

Catholic Tri-Parish Community

STS. SIMON & JUDE

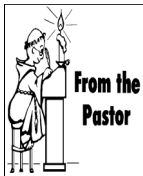
105 S. Bates St.,
FLANDREAU, SD 57028

OUR LADY OF GOOD COUNSEL

PO Box E
ELKTON, SD 57026

ST. PETER

Colman, SD
c/o Sts. Simon & Jude



Article #1: Abstinance and Fasting:

This Wednesday is Ash Wednesday which begins the Season of Lent with Abstinance and Fasting: We receive ashes on our foreheads to remind us of our lowliness before God, our approaching death and need to repent of our sins. In the Catholic Church, this is an obligatory day of abstinance and fasting. Abstinance and fasting are spiritual exercises to help believers humble themselves before God and to strengthen their "will" by controlling their bodily desire to eat food when they feel hungry. The 40 days of Lent remind us of the 40 days that Jesus spent in the desert praying, fasting and being tempted by the devil. Later, during His ministry, "Jesus summoned the crowd with his disciples and said to them, 'whoever wishes to come after me must deny himself, take up his cross and follow me.'" (Mk 8:34) Fasting and abstinance are two ways of denying ourselves.

Abstinance is for all people fifteen years of age and older. (Canon #1252). Abstinance is when we make a sacrifice and deny our desire to eat meat. "**Abstinance from eating meat or another food according to the prescriptions of the conference of bishops is to be observed on Fridays throughout the year unless they are solemnities; abstinance and fast are to be observed on Ash Wednesday and on the Friday of the Passion and Death of Our Lord Jesus Christ.**" (Canon 1251) Friday abstinences are to remind us of The Ultimate Sacrifice of our Lord Jesus Christ, who not only denied Himself physical comfort, but He suffered terrible pains physically, emotionally and spiritually to atone for our sins on The Cross. Abstinance, also, allows us to unite our personal sacrifice of not eating meat, to The Ultimate Sacrifice of Jesus Christ suffering pain and death for us. Yes!, abstinance, is a very minimal level of sacrifice on our part.

Fasting is when we do not eat any food for a single day or for multiple days, and then breaking the fast at the meal called "breakfast" which is short for breaking the fast. Remember!!! fast **according to your ability!** The Catholic Church has made fasting quite easy because some people have serious difficulty in fasting. The Church defines a "fast" as eating only one full daily meal, plus two smaller meals, in other words, eliminate one full meal out of the day and no snacking in between; this is technically a **partial fast, but it is a fast.** Another method of the **partial fast** can be done by eating bread and drinking water in order to maintain strength and attentiveness while working throughout the day of fasting. Fasting is an exercise in the practice of our Faith to help us unite our sacrifices to that of Jesus, and it is to strengthen our "will" to be the master of our bodies. Fasting is for all healthy adults, beginning their 19th year of life, and for adults less than 60 years of age. (Canon #1252)

Ash Wednesday and Good Friday are obligatory days of fasting and abstinance; A person can fast almost any time, traditionally Fridays and Wednesdays throughout the year have been used as days of fasting, although fasting as a spiritual exercise can be done on any day of the week.

Exceptions to Fasting: **1)** People who are sick, injured or not in good health and need the physical nourishment of food to maintain physical health. **2)** People 18 years of age and under or people 60 years of age and older, since the youth are growing and the elderly require nourishment to stay healthy. **3)** Women who are pregnant or nursing child/children to maintain healthy nourishment for themselves and their child/children; **4)** People whose work is hard manual labor should eat according to their need to maintain physical strength and be attentive at their work; **5)** People of unsound mind (who do not have the temperance/self-control to endure bodily hunger or fatigue); **6)** When you are a guest at a meal and cannot excuse yourself without giving offense to your host, or when you are in other situations of moral or physical impossibility to observe the penitential discipline.

Remember, these are general guidelines for people to make good decisions with regard to the spiritual exercises of abstinance and fasting, as each person evaluates their own physical, psychological and spiritual condition.

Fr. Doug Binsfeld

**8th Sunday in
Ordinary Time
February 26, 2017**

*We have confidence
through Christ*

FATHER DOUG BINSFELD, PASTOR

605-997-2610

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MARILYN SCHWEBACH, secretary
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OFFICE HOURS: WED/THUR/FRI. 9-4:00



SR BENEDICTA LONG (ELKTON)

605-542-8221

FR WM OSBORN (COLMAN)

605-660-3206



Liturgy Schedule			Location	Mass Intention
Mon., Feb. 27	7:45 AM	Prayer/Communion Service	Elkton	-----
Tues., Feb. 28	7:30 AM 7:45 AM 1:30 PM	Mass Prayer/Communion Service Mass (Fr. Osborn)	Flandreau Elkton Colman	† Dr. Thomas Jueschke ----- -----
Wed., March 1 	11:00 AM 6:00 PM 7:00 PM 8:00 PM	Mass at Riverview Manor Mass Mass (Fr. Osborn) Mass	Elkton Colman Flandreau	† Steven Holloway † Beatrice Wagner All Parishioners † Dolores Burggraff
Thur., March 2	7:45 AM 9:00 AM	Prayer/Communion Service Mass/Exposition/Adoration	Elkton Colman	----- All Parishioners
Fri., March 3	7:45 AM 1:30 PM 5:30 PM	Prayer/Communion Service Mass (Fr. Osborn) Mass (Stations at 5:00 PM)	Elkton Colman Flandreau	----- ----- † LaVern/Minnie Schmidt & Steve/Drew Haman
Sat., March 4	7:00 PM	Mass	Elkton	† Lillian Blinstrup/JoAnn Schmidt
Sun., March 5	8:30 AM 10:30 AM	Mass Mass	Colman Flandreau	All Parishioners † Ethel Mongold
CONFESSIONS ~ 1/2 hour prior to each weekend Mass. During Lent - each Friday following the 5:30 PM Mass.				

MINISTERS OF SERVICE

ELKTON ~ ASH WED., MARCH 1

Lay Minister: David/Carol McMahon
Lect./Comm.: Judy Kampmann, Sharon Landsman
Altar Servers: Corey/Tyler Jurrens
Greeters/Gift Bearers: Tom/Marla Thielen
Ushers: Dwight Gullickson, Steve Erickson

ELKTON ~ SAT., MARCH 4

Lay Minister: Sharon Landsman, Shari Myers
Lect./Comm.: Judy Kampmann, Bill Fargen
Altar Servers: William/Ashton Neill
Greeters/Gift Bearers: Nathan Thielen Family
Ushers: Dwight Gullickson, Steve Erickson

COLMAN ~ ASH WED., MARCH 1

Lay Minister: Alice Berg, Mary Gengler, Mary Zwart
Lect/Comm: Jerry Hemmer
Altar Servers: Logan Voelker, Josie Mousel

COLMAN ~ SUN., MARCH 5

Lay Minister: Doug Entringer, Jerry Hemmer, Ann Voelker
Lect/Comm: Focus Students
Altar Servers: Madison Voelker, Garrett Satterly
Gift Bearers/Usher/Greeters: 10th Grade Students

FLANDREAU ~ ASH WED., MARCH 1

Lay Minister: Tom Stenger, Dave/Deb Feske
Lect./Comm.: Paul/Jessica Lewis
Altar Servers: Hannah Parsley, Cade/Brant LeBrun
Makayla Welbig
Ushers/Greeters: Bing Garcia Family, Craig Shea
Sacristan: Tammy Stenger

FLANDREAU ~ SUN., MARCH 5

Lay Minister: Betty Groos, Susan Gross, Libby Heinemann
Lect./Comm.: Tom Luze, John Hess (C)
Altar Servers: Xavier/Marianna/Isabella/Elizabeth Pavlis
Ushers/Greeters: Bing Garcia Family, Craig Shea
Sacristan: Pam Rorvik-Albers

Daily Mass Readings:

Feb 27: Sirach 17:20-24; Ps 32:1-7; Mark 10:17-27
Feb 28: Sirach 35:1-12; Ps 50:5-8,14,23; Mark 10:28-31
Mar 1: Joel 2:12-18; Ps 51:3-6,12-17; 2 Corinthians 5:20-6:2;
Matthew 6:1-6,16-18
Mar 2: Deuteronomy 30:15-20; Ps 1:1-6; Luke 9:22-25
Mar 3: Isaiah 58:1-9; Ps 51:3-6,18-19; Matthew 9:14-15
Mar 4: Isaiah 58:9-14; Ps 86:1-6; Luke 5:27-32
Mar 5: Genesis 2:7-9, 3:1-7; Ps 51:3-6,12,13,17;
Romans 5:12-19; Matthew 4:1-11

Feb. 19th
Our
Weekly Offering



Flandreau: \$1894
Elkton: \$898
Colman: \$881

Intention of the Holy Father for March: That persecuted Christians may be supported by the prayers and material help of the whole Church.

Baptismal Preparation Class: Required of all parents requesting to have their child baptized. Classes are held on the 1st Tuesday of each month in SS&J Parish Basement.
Contact Fr. Doug (997-2610) prior to the class to register and give baptismal information.

STS. SIMON & JUDE

Quilting: Thursdays at 8:30 AM.

CCD: No Classes on Ash Wed., March 1st.

Lenten Soup Suppers begin on March 8th, serving 5:15-7:30 PM in the church basement. Anyone interested in helping please contact Tammy Stenger 864-3026.

K of C Meeting: Mon., Feb. 27 - 7:00 PM.

Knight of Columbus First Sunday Meal: March 5th after Mass, Will be serving Pulled Pork Sandwiches, Chips, Beans, Fruit, Drinks. Everyone is welcome!

CDA Meeting: Thursday, March 2 - 6:30 PM.

Stations of the Cross: Fri., March 3 - 5:00 PM, followed by Mass and opportunity for Confession

**welcome
welcome
welcome** Welcome into our parish family to
Larry Heinemann.

Open House Bridal Shower for Gina Wolles, bride-to-be of DJ Johanson, on Sunday, March 5th from 2 - 4 pm at St. Mary Parish Hall, Dell Rapids. The couple is registered at Target and Bed, Bath, & Beyond.

March/April Mass Schedule

Elkton - Saturday at 7:00 PM
Colman - Sunday at 8:30 AM

Catholic Family Sharing Appeal - 2017: Today we collect pledge cards for CFSA. This is an opportunity for us to unite with all Catholics in the diocese to share our blessings and to show our concern for one another. If you cannot participate financially, fill out your card and offer a prayer for the success of Catholic Family Sharing Appeal. Our goal is 100% participation through time, talent and treasure. Again, any amount raised above the goal will stay in the parish. To those who returned their cards, thank you for your generous response! **If you do not receive a letter, let the parish office know.**



March 1 - Lent Begins... Ash Wednesday Mass Schedule

6:00 PM - Elkton
7:00 PM - Colman (Fr. Osborn)
8:00 PM - Flandreau

OUR LADY OF GOOD COUNSEL

Choir Practice: Wednesdays at 6:30. Everyone is welcome to join us!

Knights of Columbus monthly meeting in Elkton: Monday, Feb. 27th at 7:00 PM at St. Mary's Hall.

Guild Meeting: following focus Mass on Sunday, February 26th. Upcoming events will be discussed.

ST. PETER

In Memory of Sandy Entringer & Gary Hemmer - Pancake Breakfast: Sunday, March 5th, 9:00-11:00 AM at St. Peter Parish Hall. Pancakes, Scrambled Eggs, Sausage, Juice, Coffee. Freewill Offering; Proceeds go to St. Peter Parish Youth Programs. Everyone is welcome!

Lenten Soup Supper Schedule:

Serving 5:15-6:45

March 8 - CDA	March 29 - KC's
March 15 - Faith Group	April 5 - Charity Group
March 22 - Hope Group	April 12 - CDA

Catholic Daughters are distributing Lifesavers after mass on Saturday February 25th with intentions to raise awareness about abuse. As you enjoy your lifesavers today, please pray for the victims of abuse.



40 Days For Life Campaign ~ March

1-April 9: Pray for the campaign, the unborn babies, mothers, fathers and families affected by abortion. Spend an hour in prayer, on the sidewalk in front of Planned Parenthood, at 6511 W 41st St, across from Roosevelt High School. There is an Online sign up for the 40 Days for Life Prayer Vigil. Please go to 40daysforlife.com/siouxfalls to register. After registering, just go to "Add vigil hours". Sign the Statement of Peace, and then click the + sign on the calendar for your hour. To delete your hour, highlight your name and click the red X.

Individuals may, of course, participate without reserving a time. You are always welcome to come and pray any time. Just show up and join in, but signing up for a time helps us track how many people are participating.

Fr. Ubald's HEALING MINISTRY in our area
MARCH 16-19, 2017



Fr. Ubald Rugirangoga of the Cyangugu Diocese, Rwanda

Fr. Ubald has a beautiful healing gift and his focus is on healing and evangelization wherever he goes. There are many documented cases of physical healings, spiritual healings, healings in relationships and emotional healings through his prayers. It is not uncommon for him to do a healing service in his country where anywhere from 10,000-60,000 people will be in attendance.

- * **Thursday, March 16th 7:00 PM—St. Kateri Ecumenical Prayer Service** at St. Kateri Hall, Sisseton
- * **Friday, March 17th 7:00 PM—St. Kateri Healing Mass and Adoration of the Blessed Sacrament** at St. Kateri Church, Sisseton
- * **Saturday, March 18th 5:30 PM—St. John's Healing Mass and Adoration of the Blessed Sacrament** at St. John's Church, Rosholt
- * **Sunday, March 19th 9:00 AM—St. Peter's Healing Mass and Adoration of the Blessed Sacrament** at St. Peter's Church, Sisseton

Fr. Ubald has been a Roman Catholic priest for 25 years in the Cyangugu Diocese of southeastern Rwanda. Cyangugu is situated very closely to the Congo and Burundi borders on the picturesque Lake Kivu. During the 1994 genocide Fr. Ubald lost over 80 members of his family and over 45,000 of his parishioners were exterminated. He escaped through the Congo on foot in the middle of the night. When he left Rwanda at that time he made a promise to his Bishop that he would return to bring healing to his people. He spent 3 months in Belgium during the genocide at which time he said that he cried every day. After a trip to Lourdes where he heard Jesus tell him "Ubald, carry your cross," he felt a release from the burden of his sorrows and knew he was called to preach healing, forgiveness and reconciliation.

FREE WILL OFFERINGS WILL BE TAKEN FOR FATHER UBALD'S CENTER OF PEACE

Catholic Family Services Gift of Hope Concert
Featuring Mark Schultz: Sun., March 19—2:00 PM
 at O'Gorman Performing Arts Center.

Bishop Hoch Scholarship 2017-2018: \$1,000.00 scholarship to enable a student (new, already in college or non-traditional) to attend either Mount Marty College, Yankton or Presentation College, Aberdeen. Contact tgeiver@sfcatholic.org for more information.

Grief Support Group to begin in Brookings: If you're in need of consolation after losing a loved one, this Christ-centered faith sharing group is for you. It meets in the library at St. Thomas More Parish in Brookings for six Thursday evenings beginning March 9th. Prayer, scripture, faith sharing, and fellowship begin at 6:30pm. Sessions usually run for 2 hours. Come and be comforted. For more details, call Laura Kondratuk at 692-4361. This season's sessions will run from March 9th – April 20th. *No session on April 13th - Holy Thursday.*

To register or for information, contact Catholic Family Services, 523 N Duluth Ave, Sioux Falls. 1-800-700-7867; 605-988-3775 or mculhane@sfcatholic.org.

Grieving the Loss of a Loved One: Weekend Non-Denominational Retreat for adults, **March 3-5** at Broom Tree Retreat Center.

Grieving the Loss of a Child: Six Tuesdays 6:30-8:30 pm, **Feb. 28 - Apr. 4**, Non-denominational.

Do you desire to share your faith more openly, but don't know where to begin? Join us for Discipleship Day **March 31- April 1**, at the Sioux Falls Convention Center. Deacon Ralph Poyo and Bob Rice will be sharing their incredible insights on discipleship-focused ministry. For information or to register www.sfdiscipleship.org/discipleshipday/

Retrouvaille: Help for Troubled & Strained Marriages: March 31 – April 2 at the Abbey of the Hills. This is a confidential weekend that offers hope and help for couples to heal and renew their marriage relationship. For general information or to register visit: www.retrouvaille.org or call 988-3755.

Read our parish bulletins on-line:
www.parishesonline.com/find/sts-simon-and-jude-parish

Father Flood



Abby of the Hills Events:
 For more information and to register go to www.abbeyofthehills.com
March 12 - 2:00 PM
 St. John's University Men's Choir Concert

March 17-19 Lenten Retreat for Men
March 18 Women's One-Day Silent Retreat
March 24-26 Mixed 12-Step Spiritual Retreat