Catholic Tri-Parish Community STS. SIMON & JUDE 105 S. Bates St. FLANDREAU, SD 57028 Tri-Parish Counsel PO Box E ELKTON, SD 57026 ST. PETER Colman, SD c/o Sts. Simon & Jude

Clearing the Air Around Marijuana Use:

by Father Tad Pacholczyk (who also has a PH.D. in neuroscience from Yale)

From the Pastor

A June 2014 article in the New England Journal of Medicine (NEJM), written by researchers from the National Institute on Drug Abuse and the National Institutes of Health, points out that marijuana is not the harmless drug that many imagine. Rather, it is associated with "substantial adverse effects, some of which have been determined with a high level of confidence."

These negative outcomes include the risk of addiction, symptoms of chronic bronchitis, an elevated incidence of fatal and nonfatal motor vehicle accidents, and diminished lifetime achievement and school performance in cases of long term use, especially beginning in adolescence. We can add that the decision to use a drug recreationally for the purposes of dissociating ourselves from reality through induced euphoria raises significant moral concerns, and, like all unethical human choices, can be expected to correlate with significant adverse ramifications.

Part of the unethical character of drug abuse flows from the fact that we are treating something good, namely our personal, conscious experience as if it were an evil to be avoided. Recreational drug users seek to escape or otherwise suppress their lived conscious experience, and instead pursue chemically-altered states of mind, or drug-induced pseudo-experiences. Any time we act in such a way that we treat something objectively good as if it were an evil by acting directly against it, we act in a disordered and immoral manner.

The decision to pursue inebriation and drunkenness, similarly, is a choice directed against the good of our human conscious experience that raises serious moral concerns. The responsible enjoyment of alcohol, meanwhile, presupposes that a moderate use of the fruit of the vine can aid us in the pursuit of certain aspects of friendship and interaction by stimulating conversation with others, and by diminishing the hesitations that people may have when they interact with each other. The moderate use of alcohol also appears to offer positive physiological effects on health. The notion of the "responsible enjoyment of marijuana and other mind-altering drugs," meanwhile, is a dubious (((*doubtful*))) concept, given that the more powerful and varied neurological effects of these substances readily take us across a line into alternate states of mind, detachment from reality, "getting stoned," etc."

Whenever we look at alcohol, marijuana, or other more powerful drugs, additional moral concerns arise due to the risk of addiction, which threatens authentic freedom and constitutes a serious form of human bondage. Alcohol, of course, poses a significant risk of addiction for some people, and the responsible use of alcohol may become nearly impossible for them, necessitating complete abstinence to maintain their freedom. Marijuana, despite some contentious debates about the matter, similarly has a significant addictive potential, as noted in the NEJM article: "Approximately 9 percent of those who experiment with marijuana will become addicted... The number goes up to about 1 in 6 (((*16.7%*))) among those who start using marijuana as teenagers and to 25 to 50 percent among those who smoke marijuana daily. According to the 2012 National Survey on Drug Use and Health, an estimated 2.7 million people 12 years of age and older met the DSM-IV criteria for dependence on marijuana, and 5.1 million people met the criteria for dependence on alcohol)... Indeed, early and regular marijuana use predicts an increased risk of marijuana addiction, which in turn predicts an increased risk of the use of other illicit drugs."

The NEJM article also notes that adults who smoke marijuana regularly during adolescence have decreased neural connectivity (abnormal brain development and fewer fibers) in specific brain regions. Although some experts have disputed a cause-effect relationship for this phenomenon, studies of brain development in animals strongly suggest a causal effect. The authors surmise that the effects of marijuana on brain development may help to explain the association between frequent marijuana use among adolescents and significant declines in IQ, as well as poor academic performance and an increased risk of dropping out of school. These deleterious effects speak to us of the fundamentally unethical character of inhaling, injecting or otherwise ingesting harmful chemical substances into our bodies.

The litany of marijuana's adverse health effects raises major doubts about the wisdom of promoting its legalization for recreational purposes. The authors note that the health effects of a drug (whether legal or illegal) are related to its "availability and social acceptability." They conclude, "In this respect, legal drugs (alcohol and tobacco) offer a sobering perspective, accounting for the greatest burden of disease associated with drugs not because they are more dangerous than illegal drugs but because their legal status allows for more widespread exposure," leading to more abuse and more harmful effects. It's critical for us to acknowledge these negative effects rather than seeking, like drug addicts, to dissociate ourselves from this reality.

Rev. Tadeusz Pacholczyk, Ph.D. earned his doctorate in neuroscience from Yale and did post-doctoral work at Harvard. He is a priest of the diocese of Fall River, MA, and serves as the Director of Education at The National Catholic Bioethics Center in Philadelphia. This article and others from his column, entitled "Making Sense of Bioethics" can be found on the website: www.ncbcenter.org

Liturgy Schedule			Location	Mass Intention
Mon., Aug. 31	7:30 AM 7:45 AM	Prayer/Communion Service Prayer/Communion Service	Flandreau Elkton	
Tues., Sept. 1	7:30 AM 7:45 AM 9:00 AM	Mass Prayer/Communion Service Mass (Fr. Osborn)	Flandreau Elkton Colman	† Mabel Heinemann
Wed., Sept. 2	9:00 AM 9:00 AM 11:00 AM	Mass/Exposition/Adoration Mass (Fr. Osborn) Mass at Riverview Manor	Elkton Colman	† A. Gebhart (healing) All Parishioners
Thur., Sept. 3	7:45 AM 9:00 AM	Prayer/Communion Service Mass/Exposition/Adoration	Elkton Colman	 All Parishioners
Fri., Sept. 4	7:45 AM 9:00 AM 9:00 AM	Prayer/Communion Service Mass (Fr. Osborn) Mass/Exposition/Adoration	Elkton Colman Flandreau	 CDA
Sat., Sept. 5	7:00 PM	Mass	Colman	† Neva Luze
Sun., Sept. 6	8:30 AM 10:30 AM	Mass Mass	Elkton Flandreau	All Parishioners † Mabel Heinemann
Confessions are scheduled 1/2 hour prior to each weekend Mass.				

MINISTERS OF SERVICE

COLMAN ~ SAT., SEPT. 5

Lay Minister: Ryan/Mary Beth Zwart, Ann Voelker Lect./Comm.: Chuck Richter Altar Servers: Walker Olivier, Chandler Gullickson Gift Bearers/Usher/Greeters: Bob Baumberger Family

ELKTON ~ SUN., SEPT. 6

Lay Minister: Judy Kampmann, Shari Myers Lect/Comm: Kelly Neill, Lois Stuefen Altar Servers: William/Garrett Neill Greeters/Gift Bearers: Chuck/JoAnn Heesch Ushers: Cory Stuefen, Rich Frederiksen

FLANDREAU ~ SUN., SEPT. 6

Lay Minister: Betty Groos, Tom Stenger, Susan Gross Lect./Comm.: Les Heinemann, John Hess (C) Altar Servers: Makenzey Burggraff, Caleb Dietrich Brooklyn/Luke Behrens Ushers/Greeters: John/Sharon Duncan, Dave/Kris Johnson Sacristan: Carol Parsley

Intention of the Holy Father for September:

That opportunities for education and employment may increase for all young people.

Aug. 23rd

Flandreau: \$3001 Elkton: \$1267 Colman: \$2514

Daily Mass Readings:

Aug 31: 1 Thess 4:13-18; Ps 96:1-5,11-13; Luke 4:16-30 Sept 1: 1 Thess 5:1-11; Ps 27:1,4,13-14; Luke 4:31-37 Sept 2: Colossians 1:1-8: Ps 52:10-11; Luke 4:38-44 Sept 3: Colossians 1:9-14; Ps 98:2-6; Luke 5:1-11 Sept 4: Colossians 1:15-20; Ps 100:1-5; Luke 5:33-39 Sept 5: Colossians 1:21-23; Ps 54:3-8; Luke 6:1-15 Sept 6: Isaiah 35:4-7; Ps 146:6-10; James 2:1-5; Mark 7:31-37

New Wed Address to find Parish Bulletins on-line: <u>http://www.parishesonline.com/find/sts-</u> simon-and-jude-parish

"All in God's Plan" will be held in Sioux Falls on Tuesday, September 17, 6:15 P.M. at St. Michael's Parish. *"All in God's Plan"* is a program for Mothers & Daughters and Fathers & Sons to come together in separate gender sessions to learn age appropriate information about human sexuality, human development, and chastity formation. For more information and to register visit: <u>www.sfcatholic.org/</u> <u>RespectLife</u>, or call 988-3755.

September & October Mass Schedule

Colman - Saturday at 7:00 PM Elkton - Sunday at 8:30 AM

ST. PETER

Altar Society Meeting: Tues., Sept. 8 - 7:00 PM in the parish hall. We will discuss the fall parish dinner and a few other items.

Needed: Three Religious Education Teachers who would be willing to teach the High School class one time per month. Please contact Joy 864-8113.

Needed - Director of Religious Education: The new person could work with Joy to learn the duties of the position thru December then take over the position in January. Call Fr. Doug if interested 997-2610.

Mark Your Calendar: Fall Dinner-Sept. 27th.



Welcome into our parish family to: Hayes Jeffrey Hahn,

son of Jeffrey & Courtney.

We pray for God's blessings and grace that they continue to follow the way of Jesus Christ.

CFSA Pledge Reminder: Please place your pledge payments in an envelope, clearly marked as CFSA and drop into the weekly collection or mail to the parish office. Thank you for your generosity!

OUR LADY OF GOOD COUNSEL

Guild Officers Needed: Looking for someone, male or female, to fill the positions of President, Vice President, and Treasurer beginning January 2016. If anyone is interested in a position please contact Nancy (542-2063).

Mark Your Calendar: Fall Dinner-Oct. 18th.



Welcome into our parish family to: Isabel Diane Langum, daughter of Thomas & Joan.

We pray for God's blessings and grace that they continue to follow the way of Jesus Christ.



Please pray for Lindsey Weber & Wedding Adam Steffes who will be married on September 12th.

TRI-PARISH

Religious Education Classes will begin on Wed., Sept. 9th.

STS. SIMON & JUDE

First Sunday Meal: September 6th after mass, join us for a meal of hamburger hotdish.

The September meeting of the Catholic Daughters will be on Thursday, September 3. Rosary at 6:30 pm, meeting at 7:00 pm.



Discovering Your Gifts and Putting them to **Use for the Kingdom:** When we were baptized and confirmed, God gave each of us gifts literally, superpowers! - that are meant to be used to build up His Kingdom. But what are the gifts we've each been given, and how do we use them?

To answer those questions, a Called & Gifted workshop - sponsored by the Office of Adult Discipleship & Evangelization and led by a team from the Catherine of Siena Institute - will be held this fall at St. Michael's Parish in Sioux Falls on September 11th and 12th. Lunch will be provided. There will be an opportunity for a free will offering.

So save the date!! For more information and to register for this amazing workshop visit our website: www.sfcatholic.org/adultformation. Feel free to call Mary Andersen at 605-988-3766 or (mandersen@sfcatholic.org) with any questions.



Broom Tree Silent Retreat Schedule: Women's: Sept. 17-20, Oct. 22-25, Nov. 5-8; Men's: Sept. 24-27, Nov. 19-22 http://www.broom-tree.org or 605-263-1040



Its Back to School Time! Vacations, family reunions, and summer camps are almost over--its been busy! Have you had a chance this summer to grow in your relationship with your spouse and God? Turn your heart and mind to your spouse, and dedicate a weekend to knowing your lover on a deeper level by attending a Worldwide Marriage Encounter Weekend at Broomtree Retreat Center **Sept. 11-13.** Go to <u>wwme.org</u> to register, or call Dawn/John Elsinger at 362-0924.

Guest Day Salad Luncheon at Our Savior's Lutheran Church, Flandreau; **September 10** at Noon; All women are welcome; Craig Severtson will be talking about his involvement in "Helping Kids Round First Base" to help the people of Nicaragua.

Grieving the Loss From Homicide- Sept.22-Oct.27, a six week program held every Tuesday evening from 6:30 pm to 8:30 pm. Presented by Dr. Marcie Moran, this is a program for adults who have lost a loved one from the tragic and senseless crime of a murder. This loss has a unique intensity that requires special and educational assistance toward adjustment. Located at Catholic Family Services 523 N. Duluth Ave Sioux Falls. To register or questions call 988-3775 or email cfs@sfcatholic.org

Holy Land pilgrimage this fall: Fr. Michael Wensing is hosting a pilgrimage to the Holy Land **Oct 29-Nov 6**. You may call Peter's Way (the Tour agent) at 1-800-225 7662 for more information. The trip is limited to 50. Ask for Amy Choi, the tour planner. Flights are to and from Sioux Falls.

The Catholic's DIVORCE SURVIVAL Guide-Session begins Wednesday, September 9th at St Mary School, 2001 S. 5th Ave, Sioux Falls. Sessions are held Wednesday evenings, 6:30-8:30pm. Cost of \$45 per person includes a "Personal Survival Guide", refreshments and all materials for 6 weeks. For information or to register contact Margi at Catholic Family Services, 988-3775 mculhane@sfcatholic.org. Scholarships are available.

Children's Grief Program NEW!! Children's grief program **"Seeing Through the Rain"** by Mary Weber begins **Thursday September 10th** through October 15, from 5:30pm-7:30pm at Catholic Family Services, 523 N Duluth Ave, Sioux Falls. This six-week program is designed for children according to their age and specific loss. To register for this program or for more information contact Catholic Family Services <u>988-3775</u>. Second session of "Seeing Through the Rain" begins October 29th and runs through December 10, 2015.

Father Flood



22nd Sunday in Ordinary Time ~ August 30, 2015FATHER DOUG BINSFELD, PASTOR 997-2610FAX: 573-2080EMAIL: frdougbinsfeld@sfcatholic.orgMARILYN SCHWEBACH, secretary 997-2610FAX: 573-2080EMAIL: simonjude@iw.netOFFICE HOURS: WED., THUR., & FRI.9:00-4:00SISTER BENEDICTA LONG (ELKTON) 542-8221~FATHER WILLIAM OSBORN (COLMAN) 605-660-3206