

# Catholic Tri-Parish Community

STS. SIMON & JUDE

105 S. Bates St.,  
FLANDREAU, SD 57028

OUR LADY OF GOOD COUNSEL

PO Box E  
ELKTON, SD 57026

ST. PETER

Colman, SD  
c/o Sts. Simon & Jude



**Fasting:** (continued from last week's bulletin.)

Jesus fasted and prayed for 40 days in the desert, while being tempted by the devil. This time of desolation in the desert prepared Jesus to experience the desolation that is a part of sharing "The Good News" that God is with us, especially, with people who do not want God in their lives. Our 40 days of the Lenten Season is a preparation for us as we deny ourselves, while taking up our cross. When we fast, we will experience temptations, but we resist the temptations with the God given powers of Faith, Hope and Love. Fasting brings to us the spiritual battles that we will eventually have to face in this life, but it is at a time of our choosing, as opposed to struggling against the attacks of temptations at a time of Satan's choosing, which will always be at a time when we are weakened by other stressful and difficult situations. Fasting is a spiritual exercise of self-denial, which is very beneficial in strengthening our fallen human nature from disordered pride that loves itself more than God or others, or in other words, self-concern. Disordered pride is manifested in different ways, such as, an over inflated sense of being all-important and trying to be in control and get my way; being greedy and envious by wanting to possess things; being gluttonous or lustful seeking the physical pleasures to be comfortable; being slothful and lazy by not taking responsibility and working hard; being angry and hateful by seeking revenge; etc.... Fasting is a powerful way to receive The Grace of God, by humbling ourselves to recognize and accept our weaknesses as we resist the temptations to respond in sinfully selfish ways. Through our free will choice to respond to situations with the powers of Faith, Hope and Love, we are calling upon God to recreate us into His Image and Likeness, by practicing the virtues of humility, temperance, generosity, diligence, chastity, meekness and concern for others in us rather than the vices or immorality.

Technically, fasting is a penitential practice of not eating any food. This is required for one hour prior reception of Holy Communion, and on penitential days during the Lenten Season. It is optional for us to fast for a single day or for extended periods of time, **BUT!!! "ALWAYS REMEMBER!!! to fast according to your ability!!!"** Fasting is a powerful form of prayer that goes beyond verbally asking for God's Grace, because we enjoin our physical body in making a sacrificial offering to God. **Fast according to your physical/bodily ability, and your spiritual ability, so that the physical weakness, shakiness, headaches or the spiritual temptations that you may experience, do not overwhelm your physical, emotional or spiritual well being. If the effects from the fast prevent you from fulfilling your daily responsibilities, or if you begin responding to others out of irritation and begin quarreling in anger and fighting "striking with wicked claw" (Isaiah 58:3), then it is better to end the fast, if you can not continue your daily duties and respond with Faith, Hope and Love of God toward others.** It is a far better thing to be faithful and loving toward God by showing kindness to others than for your fast to end with evil words and actions. However, if you can fast with your Faith, Hope and Love intact, then you will gain great blessings in doing so.

Again, fasting is a spiritual exercise that can help us to practice self control by calling upon our Gifts of Faith, Hope and Love to endure and conquer the temptations that come through physical weakness and discomfort. In doing so, we unite our sacrifices with The Ultimate Sacrifices and Suffering of our Lord Jesus Christ. Jesus made that ultimate act of self-denial by becoming a man; and then refusing to use His Divine Powers to serve Himself. Jesus used His Divine Powers to serve others, even though, He had great need while He lived in poverty and suffered weakness, hunger, thirst, fatigue and then He endured the rejection and hatred of others that brought upon Him the injustice of abuse and violence causing terrible pain and death. Through it all, Jesus offered all of His Divine Life of Love for us to God The Father, and never yielded to the temptations of anger, hate or revenge. Thus, Jesus not only won the victory over temptation, but also paid the price of our sins/evil, and obtained for us The Grace of God so that we might become like Him by accepting our sufferings and remaining obedient to God The Father by Loving and Serving one another. Jesus tells us to deny ourselves and take up our cross and

follow Him. The practice of fasting with Faith, Hope and Love in Jesus Christ will result in self sacrifice by following Jesus into the desert of desolation and engage in the battle against evil temptations and to conquer them by The Powers of your Faith, Hope and Love. *Fr. Doug Binsfeld*

**1st Sunday Of Lent**

**March 5, 2017**

We Do Not Live  
on Bread  
Alone



**FATHER DOUG BINSFELD, PASTOR**

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OFFICE HOURS: WED/THUR/FRI. 9-4:00

**SR BENEDICTA LONG (ELKTON) 605-542-8221**

**FR WM OSBORN (COLMAN) 605-660-3206**

Liturgy Schedule			Location	Mass Intention
<b>Mon., March 6</b>	7:45 AM	Prayer/Communion Service	Elkton	-----
<b>Tues., March 7</b>	7:30 AM 7:45 AM 1:30 PM	Mass Prayer/Communion Service Mass (Fr. Osborn)	Flandreau Elkton Colman	† Minnie Schmidt ----- -----
<b>Wed., March 8</b>	9:00 AM 1:30 PM	Mass/Exposition/Adoration Mass (Fr. Osborn)	Elkton Colman	All Parishioners -----
<b>Thur., March 9</b>	7:45 AM 9:00 AM	Prayer/Communion Service Mass/Exposition/Adoration	Elkton Colman	----- All Parishioners
<b>Fri., March 10</b>	7:45 AM 1:30 PM 5:30 PM	Prayer/Communion Service Mass (Fr. Osborn) Mass ( <b>Stations at 5:00 PM</b> )	Elkton Colman Flandreau	----- ----- † Urban Schwebach
<b>Sat., March 11</b>	7:00 PM	Mass	Elkton	All Parishioners
<b>Sun., March 12</b>	8:30 AM 10:30 AM	Mass Mass	Colman Flandreau	† Vera Klein † Steve Evans
<b>CONFESSIONS</b> ~ 1/2 hour prior to each weekend Mass. During Lent - each Friday following the 5:30 PM Mass.				

### MINISTERS OF SERVICE

#### **ELKTON ~ SAT., MARCH 11**

**Lay Minister:** Judy Kampmann, Lisa Gebhart  
**Lect./Comm.:** Kelly Neill, Ervin Gebhart  
**Altar Servers:** William/Garrett Neill  
**Greeters/Gift Bearers:** Mike Vaske  
**Ushers:** Dwight Gullickson, Steve Erickson

#### **COLMAN ~ SUN., MARCH 12**

**Lay Minister:** Ryan/Mary Zwart, Rose Shoenrock  
**Lect/Comm:** Chad Groos  
**Altar Servers:** Monte Bert, Ava Mousel  
**Gift Bearers/Usher/Greeters:** Bill Miles Family

#### **FLANDREAU ~ SUN., MARCH 12**

**Lay Minister:** John Hess, Dave Johnson, Jean McGlone  
**Lect./Comm.:** Marty Parsley, Kris Johnson (C)  
**Altar Servers:** Kelsey Sutton, Ted/Toby/Tiffany Taylor  
**Ushers/Greeters:** Bing Garcia Family, Craig Shea  
**Sacristan:** LaVonne Headrick

**Consider being a deacon:** A new class is beginning in September 2017 for those men interested in becoming Permanent Deacons. If you feel called to the diaconate or know someone who may be interested, please contact Deacon Roger R Heidt, 605-988-3715 or rheidt@sfcatholic.org.

### Daily Mass Readings:

Mar 6: Leviticus 19:1-2,11-18; Ps 19:8-15; Matt 25:31-46  
 Mar 7: Isaiah 55:10-11; Ps 34:4-7,16-19; Matthew 6:7-15  
 Mar 8: Jonah 3:1-10; Ps 51:3-4,12-13,18-19; Luke 11:29-32  
 Mar 9: Esther C:12-16,23-25; Ps 138:1-3,7-8; Matt 7:7-12  
 Mar 10: Ezekiel 18:21-28; Ps 130:1-8; Matthew 5:20-26  
 Mar 11: Deuteronomy 26:16-19; Ps 119:1-8; Matt 5:43-48  
 Mar 12: Genesis 12:1-4; Ps 33:4-5,18-22; 2 Timothy 1:8-10; Matthew 17:1-9

### **Stations of the Cross**

#### SS&J, Flandreau

~Wednesdays at 7:15 PM (led by CCD Students)  
 ~Fridays at 5:00 PM followed by Mass & Confessions

#### St. Peter, Colman

~Wednesdays at 7:00 PM (led by CCD Students)

#### OLGC, Elkton

~Wednesdays at 6:30 PM (led by Parishioners & Students)

#### St. William, Aurora

~Wednesdays at 7:00 PM (led by CCD Students)

### **Intention of the Holy Father for March:**

That persecuted Christians may be supported by the prayers and material help of the whole Church.

Feb. 26 <sup>th</sup> Our Weekly Offering 	<b>Flandreau: \$2758</b> <b>Elkton: \$1118</b> <b>Colman: \$1252</b>
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**Baptismal Preparation Class:** Required of all parents requesting to have their child baptized. Classes are held on the 1st Tuesday of each month in SS&J Parish Basement. **Contact Fr. Doug (997-2610) prior to the class** to register and give baptismal information.

## STS. SIMON & JUDE

**Quilting:** Thursdays at 8:30 AM.

**Lenten Soup Suppers:** Wednesdays - serving 5:15-7:30 PM in the church basement.

**Knight of Columbus First Sunday Meal:** March 5th after Mass, Will be serving Pulled Pork Sandwiches, Chips, Beans, Fruit, Drinks. Everyone is welcome!

**Choir Practice:** Sundays at 9:15 in choir loft. Everyone is welcome!

**Open House Bridal Shower** for Gina Wolles, bride-to-be of DJ Johanson, on Sunday, March 5th from 2 - 4 pm at St. Mary Parish Hall, Dell Rapids. The couple is registered at Target and Bed, Bath, & Beyond.

**Will you be celebrating 25, 50, 60, 65 or more than 65 years of marriage during 2017?** Please call the parish office (997-2610) to be included in the Annual Anniversary Masses with Bishop Paul J. Swain.



### **Catholic Family Sharing Appeal:**

We continue to collect pledge cards for CFSA. This is an opportunity for us to unite with all Catholics in the diocese to share our blessings and to show our concern for one another. If you cannot participate financially, fill out your card and offer a prayer for the success of Catholic Family Sharing Appeal. Our goal is 100% participation through time, talent and treasure. Again, any amount raised above the goal will stay in the parish. To those who returned their cards, thank you for your generous response! **If you do not receive a letter, let the parish office know.**

### **WANT TO HAVE YOUR BEST LENT EVER?**

Sign up for daily 2-3 min. inspirational videos from Matthew Kelly and his Dynamic Catholic organization. Just go to [BestLentEver.com](http://BestLentEver.com) and sign up. It's easy and absolutely amazing to listen to.



**Men 16 years of age or older** are invited to visit Immaculate Heart of Mary Seminary in Winona, MN. **March 25-27.** There will be prayer, college classes, great food, sports, hanging out with priests, etc. **Cost is Free,** Go to [www.sf vocations.com](http://www.sf vocations.com)

## OUR LADY OF GOOD COUNSEL

**Choir Practice:** Wednesdays at 6:30. Everyone is welcome to join us!

## ST. PETER

**In Memory of Sandy Entringer & Gary Hemmer - Pancake Breakfast:** Sunday, March 5th, 9:00-11:00 AM at St. Peter Parish Hall. Pancakes, Scrambled Eggs, Sausage, Juice, Coffee. Freewill Offering; Proceeds go to St. Peter Parish Youth Programs. Everyone welcome!

### **Lenten Soup Supper Schedule:**

Serving 5:15-6:45

March 8 – CDA	March 29 – KC's
March 15 – Faith Group	April 5 – Charity Group
March 22 – Hope Group	April 12 - CDA

**CDA Meeting:** Thur., March 9 - 6:30 PM.

**100<sup>th</sup> Birthday Open House for Dorothy Mousel,** Sunday, March 12th, 1:00-3:00 at St. Peter Parish Hall, Colman. No Gifts please. Cards may be mailed to: 23103 475<sup>th</sup> Ave., Flandreau, SD 57028



### **March/April Mass Schedule**

Elkton - Saturday at 7:00 PM  
Colman - Sunday at 8:30 AM



**40 Days For Life Campaign ~ March 1-April 9:** Pray for the campaign, the unborn babies, mothers, fathers and families affected by abortion. Spend an hour in prayer, on the sidewalk in front of Planned Parenthood, at 6511 W 41<sup>st</sup> St, across from Roosevelt High School. There is an Online sign up for the 40 Days for Life Prayer Vigil. Please go to [40daysforlife.com/siouxfalls](http://40daysforlife.com/siouxfalls) to register. After registering, just go to "Add vigil hours". Sign the Statement of Peace, and then click the + sign on the calendar for your hour. To delete your hour, highlight your name and click the red X.

**Individuals may, of course, participate without reserving a time.** You are always welcome to come and pray any time. Just show up and join in, but signing up for a time helps us track how many people are participating.

**Fr. Ubald's HEALING MINISTRY in our area**  
**MARCH 16-19, 2017**



**Fr. Ubald Rugirangoga of the Cyangugu Diocese, Rwanda**

Fr. Ubald has a beautiful healing gift and his focus is on healing and evangelization wherever he goes. There are many documented cases of physical healings, spiritual healings, healings in relationships and emotional healings through his prayers. It is not uncommon for him to do a healing service in his country where anywhere from 10,000-60,000 people will be in attendance.

- \* **Thursday, March 16<sup>th</sup> 7:00 PM—St. Kateri Ecumenical Prayer Service** at St. Kateri Hall, Sisseton
- \* **Friday, March 17<sup>th</sup> 7:00 PM—St. Kateri Healing Mass and Adoration of the Blessed Sacrament** at St. Kateri Church, Sisseton
- \* **Saturday, March 18<sup>th</sup> 5:30 PM—St. John's Healing Mass and Adoration of the Blessed Sacrament** at St. John's Church, Rosholt
- \* **Sunday, March 19<sup>th</sup> 9:00 AM—St. Peter's Healing Mass and Adoration of the Blessed Sacrament** at St. Peter's Church, Sisseton

Fr. Ubald has been a Roman Catholic priest for 25 years in the Cyangugu Diocese of southeastern Rwanda. Cyangugu is situated very closely to the Congo and Burundi borders on the picturesque Lake Kivu. During the 1994 genocide Fr. Ubald lost over 80 members of his family and over 45,000 of his parishioners were exterminated. He escaped through the Congo on foot in the middle of the night. When he left Rwanda at that time he made a promise to his Bishop that he would return to bring healing to his people. He spent 3 months in Belgium during the genocide at which time he said that he cried every day. After a trip to Lourdes where he heard Jesus tell him "Ubald, carry your cross," he felt a release from the burden of his sorrows and knew he was called to preach healing, forgiveness and reconciliation.

**FREE WILL OFFERINGS WILL BE TAKEN FOR FATHER UBALD'S CENTER OF PEACE**

**Bishop Hoch Scholarship 2017-2018:** \$1,000.00 scholarship to enable a student (new, already in college or non-traditional) to attend either Mount Marty College, Yankton or Presentation College, Aberdeen. Contact tgeiver@sfcatholic.org for more information.

**Do you desire to share your faith more openly, but don't know where to begin?** Join us for Discipleship Day **March 31- April 1**, at the Sioux Falls Convention Center. Deacon Ralph Poyo and Bob Rice will be sharing their incredible insights on discipleship-focused ministry. For information or to register [www.sfdiscipleship.org/discipleshipday/](http://www.sfdiscipleship.org/discipleshipday/)

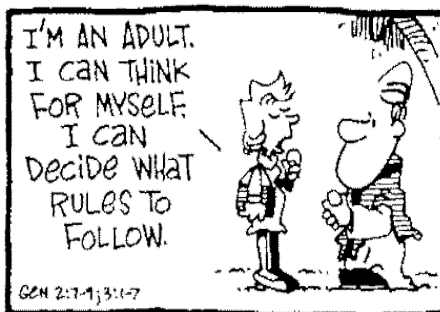
**Retrouvaille: Help for Troubled & Strained Marriages:** **March 31 – April 2** at the Abbey of the Hills. This is a confidential weekend that offers hope and help for couples to heal and renew their marriage relationship. For general information or to register visit: [www.retrouvaille.org](http://www.retrouvaille.org) or call 988-3755.

**Gift of Hope Concert** Featuring *Mark Schultz*: Sun., **March 19–2:00 PM** and a **second concert has been added** at **5:30 PM** (2:00 p.m. show sold out!) at O'Gorman Performing Arts Center. Order tickets on-line at [ccfesd.org](http://ccfesd.org) or purchase at any local Sioux Falls HyVee Store. For concert or ticket information call 605-988-3765.

**Grief Support Group to begin in Brookings:** If you're in need of consolation after losing a loved one, this Christ-centered faith sharing group is for you. It meets in the library at St. Thomas More Parish in Brookings for six Thursday evenings beginning **March 9<sup>th</sup> at 6:30pm**. Sessions usually run for 2 hours. Come and be comforted. For more details, call Laura Kondratuk at 692-4361. This season's sessions will run from **March 9<sup>th</sup> – April 20<sup>th</sup>**. *No session on April 13<sup>th</sup> - Holy Thursday.*

**Living with Chronic Illness group:** For those living with chronic illness **and** their care givers; meets the first Tuesday of each month 1:00-3:00 p.m. at St. Lambert Parish, Sioux Falls. For details call 605-988-3775.

**Father Flood**



**Abby of the Hills Events:** For more information and to register go to [www.abbeyofthehills.com](http://www.abbeyofthehills.com)  
**March 12 - 2:00 PM** St. John's University Men's Choir Concert  
**March 17-19. . . .** Lenten Retreat for Men  
**March 18. . . . .** Women's One-Day Silent Retreat  
**March 24-26. . . .** Mixed 12-Step Spiritual Retreat