (d)

**Friday, March 3** *First Friday*

7:00 am Tanya Wade (d)

**Saturday, March 4**

5:30 pm Living & Deceased Members  
of the Watson & Sheehy Families

**Sunday, March 5** *First Sunday of Lent*

9:00 am Our Parish Family

11:00 am Patricia Ernst (d)

1:00 pm *Mass in Spanish*  
Michael Alexander (d)



**Sunday, February 19, 2017**

**Regular Collection \$10,032.00**

**Online Collections \$ 7,616.00**

**Special Collections \$ 281.00**

**Total Collection \$17,929.00**

**Thank you for your generosity!**

Did you know you can sign up for Online giving through the new St. Thomas More website ([www.stmore.org](http://www.stmore.org))? Just click the "online giving" tab (the last option on the right under the stained glass windows) and scroll down to click on the "WeShare Online Giving" button). Questions? Contact Ellen Anderson at 270-534-9000 or [ellen@stmore.org](mailto:ellen@stmore.org)



**Liturgical Ministers Schedule March 4/5**

	<b>5:30 PM</b>	<b>9:00 AM</b>	<b>11:00 AM</b>
Sacristan	Barb Harris	Rose Ann Walker	Eileen Segebarth
Euch. Ministers	Ann Averill Sr. Lucy Bonifas Mary Carrico Mary Evans Bill Graves Mary Ann Graves Gale Hatton Lori Hatton Vicki Kight Cara Sims Dolores Webber	Frank Burch Rick Goins Valerie Kortz David Langston Jill Langston Michael Langston Angie Nelson Todd Nelson David Roof Camilla Shumaker Lynn Thompson	Lindsay Batts Tessa Cash Michelle Dunlap Joe Hobbs Pat Hobbs Ashleigh Mast David Mast Amy Miller Terry Sullivan
Lectors	Mary Kay Sanders Pat Spoden	Peggy Block Alice Penrod	Melisa Mast Keith Cash
Servers	Caroline Veatch Emily Veatch	Josh King Nathan King	Kenlin Thomas Kiael Waldon
Greeter Families	Kelly Chapman David Curtsinger Chris Hrdlicka	Bill Halicks Brian Katz Dennis Quigley	Trish Burks Brian Johnston Betty McManus
Ushers	Isaac LaBarge Matt LaBarge Sam Leone Mark Toren Tony Toren Vicki Tracy	Mike Crider Craig Jones Maria Stuckenberg Benjamin Willett Craig Willett Daniel Willett	Ann Bongiolatti Trent Bongiolatti Patsy Carroll Brenda Caserta Joseph Caserta Brandon Trevathan
Children's Liturgy	Marlena Jones Abby & Maddy Hatton	Lesley Crider Megan Lorch	Sheila Rea Ixchel Barraza Zapata

**Hour of Prayer**

**Monday:**  
Monty & Peggy Thompson  
**Tuesday:**  
John & Wanda Shaw  
**Wednesday:**  
Michelle Dunlap & Elizabeth Edwards

**Thursday:**  
Lisa Muiter & Holly Newton  
**Friday:**  
Stephanie Sims & Dolores Webber  
**Saturday:**  
Tracy Wurth & Helen Farrell

*What's Happening*

**Sunday, February 26**

- 10:00 am** Coffee & Doughnuts (Parish Hall)
- 3:00 pm** Rite of Election followed by a Reception (Church/Parish Hall)
- 4:00 pm** Middle School Youth (Library)
- 5:00 pm** Bible Study (Hospitality Room)

**Monday, February 27**

- 6:30 pm** Pastoral Council Mtg. (Sacred Heart Room)

**Tuesday, February 28**

- 7:30 am** Rosary (Chapel)
- 9:00 am** Bible Study (Sacred Heart Room)
- 10:00 am** Bible Study (Hospitality Room)
- 6:00 pm** Hispanic Confirmation (Sacred Heart Room)

**Wednesday, March 1**

- 7:00 am** Mass/Ashes (Church)
- 9:00 am** Mother's Day Out (Nursery/Library)
- 6:00 pm** Mass/Ashes (Church)

**Thursday, March 2**

- 5:30 pm** Reconciliation (Chapel)
- 6:30 pm** Stations of the Cross (Chapel)
- 6:45 pm** RCIA (Parish Hall)
- 7:30 pm** Hispanic Women's Mtg. (Sacred Heart Room)

**Friday, March 3**

- 6:00 pm** Hispanic Men's Mtg. (Sacred Heart Room)

**Saturday, March 4**

- 4:00 pm** Reconciliation (Church)
- 7:00 pm** Couples in Christ (Parish Hall)

**Sunday, March 5**

- 10:00 am** Coffee & Doughnuts (Parish Hall)
- 4:00 pm** Eucharistic Mission (Church)
- 5:00 pm** Parish Potluck Dinner (Parish Hall)
- 5:00 pm** Bible Study (Hospitality Room)

**RCIA topic for Thursday, March 2—The Eucharist, Lesson 2**

Meeting time: 6:45 pm in the Parish Hall. All members of the parish are welcome to attend any of this year's RCIA sessions. Each meeting will provide an opportunity for refreshment of your understanding of what the Catholic faith professes. No need to reserve. Just come in if you are interested. For more information, please contact Pat Cairney at [pcairney@stmore.org](mailto:pcairney@stmore.org).



**Vocation Awareness**

*"Seek first the kingdom of God, and his righteousness, and all these things will be given you besides."*

What do you seek? Or more importantly, who do you seek? Jesus reminds us that we can only serve one master and when we give our lives to him, he will provide for us today, tomorrow, and into the fullness of life everlasting. If you think God might be calling you to give your life to him as a Catholic priest, contact the vocations office: [www.owensborovocations.com](http://www.owensborovocations.com), 270-683-1545, [jason.mcclure@pastoral.org](mailto:jason.mcclure@pastoral.org).

**Altar Society Ministry for March**

Purificators: Melody Walker  
Robes & Albs: Mary McKeown

***Eternal Rest***

Dr. Felix Albert Olash, Sr., father of Kay (Carl) Marshall, passed away Friday, February 17, 2017.

May God welcome him home and comfort his family in this time of sor-



***Lent Begins this Week***

**Ash Wednesday is March 1** and Masses with the distribution of ashes will be at 7:00 am and 6:00 pm here at St. Thomas More. Masses will also be at St. Mary high School at 9:00 am and at the Lourdes Hospital Chapel at 12 noon.



***Ash Wednesday Collection for Mandeville***

The Ash Wednesday Collection March 1 will again be for our Sister Diocese of Mandeville, Jamaica. "Go out to all the world and tell the Good News!" Our Diocese is in partnership with the Diocese of Mandeville Jamaica to make those words a reality. We have a 15 year history together in this wonderful work. Your contributions to the Ash Wednesday Collection aid the Mandeville Diocese to share the Gospel with all the people in their region in both word and deed. Thank you. Please consider a generous response to this collection again this year.

***Celebrate Your Marriage***

Over 100 people joined in celebrating their marriage on Saturday, February 18. Great food, great music and great fellowship. Congratulations to Bill and Carlene Dannenmueller the longest married couple in attendance (61 years) and Eric and Heather Butterbaugh the shortest married couple in attendance (18 months).

***Congratulations!***



***Stations of the Cross***

For Catholics throughout the world, the Stations of the Cross are synonymous with Lent, Holy Week and especially Good Friday. Join us **every Thursday** during Lent, following the 6:00 Mass in the Works of Mercy Chapel, for Stations of the Cross.



***Consider Adoration for Your Lenten Journey***

As Catholics, we are encouraged to practice prayer, fasting and almsgiving as part of our Lenten journey. Adoration of the Blessed Sacrament is a great opportunity for quiet prayer time and also a great service to our community to help keep Perpetual Eucharistic Adoration available 24 hours a day, 7 days a week. We hope you'll consider adding an adoration hour to your schedule during Lent. To participate, please call:

**Claudia Smith** at 270-443-4913 or [claudia\\_stevesmith@comcast.net](mailto:claudia_stevesmith@comcast.net) or **Angie Nelson** at 270-210-6339 or [tnelson007@comcast.net](mailto:tnelson007@comcast.net).

***Spiritual Direction***

Sister Betty Drewes, a Benedictine Sister from Ferdinand, IN comes to Saint Thomas More Parish once a month to provide spiritual direction for anyone seeking to deepen their relationship with God. If you want to schedule an appointment with Sister Betty for spiritual direction, please email her at [bdrewes@thedome.org](mailto:bdrewes@thedome.org) or call 812-367-1411, extension 2902. She will be here at the parish **February 28, March 1 & 2.**



***Encounter Lent***

Join our faith community—and nearly 14,000 Catholic communities across the United States—in a life-changing Lenten journey of encounter with CRS Rice Bowl. Pick up your family's CRS Rice Bowl from the Gathering Space this weekend and don't forget to download the CRS Rice Bowl app! May these 40 days better prepare us to encounter ourselves, our neighbors and our God.

***Little Black Books Available***

Little Black Books for daily prayer and reflection during Lent are available in the Gathering Space. These books are a great Lenten resource for daily prayer and meditation. Little Purple Books for children are also available.

***Lenten Lunches***

Join us for our 5<sup>th</sup> annual "Lenten Lunch" series on the **Tuesdays of March 14 and 21** from 11:30 am–12:30 pm in the Parish Hall. Enjoy a complimentary soup and salad lunch and listen to spiritual presentations. Kindly RSVP if you plan to attend; you are welcome to attend one or both presentations. To RSVP, call the Parish Office at 270-534-9000 or visit the website at [www.stmore.weshareonline.org](http://www.stmore.weshareonline.org).



***Saints & Special Observances***

- Sunday:** Eighth Sunday in Ordinary Time
- Wednesday:** Ash Wednesday; Fast and Abstinence
- Friday:** St. Katharine Drexel; Abstinence; First Friday; World Day of Prayer
- Saturday:** St. Casimir; First Saturday



***First Communion Classes***

First Communion classes will begin **Monday, March 13** at 6:30 pm in the Parish Hall. All second graders and others who have not made their First Communion must attend these classes. If you have any questions, contact Melisa Mast at 270-534-9000 or [mmast@stmore.org](mailto:mmast@stmore.org).



***Guidelines for Fasting and Abstinence***

Ash Wednesday and Good Friday are days of both fast and abstinence; in the United States, all Fridays of Lent are days of abstinence.

**Abstinence** means eating no meat. (Milk, eggs, and fish are fine.)

**Fasting** means eating only one normal-sized meal and two small meals, with no snacks.



***KC Fish Fry***

The St. Francis de Sales Knights of Columbus Holy Rosary Council 1055, located at 3028 Jefferson Street in Paducah, will be hosting Lenten fish fry's (baked or fried fish/shrimp and trimmings) each Friday night from 4:00 - 7:30 pm. Dine-in or call ahead for drive thru carry-outs at (270) 443-3480. The last Friday night fish fry will be on April 7.



***Middle School Youth Group News***

Please join us for middle school youth group **today, Sunday, February 26** from 4:00 - 5:30 pm in the Library for prayer, fun, food, and games. Bring a friend!

***Couples in Christ***

All couples are invited for Pizza and a movie on **Saturday, March 4** at 7:00 pm in Parish Hall. Please rsvp to Lori at 270-210-0693 in case time/place changes you can be notified.

***Daughters of Isabella Meeting Scheduled***

The Daughters of Isabella monthly meeting will be held on **Tuesday, March 7** at the KC Hall. The Rosary will be prayed at 6:00 pm with the meeting starting at 6:30. All members are expected.



***TEC - Teens Encountering Christ Reunion Masses***

Join your regional TEC community for the 40<sup>th</sup> anniversary of TEC on **Sunday, March 26**. Masses will be held at Our Lady of Lourdes in Owensboro, Holy Spirit in Bowling Green, and St. Thomas More in Paducah. The event includes Mass at 4:30 pm with food and games to follow in the Parish Hall. If interested and need more details please contact Diane Hicks McIntyre at (270) 970-3241 or Abby Thomas at (270) 903-2125.

***Living and Leading with Love (L<sup>3</sup>) Youth Theology Institute***

Through the generous grant support of the Lilly Endowment, Brescia University will once again begin a youth theological institute for high school students beginning in August, 2017. Twenty students will participate in a year-long program that will include theological reflections, online learning, service opportunities, retreats, prayer experiences, and a five-day, intensive on-ground experience at Brescia University during the summer to conclude.

To apply, visit [www.brescia.edu/L3](http://www.brescia.edu/L3) and fill out the online application. Applications received by **April 1, 2017** will be given first priority.

Contact Program Director, Dr. Emily DeMoor, for more information at [emily.demoor@brescia.edu](mailto:emily.demoor@brescia.edu).



***St. Mary School News***

Congratulations to our St. Mary seniors for achieving an overall ACT composite score of 25! We are proud of our students and the academic excellence at St. Mary.

You are welcome to celebrate the system-wide Ash Wednesday Mass, 9:00 am, at St. Mary High School. Please join us.

Registration for 2017-2018 Preschool and grades K-12 has opened. To register or to access registration information, please visit [www.smss.org](http://www.smss.org) and click on the Admissions tab.

***Congregational Network for Health Care***

The Congregational Network for Healthcare is a collaborative partnership between Baptist Health and local congregations to disclose to the clergy or an official representative of the congregation your name, general condition (not to include specific medical information), and room number when you are admitted to Baptist Hospital. Fr. Brad and Fr. Michael Charles are happy to visit and bring communion and by signing this form when your are admitted, they will be notified.

***Readings for the Week***

- Monday:** Sir 17:20-24;  
Ps 32:1-2, 5-7;  
Mk 10:17-27
- Tuesday:** Sir 35:1-12;  
Ps 50:5-8, 14, 23;  
Mk 10:28-31
- Wednesday:** Jl 2:12-18;  
Ps 51:3-6ab, 12-14, 17;  
2 Cor 5:20 — 6:2;  
Mt 6:1-6, 16-18
- Thursday:** Dt 30:15-20;  
Ps 1:1-4, 6;  
Lk 9:22-25
- Friday:** Is 58:1-9a;  
Ps 51:3-6ab, 18-19;  
Mt 9:14-15
- Saturday:** Is 58:9b-14;  
Ps 86:1-6;  
Lk 5:27-32

***The only known cure for fear is faith.***

—Lena K. Sadler

**Remember in Prayer...**

**Parishioners:** Faye Alexander, Mary Gertrude Barkett, Jim Bumpous, Margie Bunte, Celine Crane, Teresa Davis, Pat Dotson, Francie Duncan, Dakota Durrett, Elizabeth Edwards, Morgan Eggemeyer, Lance Fleming, Gina Fraser, Rose Freiseis, Wayne & Margaret Hagan, Amy Harris, Jodi Hayden, Ann Heavrin, Joyce Holliday, Kay Hosbach, Alan Hughes, Stephen & Phyllis Kettler, David Kimble, Paul Kortz, Buzz LaGessee, Thomas & Janet Montgomery, Sandy Morrow, Sara Beth Neihoff, Charity Peters, Ronnie Reil, Barbara Robinson, Gaye Robinson, George Shaw, John Shaw, Carolyn Shockley, Nancy Stearns, Monty Thompson, Ann Vaughan, Ann Watkins, Linda Wilson, Katherine Wise

**Homebound:** Randy Hand, Mike & Lorna Roper, Lucienne Willett, Gertrude Yopp

**Nursing Home:** Carol Baugh, Opal Cooper, Rose de Leo, Elizabeth Edwards, Jeanette Elliott, Joe & Betty Falconite, Martha Floyd, Mary Galvin, Hester Geuss, Carl Harper, Vonnie Howard, Catherine McManman, John Metcalf, Delphine Operle, Mary Riedfort, Carolyn Webb, Charles Woods

**Non-Parishioners:** Kendall James, Virgin Ramos, Larry Terrell, Matthew Shoulta, Holly Randall, Rose Lowry, Michael Curtis Hobbs, Dennis Walsh, Ruth Davis, Bill Black, Mike Smith, Cooper Mattingly, Roger Wilson, Margaret Whitney, Don Manning, Michael Sloan

**Non-parishioner names will be ROTATED off this list every SIX WEEKS unless a parishioner calls and extends the prayer request.**



Justin Lamb, Chris McCoy, Timothy Lowman, Philip Chapman, Kurtis McClain, Zachary Grimes, Kurt Bell, Jeremy Copeland, Eric Gast,

Aaron Conover, Brian Clayton, Hannah Wilson, John Davis, Emily Lane Rockne, Corey Carnes, Clay Magers, Tyler Shumaker, Jeff Perry, Tyler Scott Dickson, Logan Hatton, Nathan Phipps, Sam Herrmann, Charles Soward, Kelly Scott-Nevenon, Greg Nevenon, Cameron Gruening, Michael Renfro, Jason Smith

*"Lord, hold our troops in your loving hands. Protect them as they protect us. Bless them and their families for the selfless acts they perform for us in our time of need. And give us peace. I ask this in the name of Jesus, our Lord and Savior. Amen."*

**Donate - Shop - Volunteer  
Help Us Help Others  
Support your  
St. Vincent de Paul**

**Bounty Basket Needs...**

**Our Bounty Baskets, located in the Gathering Space, are in need of: cereal for St. Vincent de Paul, rice for PCM and other non-perishable goods. Thank you.**



**Saturday, February 25**

*Cindy Butterbaugh, Raymond de la Rosa, Tina Elliott, Adison Sheppard, Abe Tomes, Emilee Vieitez*

**Sunday, February 26**

*Patrick Fitch, Melanie Gambill, Brianna Hayes, Aryanna Vieitez*

**Monday, February 27**

*Wes Averill, Dianna Hand, Amy Harris, Graclyn Largent, Ellie Puschaver, Mary Sherron, Rachel Straub, Isaac Turner, Ann Vaughan*

**Tuesday, February 28**

*Claire Fleming, Colin Marshall, Luis Manuel Perez, Tessa Smith, Truitt Webb, Yareli Gembe, Joseph O'Bryan, Gina Smith*

**Wednesday, March 1**

*Sheree Halicks, Carl Harper, Octavio Machaen, Grant Stoerger*

**Thursday, March 2**

*Keith Cash, Jamie Crouch, Sarah Katz, Heather Largent, James Medlin, Heath Schipp, Chris Shockley*

**Friday, March 3**

*Benjamin Amador, Carrie Bell, Bob Caron, Ivette Cope, Eleanor Crayne, Caitlin Hodges, Cindy McWaters, Andrew Shever, Erica Wurth, Terri York*

**Saturday, March 4**

*Johan Carbajal, Matt Conwell, Olivia Duong, John MacCauley, Kay Marshall, Connie Overstreet, Sally Roof, Dawn Wientjes*

**Sunday, March 5**

*Gabriela Acree, Vicki Brantley, Chris Hodges, Lupita Holifield, Jack Howard, Kay Lawler, Betty Polashock, Ed Sanders, Leslie Shockley, Cindy Zaninovich*



**Saturday, February 25**

*Robert & Karen Petter 22 yrs.  
Jonathan & Jonna Neihoff 28 yrs.  
Calvin & Cindy Ho 14 yrs.*

**Sunday, February 26**

*Matthew & Mary Austin 18 yrs.*

**Wednesday, March 1**

*Marcus & Opal Cooper 60 yrs.*

**Thursday, March 2**

*Richard & Cheryl Grana 47 yrs.*

**Why Do We Do That? Catholic Traditions Explained**

**Question:**

Carnivale and Mardi Gras celebrations are linked to Ash Wednesday, Lent, fast, and abstinence. What are the connections between these events?

**Answer:**

Ash Wednesday is the beginning of the forty days known as Lent. The recommended practices of prayer, fasting, and almsgiving become the focus of Lenten activity and ritual. Each of these spiritual practices is aimed at personal discipline as well as continued concern for the other, especially the poor or alienated. Relying on God's providence and care, no matter how difficult life becomes, is crucial to Lenten spirituality. Fasting was initially stricter, permitting only one simple meal a day without meat, fish, or other delicacies. Such things were not even allowed in the house. So in order to prepare for this in an age of no refrigeration, people gathered to consume whatever was not allowed during Lent. This led to parties or celebrations originally referred to as Carnivale, literally meaning "goodbye to meat," or Mardi Gras, literally meaning "Fat Tuesday." The eating and celebrating ended on the Tuesday just before Ash Wednesday.





# 'And behold, I am with you always' - *Matthew 28:20*



Last week we published part two of our three-part series on Eucharistic Adoration. We hope you have enjoyed the series and learned a few things about Perpetual Eucharistic Adoration. This week's column has even more questions and answers to help you feel more comfortable if you choose to participate in Adoration. More detailed information is available at our website.

We hope that after you read this series you feel moved to commit to a regular hour each week or month.

### Can I change my hour?

Yes! We change hours of adorers all the time. We are always in need of new people as schedules change, people move and some people just want a different time.

### How do I spend my hour each week?

Let the Holy Spirit guide you. The Chapel has a bookshelf with books that are available for you to read while in the Chapel. We ask that you return any book you were reading to the shelf before leaving the Chapel. Please take all materials you bring into the Chapel home with you when you leave.

### What benefit is Perpetual Adoration to me?

No matter what our vocation in life is, we are all called to holiness. Spending time with Jesus will lead you in that direction. Don't expect everything in your life to suddenly change and everything to be perfect. Jesus never promised to take away our sufferings, but He did promise to be there with us in our sufferings. As we spend time with Jesus we come to trust Him and rely on Him more and more.

### What safety measures are in place? Will everyone have access to the Church?

During the day, everyone will have access to the Works of Mercy Chapel. At night, once the doors are locked, the door to the chapel can be accessed with a code. This will allow adorers to enter the chapel securely. A restroom is available. Adorers are asked to carry a cell phone with them.



*Adoration has made a wonderful impact in my spiritual life. Devoting an hour each week to prayer and reflection in such a beautiful setting helps to better frame my perspective of the world. I often make the comment to other parishioners that I am always in a better mood after an hour of Eucharistic adoration. In the short amount of time that I am there, I gain a renewed sense of peace and appreciation for my faith, my family, and our wonderful parish.*

- Andrew DuPerrieu, Parishioner



*Going from a substitute to having a regular hour, I have prayed the rosary, blessed each member of Saint Thomas More in our directory, developed an appreciation for our Church's namesake and his commitment to our Catholicism, understood how a young woman met every obstacle to become a Carmelite nun and what strength God can provide to anyone, including a young woman known as Joan of Arc. The hour of Eucharistic Adoration flies by in minutes and provides an eternal gift. I encourage you to embrace the opportunity and experience all its wonder for yourself.*

- Dave Mast, Parishioner

FOR MORE INFORMATION ABOUT PERPETUAL EUCHARISTIC ADORATION OR TO SIGN UP FOR A PARTICULAR HOUR, VISIT OUR WEBSITE AT [WWW.STMORE.ORG/PRAYER-OPPORTUNITIES](http://WWW.STMORE.ORG/PRAYER-OPPORTUNITIES).



**Saxony**  
**MINI STORAGE**  
 2655 N. Friendship Rd.  
 270-554-4720 (or) 5926  
 Kenneth Merges

**EYE CARE ASSOCIATES OF KENTUCKY**  
 Mark Owens, O.D., Parishioner  
 David Tucker, O.D.  
 1748 Broadway  
 443-9955 • 800-754-0242

**WARDEN ELECTRIC COMPANY**  
**ELECTRIC MOTORS**  
**PADUCAH MURRAY**  
**SALES & SERVICE**  
 270-443-4622 270-753-2016

**MILNER & ORR** 270-442-5100  
 FUNERAL HOME & CREMATION SERVICES  
 Randy & Andrea Orr  
*Honoring Lives*

**Suzy Gilland**  
**Parishioner REALTOR®**  
 270-556-3697  
  
 Service Realty, Inc.

**BILL FORD INTERIORS**  
 BILL FORD INTERIORS, Inc.  
 270-443-4180 OR 270-210-0143  
 Parish Member

**NOW OPEN**  
  
**SUPERIOR CARE HOME**  
 Visit our website to book a tour of our brand new building!  
 SuperiorCareHome.com  
 100 Marshall Court Paducah, KY (270) 442-6884  
 f /SuperiorCareHomeKY

**catholicmatch® Kentucky**  
  
 CatholicMatch.com/myKY

**Audiology & Hearing Center**  
*"Providing Quality Hearing & Balance Care and Hearing Aid Fittings"*  
 Dr. Tony Milliano, Parishioner  
**554-6000**  
 4570 Pecan Dr., Suite A, Paducah, KY

**PURCELL TIRE**  
**Joe Jordan**  
 Your Goodyear Tire Center  
 3460 Wayne Sullivan Dr.  
 Paducah, KY 42003  
**442-3556**

**Broadway Dental Care**  
  
**James K. Hunt, DMD** Parishioner  
**Kathy R. Slaughter, DMD**  
**Kinney E. Slaughter, DMD**  
 BroadwayDentalCarePaducah.com  
 2018 Broadway St. • Paducah  
 270-443-9099

2605 Kentucky Ave, Ste. 103  
 270.444.9199  
 www.kentuckyobgyn.com  
**Contemporary OB/GYN**  
 of Western Kentucky  


**Catholic Cruises and Tours**  
 Brian or Sally, coordinators  
 an Official Travel Agency of Apostleship of the Sea-USA  
 CST 2117990-70  
**860.399.1785**  
 www.CatholicCruisesAndTours.com

Accounting & Auditing Tax Return Preparation  
 Bookkeeping & Payroll Services Tax & Financial Planning  
**CORNMAN, BRYAN, WATTS & ELLIOTT, CPAs, PLLC**  
 CERTIFIED PUBLIC ACCOUNTANTS  
 270-247-4190 John C. Elliott, CPA ~ Parishioner 270-362-8901

**The Cecil Clinic** Walk-in Care  
 www.thececilclinic.com  
**John T. Cecil, Jr., MD**  
**Caitlyn R. Cecil, MD**  
**270-575-1010**  
 2670 New Holt Rd., Suite C

**Domino's**  
**KURT AVERILL, PARISHIONER**

**Blythe White** CPAs BUSINESS & FINANCIAL ADVISORS  
 Andrew DuPerrieu Parishioner Catherine DuPerrieu • CPA Parishioner  
 270.415.9945 • www.blythewhite.com

**CANCER CARE**  
 Advanced. Accredited. Quality.  
 270.575.2918  
  
**BAPTIST HEALTH®**  
 THE CANCER HOSPITAL OUR REGION PREFERS 3 TO 1

**Dannenmueller**  
**BLINDS • SHUTTERS • CLOSETS**  
**270-441-2305**

**Connecting Point COMPUTER CENTER**  
 111 N. Friendship Rd. (270) 554-7700  
 Computers & Technologies SALES and SERVICES

**Purple Toad** WINERY  
 4275 Old US Highway 45 S.  
 Paducah, KY 42303  
 270-554-0010

**Falconite DEVELOPMENT GROUP**  
**Dawn Wientjes, Broker**  
 618.638.5682  
 IF WE DON'T HAVE IT, WE'LL BUILD IT

**A&K CONSTRUCTION, INC.**  
 COMMERCIAL & INDUSTRIAL DESIGN / BUILD CONTRACTORS  
**441-7752** www.akconstruction.com  
 ~ Ken Hunt - Parishioner ~

Accepting New Patients  
**Tritle FAMILY DENTISTRY**  
 Dr. Andrew Tritle - Parishioner  
 Call (270) 554-4445 Today!  
 2418 New Holt Road  
 Paducah, KY

**ROBERT ALEXANDER** Real Estate & Auction Co.  
 Farm • Business Estate • Residential  
 On line and on site auctions  
**270-554-5212**  
 www.rareauctions.com

**WoodmenLife®**  
 Standing Strong For Generations  
 David H. Roof  
 270-538-9044  
 dhroof@woodmen.org

**Peck & Milford CPA's**  
 Accounting & Tax Services Business & Individuals  
 100 Fountain Ave. (17th & Broadway)  
 270-442-7386  
 J Robert Milford, CPA Parishioner  
 M. Robb Milford, CPA

**PADUCAH RADIATOR & AIR CONDITIONING**  
 825 Jefferson St., Paducah, KY  
 442-4990  
 DAVID LANGSTON, Prop.

**Beverly A. Largent, D.M.D.**  
 Pediatric Dentistry  
 3008 Oregon St.  
 Paducah, KY 42001  
 270-554-KIDS

**Monuments of Unquestionable Quality**  
 Mt. Carmel Cemetery, Inc.  
 For a personal visit or questions regarding monuments call us at 270.331.4584  
 Mt. Carmel Cemetery is open to All God's Children regardless of religious denomination.

**COLGAN ORTHODONTICS**  
**JOHN A. COLGAN, DMD**  
 Parish Member  
 www.ColganOrthodontics.com  
**(270) 534-8776**

**Credit Bureau Systems, Inc.**  
 Healthcare Revenue Cycle Management Since 1952  
 Corporate Headquarters - Paducah, KY

**LOURDES** 270.444.2444  
 Caring together. MERCYHEALTH  
**Caring expertly. For every heart.**  
 This is what we were meant to do.  
 elourdes.com  


Paducah Bed and Breakfast.com  
 1310 Broadway St.  
 All Occasions • 1-11 rooms  
 Online or 270-978-1202  
**PADUCAH'S MOST EXCITING FURNITURE STORE!**  
 Featuring LA BOY - America's Most Comfortable Furniture  
**HIGDON Furniture**  
 HigdonOnline.com  
 3930 Coleman Crossing Circle Paducah, KY  
**442-7596**

**1st KY Realty & Auction**  
 Sun 2/26 Open House 2-4  
 3265 US Hwy 641N, Murray  
 Mark Fredrick  
 270-978-1880  
 www.1stKY.com

**PADUCAH FORD INC.**  
  
**Larry Stovesand**  
 PRESIDENT  
 3476 Park Ave.  
**270-444-0011**

Protecting **Seniors** Nationwide  
 Medical Alert System  
  
**\$29.95/Mo.** billed quarterly  
 • One Free Month  
 • No Long-Term Contract  
 • Price Guarantee  
 • Easy Self Installation  
**Call Today! Toll Free 1.877.801.8608**