#### Catholic Tri-Parish Community STS. SIMON & JUDE 105 S. Bates St., FLANDREAU, SD 57028 Tri-Parish Community OUR LADY OF GOOD COUNSEL PO Box E ELKTON, SD 57026 Colman, SD c/o Sts. Simon & Jude

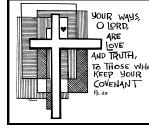
### Fasting: (continued from last weeks bulletin.)

From the Jesus fasted and prayed for 40 days in the desert, while being tempted by the devil. This time of desolation in the desert prepared Jesus to experience the desolation that is a part of sharing "The Good News" that God is with us, especially, with people who do not want God in their lives. Our

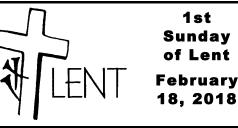
40 days of the Lenten Season is a preparation for us as we deny ourselves, while taking up our cross. When we fast, we will experience temptations, but we resist the temptations with the God given powers of Faith, Hope and Love. Fasting brings to us the spiritual battles that we will eventually have to face in this life, but it is at a time of our choosing, as opposed to struggling against the attacks of temptations at a time of satan's choosing, which will always be at a time when we are weakened by other stressful and difficult situations. Fasting is a spiritual exercise of self-denial, which is very beneficial in strengthening our fallen human nature from disordered pride that loves ourself more than God or others, or in other words, it is self -love or self-concern. Disordered pride is manifested in different ways, such as, an over inflated sense of being all-important and trying to be in control and get my way: being greedy and envious by wanting to possess things; being gluttonous or lustful seeking the physical pleasures to be comfortable; being slothful and lazy by not taking responsibility and working hard; being angry and hateful by seeking revenge; etc.... Fasting is a powerful way to receive The Grace of God, by humbling ourselves to recognize and accept our weaknesses as we resist the temptations to respond in sinfully selfish ways. Through our free will choice to respond to situations with the powers of Faith, Hope and Love, we are calling upon God to recreate us into His Image and Likeness, by practicing the virtues of humility, temperance/self-control, generosity, diligence, chastity, meekness and concern for others in us rather than the vices or immorality.

Technically, fasting is a penitential practice of not eating any food. This is required for one hour prior reception of Holy Communion, and on penitential days during the Lenten Season. It is optional for us to fast for a single day or for extended periods of time, <u>BUT!!!</u> "ALWAYS REMEMBER!!! to fast according to your ability!!!" Fasting is a powerful form of prayer that goes beyond verbally asking for God's Grace, because we enjoin our physical body in making a sacrificial offering to God. Fast according to your physical/bodily ability, and your spiritual ability, so that the physical weakness, shakiness, headaches or the spiritual temptations that you may experience, do not overwhelm your physical, emotional or spiritual well being. If the effects from the fast prevent you from fulfilling your daily responsibilities, or if you begin responding to others out of irritation and begin quarreling in anger and fighting "striking with wicked claw" (Isaiah 58:3), then it is better to end the fast, if you can not continue your daily duties and respond with Faith, Hope and Love of God toward others. It is a far better thing to be faithful and loving toward God by showing kindness to others than for your fast to end with evil words and actions. However, if you can fast with your Faith, Hope and Love intact, then you will gain great blessings in doing so.

Again, fasting is a spiritual exercise that can help us to practice self control by calling upon our Gifts of Faith, Hope and Love to endure and conquer the temptations that come through physical weakness and discomfort. In doing so, we unite our sacrifices with The Ultimate Sacrifices and Suffering of our Lord Jesus Christ. Jesus made that ultimate act of self-denial by becoming a man; and then refusing to use His Divine Powers to serve Himself. Jesus used His Divine Powers to serve others, even though, He had great need while He lived in poverty and suffered weakness, hunger, thirst, fatigue and then He endured the rejection and hatred of people that inflicted the injustice of false accusation, abuse **(Cont. on page 4)** 



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Liturgy Schedule			Location	Mass Intention	
Mon., Feb. 19	7:45 AM	Prayer/Communion Service	Elkton		
Tues., Feb. 20	7:30 AM	Mass	Flandreau	Fred Smith (health)	
	7:45 AM	Prayer/Communion Service	Elkton		
Wed., Feb. 21	9:00 AM	Mass/Exposition/Adoration	Elkton	† Jim Oberembt	
	1:30 PM	Mass (Father Osborn)	Colman		
Thur., Feb. 22	7:45 AM	Prayer/Communion Service	Elkton		
	9:00 AM	Mass/Exposition/Adoration	Colman	† Dorothy Groos	
Fri., Feb. 23	7:45 AM	Prayer/Communion Service	Elkton		
	1:30 PM	Mass (Father Osborn)	Colman		
	5:30 PM	Mass (Stations at 5:00 PM)	Flandreau	Intentions of Bing/Annie Garcia	
Sat., Feb. 24	5:00 PM	Mass	Colman	All Parishioners	
Sun., Feb. 25	8:30 AM	Mass	Elkton	† Anastasia Gebhart	
	10:30 AM	Mass	Flandreau	† Rita Walker	
<b>CONFESSIONS</b> ~ $1/2$ hour prior to each weekend Mass.					

#### **MINISTERS OF SERVICE**

COLMAN ~ SAT., FEB. 24 Lay Minister: Ryan Zwart, Alice Berg, Jerry Hemmer Lect/Comm: Mary Beth Zwart Altar Servers: Carson Voelker, Presley Luze Gifts/Ushers/Greeters: Bill Miles Family

### ELKTON ~ SUN., FEB. 25

Lay Minister: David/Carol McMahon Lect./Comm.: Sharon Landsman, Chris Myers (C) Altar Servers: Aidan Owens, Alex Landsman Greeters/Gift Bearers: Larry/Judy DeZeeuw Ushers: Arlo Jurrens, Tom Gebhart

#### FLANDREAU ~ SUN., FEB. 25

Lay Minister: Gail Keating, Jean McGlone, Jim Redder Lect./Comm.: Denise Wiese, Brenda Doyle (C) Altar Servers: Erin/James/Matthew Drietz, Luke Behrens Ushers/Greeters: Glenn Burggraff Family Jesse Gaspar Family Sacristan: LaVonne Headrick

### Intention of the Holy Father for February:

That those who have material, political, or spiritual power may resist the lure of corruption.

Feb. 11thElkton: \$902OurFlandreau: \$2593Weekly OfferingColman: \$906	
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### **Daily Mass Readings**

Feb. 19: Leviticus 19:1-2,11-18; Ps 19:8-15; Matthew 25:31-46

- Feb. 20: Isaiah 55:10-11; Ps 34:4-7,16-19; Matthew 6:7-15
- Feb. 21: Jonah 3:1-10; Ps 51:3-4,12-13,18-19; Luke 11:29-32
- Feb. 22: 1 Peter 5:1-4; Ps 23:1-6; Matthew 16:13-19
- Feb. 23: Ezekiel 18:21-28; Ps 130:1-8; Matthew 5:20-26
- Feb. 24: Deut. 26:16-19; Ps 119:1-8; Matthew 5:43-48
- Feb. 25: Genesis 22:1-2,9-18; Ps 116:10,15-19; Romans 8:31-34; Mark 9:2-10

**Catholic Family Sharing Appeal:** This is an opportunity for us to unite with all Catholics in the diocese to share our blessings and to show our concern for one another. If you did not yet returned your pledge card, please fill it out and return it as soon as possible. If you cannot participate financially, fill out your card and offer a prayer for the success of Catholic Family Sharing Appeal. Our goal is 100% participation through time, talent and treasure. Again, any amount raised above the goal will stay in the parish. To those who returned their cards, thank you for your generous response!

**Operation Rice Bowl** - Throughout Lent we will pray, fast, learn and give as a way to reach out in solidarity with our brothers and sisters around the world. Each household is invited to eat less and save monies. Those saved monies will be used to provide services to the poor through Catholic Relief Services. **Please be sure to take home a Rice Bowl packet available in the church entrance.** 

## <u>STS. SIMON & JUDE</u>

<u>CCD:</u> Wednesdays - Pre-6th Grade at 5:45 PM Grades 7-12 at 7:15 PM

Quilting: Thursdays - 8:30 AM.

<u>Bible Study</u>: Fridays at 10:00 - call Libby at 997-2654 if interested.

Lenten Soup Suppers: Wednesdays - serving begins at 5:00 PM in the church hall.

## Stations of the Cross:

Wednesdays - 7:15 PM led by CCD students Fridays - 5:00 PM followed by Mass & confessions

**<u>CDA Card Party</u>**: Sat., Feb. 24th - 10:00 AM in the church hall. Food, fellowship and fun. Come and bring a friend. For further information call Mary at 997-2571



## OUR LADY OF GOOD COUNSEL

CCD: Wednesdays at 6:30 PM, gr. 1-12.

Lenten Soup Supper: Wednesday 5:30-6:30.

<u>Stations of the Cross:</u> Wednesdays - 7:00 PM led by CCD students

# <u>st. Peter</u>

**<u>CCD</u>**: Wednesdays at 6:30 PM, gr. 1-12.

Lenten Soup Suppers: Wednesday 5:30-6:30.

<u>Stations of the Cross</u> Wednesdays - 7:15 PM led by CCD students

Pancake Breakfast: March 4<sup>th</sup>, 9:00-11:00 AM In Memory of Sandy Entringer and Gary Hemmer Pancakes, Sausage, Scrambled Eggs, Juice & Coffee; Freewill Offering Proceeds Go to St. Peter Youth Programs



Welcome New Members!

<u>St. Peter</u>: Welcome to **Kevin Anderson**. <u>OLGC</u>: Welcome to **Gabriel Mejia and Marcela Valencia, Roberto, Marcela & Gabriela**.

We pray that you will deepen your relationship with the Lord and develop deep friendships with fellow parishioners.

## Beautifully Made: A Women's Conference - April 14, 2018 - Sioux Falls Convention Center:

Featuring the following keynote speakers

**Lisa Cotter** is a nationally sought-after speaker on the topics of relationships, femininity and living life with excellence. While balancing sound theology with humor and practical insights, Lisa inspires audiences of all ages.

**Emily Stimpson Chapman** is a freelance Catholic writer on "all things Catholic" —from politics and catechesis to higher education and the media, with a special focus on the Church's teachings on marriage, sexuality, and femininity.

**Sarah Kroger** is a Christian singer/songwriter from Melbourne, FL. Her tender heart of prayer combined with the rare talent of her voice makes for a unique and intimate experience.

Sign up at www.sfcatholic.org/WomensConference and check for the latest news and updates!

### (Cont. from page 1)

and violence causing Him terrible pain and death. Through it all, Jesus offered all of His Divine Life of Love for us to God The Father, and never yielded to the temptations of anger, hate or revenge. Thus, Jesus not only won the victory over temptation, but also paid the price of our sins/evil, and obtained for us The Grace of God so that we might become like Him by accepting our sufferings and remaining obedient to God The Father by loving and serving one another. Jesus tells us to deny ourselves and take up our cross and follow Him. The practice of fasting with Faith, Hope and Love in Jesus Christ will result in self sacrifice by following Jesus into the desert of desolation and engage in the battle against evil temptations and to conquer them by The Powers of your Faith, Hope and Love. Fr. Doug Binsfeld

The Abbey of the Hills Retreats: Register at

- www.AbbeyOfTheHills.com or call 605-398-9200 March 2-4 - Men's Lenten Retreat - The retreat begins
- March 2-4 Men's Lenten Retreat The retreat begins at 7 p.m. Friday and concludes at 11:00 a.m. Sunday
  March 9-11 - The Matthew Ministry: Inner Healing
- Retreat. The weekend begins at 7:00 p.m. on Friday and ends with lunch on Sunday.
- March 16-18 Retrouvaille: Help for Troubled & Strained Marriages. To register and for information visit: www.retrouvaille.org or call 605-988-3755

### Broom Tree Retreats:

For more information and to register call (605) 263-1040, email broomtree@sfcatholic.org or www.broom-tree.org Prayerful donations requested for retreats

### Silent Retreats:

- Women's: Mar. 15-18, May 3-6, June 21-24,
- Men's: February 22-25, April 19-22, May 17-20

Days of Recollection: 10:00 AM thru mid-afternoon

- March 13 "The Passion of God & the Passion of Man: Why Suffering, Why Me?" directed by Msgr. Richard Mahowald,
- April 17 "The Heart of the Book of Romans" directed by Father Andrew Dickinson,
- August 21 directed by Fr. Tom Anderson
- September 11 directed by Dr. Teresa Kemmer,

Inner healing retreats - March 2-4, October 12-14

**Baptismal Preparation Class:** Required of all parents requesting to have their child baptized. Classes are held on the 1st Tuesday of each month in SS&J Parish Basement. Contact Fr. Doug (997-2610) prior to the class to register and give baptismal information.

**Catholic Conversations:** Saturday, **February 17th** from 9:30 AM to 11:30 AM at St Thomas More in Brookings. Don't miss out! Dr. Chris will be leading a topic titled **Who Am I to Judge? Truth, Happiness and Love**.

Lent Day of Recollection: Saturday, February 24th from 9:30 - 3:00 p.m. in Holy Spirit Church, Sioux Falls. Msgr. Charles Mangan will lead us in our theme, "Is Forgiveness Really Possible?" Since lunch will be included, please call Kathy Davis, 371-2320, to RSVP.

**Grieving the Loss of a Child:** Tuesdays 6:30 -8:30pm **February 27 - April 3,** Catholic Family Services, 523 N. Duluth, SF. Directed by Dr. Marcie Moran. Call 988-3775 or 1-800-700-7867 to register, the program is nondenominational. Cost – Donation. For adults who have lost a child and are trying to understand and reconcile their grief; designed to be educational and will offer positive suggestions to help people to survive and learn to live fully again.

### Surviving Divorce: begins Sunday, February

**18th**, in Watertown, SD at Immaculate Conception Parish. Sessions are held on Sunday evenings, 6:30-8:30pm. Cost of \$45 per person includes refreshments and all materials for 6 weeks. For information or to register contact Catholic Family Services at 605-988-3775 or cfs@sfcatholic.org. Scholarships are available.

18th Annual Catholic Family Services Gift of Hope Concert featuring Matt Maher. Saturday, March 24th - 7:00 p.m. (one show only) at Harrisburg High School Performing Arts Center. Order tickets online at ccfesd.org. For concert or ticket information call 605-988-3765. General admission tickets will also be available at all SF HyVee stores after February 1st (while All proceeds benefit the supplies last). Catholic Family Services' Gift of Hope Fund which provides support for people of all faiths, ages and walks in life through their counseling services, programs and grief adoption services.